

An open letter to our readers

Elsewhere in this issue the financial position. members, new and old, of the UPSTREAM collective will tell you what the situation at the paper has been; where we come from and what we stand for. Here we're going to talk about our present situation, where we're going and, to be frank, how much we need your help to get there.

Even though you haven't seen an issue of UPSTREAM since January, and are probably wondering where we've been, we haven't disappeared entirely.

Early in January we decided to suspend publication for a while, and use the time and energy to evaluate our progress, identify and work on our problems, and then plan the next steps. Since then we've been meeting on a weekly basis, trying to find ways to balance losses to the collective, an increasing work load, and lack of time and money against the obvious need for, and commitment to, a publication like UPSTREAM.

On the positive side, it's clear that UPSTREAM has steadily improved in both format and content. Two new sections introduced in the paper over the last year, Across the Nation and International, have broadened the scope of information we bring to our readers.

Having a full-time advertising co-ordinator has given us a steady increase in ad revenue, and although we can't afford any salaries right now, our advertising base is more secure and is helping to stabilize our

UPSTREAM'S typesetting business is now a year old and has helped us develop a whole new set of skills and diversify our financial base. The number of typesetting jobs we do on a regular basis, combined with a limited number of typesetters, has begun to drain energy away from newspaper production.

Often the newspaper and typesetting staff are one and the same. This has meant that as the business expanded, the newspaper suffered. Instead of complementing each other, the two ventures presented a conflict in priorities. Now we have set ourselves the task of redefining the two as separate entities and establishing an independent, viable typesetting business. As a result of the time we've taken to plan and re-organize, we're much closer to having the typesetting business fulfill its intended function of ensuring the financial security of the newspaper.

One of our immediate priorities is a new volunteer recruitment drive which will be kicked off this spring. With ideas, energy and input coming from new volunteers, the collective will no longer be in the precarious position of having to put aside essential long-term planning while working under the pressure of barely maintaining day-to-day operations.

Another area we've been focussing on in our weekly meetings has been editorial

Pat Daley, sometime typesetter, setting copy for UPSTREAM.

policy. On page three you can find an impetus to become involved. read the first formal statement of principles the UPSTREAM collective has drafted. We have finally taken the time to define and record what it is we stand for. Now, new women interested in volunteering at the paper won't have to guess where they are putting their time and commitment. Also, having stated our principles, we hope that women will agree with our politics and in that agreement

Vivian Frankel
in a vacuum. We know this need not be the case. We would like to see UPSTREAM become, once again, what it must be to reflect the movement from which it was born. We must be able to draw on the efforts and commitment of many women; we must create a group that is committed to the continuation of a newspaper and positive energy. Right now, that, by its very existence, we are lacking this context, and reflects and promotes the liberation of women.

Debits, credits and the search for surplus value


The table below shows the projected expenses and revenues for the UPSTREAM typesetting facilities for the next five months.

The typesetting component will assume responsibility for the rent at 424-B Queen St., as well as for the phone and for miscellaneous items associated with its own expenses. The newspaper, by means of a combination of ad and subscription sales, has been able and will continue, we hope, to generate sufficient money to pay its own printing and mailing costs, and the costs of assorted office and graphic materials.

Beginning in March, we will begin paying an hourly wage of \$4.00 to typesetters working on


non-UPSTREAM copy. We hope to continue to rely on volunteers for the typesetting of the paper itself. If things go according to plan (expanded volume of business along with price increases), we'll be in a position to pay both an office manager for the paper and a manager for the typesetting business beginning in April.

These projections, based as they are on gradual expansion, seem realistic to us at this time. The result will be a secure financial base for the newspaper, jobs for several women, and a reduction in the chaos with which we at UPSTREAM seem to be perpetually both cursed and blessed.



Projected Expenses & Revenues					
	March	April	May	June	July
EXPENSES					
Rent	540	540	540	540	540
Phone	80	80	80	80	80
Machine payment	295	295	295	295	—
Service contract	200	200	200	200	200
Paper	150	150	150	200	200
Chemicals	60	60	60	70	70
TOTAL I	1325	1325	1325	1385	1090
10% depreciation	133	133	133	139	109
TOTAL II	1458	1458	1458	1524	1199
Salaries					
Typesetters					
80 hrs. @ \$4	320	—	—	—	—
100 hrs. @ \$4	—	400	—	—	—
120 hrs. @ \$4	—	—	480	—	—
160 hrs. @ \$4	—	—	—	640	640

	March	April	May	June	July
EXPENSES cont'd					
Benefits @ 15%	48	60	72	96	96
Typesetting manager	—	465	465	465	465
Office manager (465)	—	465	465	465	465
Benefits @ 15%	(70)	140	140	140	140
TOTAL III	1826	2988	3080	3330	3005
	(2361)				



Projected Expenses & Revenues					
	March	April	May	June	July
REVENUES					
@ \$25 hr.	2000	2500	3000	4000	4000
@ \$30 hr.	2400	3000	3600	4800	4800

UPSTREAM

Vol. 4 No. 3 March 1980

Cover by Claire Kujundzic, a B.C. artist working at Makara. Her work currently centres around communications. The linocut depicts two artists discussing art and politics. This graphic is one of several that will soon be available from Makara, 1011 Commercial Drive, Vancouver, B.C. V5L 3X1. Makara is a worker-owned, worker-controlled, feminist graphic arts co-operative.

PRODUCTION THIS ISSUE

- Mandy Chepeka
Wendy McPeake
Marilyn Burnett
Pat Daley
Mich Hill
- Letitia Healey
Patty Brady
Joanne Boucher
Dorothy Elias
Esther Shannon
- Mary Bramley

UPSTREAM is a monthly newsmagazine published by Feminist Publications of Ottawa. The staff works on a collective basis. UPSTREAM welcomes submissions. Articles, interviews, reviews should be submitted, typed and double-spaced, by the 15th of every month. All copy (except letters) is subject to editing. Submissions cannot be returned; please keep a copy.

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"Short on history... long on future..."

by Pat Daley

"Short on history, long on future..." read the headline in the first, four-page, promotional issue of UPSTREAM, published in August, 1976.

UPSTREAM now has a publishing history of almost four years...and while it hasn't always been a smooth ride, it has been exciting and revealing.

The planning for a biweekly, 20-page women's newspaper to be published in Ottawa began in January, 1976 after seven women answered a notice in the Ottawa Women's Centre newsletter. As organizer Pat Gibson said in an article in the promotional issue: "Essentially women in Ottawa and other parts of the country are not adequately serviced with

sports, history, several languages and the arts."

"Reviewing work experience reveals UPSTREAM staff are not at all atypical of their readership. Mothers, housewives, civil servants, teachers, waitresses, clerks, army personnel, and artists are many of the callings of the paper's founding members."

The first promotional issue certainly gave the impression that the UPSTREAM collective was simply glowing with self-confidence, that we were professionals. Of course, that was not the case.

The two-night benefit coffeehouse we held in August 1976 was a symbol of the whole newspaper process. We start a project full of bravado, trying to

necessarily, comfortable with."

The benefit was no sooner over than we had to start planning the first, real issue of UPSTREAM. It would appear October 26, pegged to the Canadian Labour Congress' day of protest against wage controls so we could lead off with articles on women in the work force.

After pursuing many varied sources of funding, we were starting publication with a \$3,000 grant from the Samuel and Saydie Bronfman Foundation. The idea was that our operating revenue would start

Up to this point, there were 16 to 20 women working on planning the paper. Naturally we needed more to produce an actual issue, so people who over the summer had expressed an interest in writing, photography, graphics and layout, were called to a production meeting. Nobody minded the crowding or the smoke when, that night, about 40 women turned up, all eager to help and learn.

Energy was high in that period but even with a staff of 40, we discovered, after putting out five issues at two-week intervals, that it was just too much work and the quality was not what we wanted.

In March 1977, after a short break to redesign UPSTREAM, the paper became a monthly. As one issue explained, we had been "caught between providing immediate coverage, which we cannot do with a bi-monthly newspaper, and well-researched coverage which demands more time."

Other reasons for the change included a reduction in production time, a small cut in financial outlay and the opportunity for longer exposure on the newsstands. We also needed a break to try and improve our distribution and promotion.

UPSTREAM continued going strong for another year, with issues covering themes such as women in prison, abortion, northern pipeline development and violence against women. However, by the summer of 1978, our huge and active collective had dwindled to about 10 women.

Besides the lack of woman-power, our distribution was not increasing as we had hoped, advertising remained insufficient, and we were beginning to acquire a worrisome debt.

By the fall of 1977, we decided that the solution to morale and staffing problems was to become a national publication. That had always been a long term goal, and this seemed to be the right time to do it.

The next summer, UPSTREAM received a Young Canada Works grant to hire four women who would explore all the aspects of becoming a national women's newsmagazine. The results were uplifting. We found that there was interest right across the country in such a publication. The number of sales outlets expanded to cover most major cities and subscriptions began to pour in. We found correspondents in different areas and we were sure that we would find more.

At the Annual General Meeting of Feminist Publications of Ottawa in October 1978, we agreed to apply for three-year funding from the Women's Programme, Secretary of State, that would be used to become a self-sufficient women's newsmagazine. Over the winter, we received approval for the first grant. The decision was made to move to larger offices and...to purchase typesetting equipment. UPSTREAM was going into the typesetting business in order to save money for itself and also make money that could be applied to offsetting newspaper production costs. By hiring three full-time staff, we would be able to organize the office, increase advertising in UPSTREAM, and get the typesetting business going. We hired two more for women to train as typesetters about what it means to them; and layout/paste-up artists.

Having a typesetting machine in the office certainly showed in the paper's design, while content reflected the presence of full-time staff. But, we still hadn't solved our problems with getting more new women involved and the staff ended up overloaded with work.

Elsewhere in this issue, you'll read what women who volunteer have to say about what it means to them; UPSTREAM and the Toronto feminist paper Broadside; my need for alternative news regarding women is at least partly met...Keep up the good work!"

"Thanks for being there, our movement certainly needs you!" "You are dedicated in publishing regularly and

maintaining a consistently high level of informative and literate articles. I have subscribed to UPSTREAM since the spring and have immensely enjoyed reading each issue."

"It's vitally important to have a nationalist feminist press alive and well—particularly in this age of government cutbacks and the general retreat to the right."

In 1977, when the paper became a monthly, Oksana Shewchenko said, "We feel a responsibility to our readership. We are determined to provide Ottawa women with a publication that is educational, informative and entertaining."

We still feel that way. But, we need your help to do it.

Elsewhere in this issue, you'll read what women who volunteer have to say about what it means to them; UPSTREAM and the Toronto feminist paper Broadside; my need for alternative news regarding women is at least partly met...Keep up the good work!"

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"We feel a responsibility to our readership. We are determined to provide Ottawa women with a publication that is educational, informative, and entertaining."

By the summer of 1979, you'll read our new statement of everyone was laid off because principles and our projections money was running short for an expanded typesetting Everything continued on a business.

Everything continued on a business. Now, as we UPSTREAM has a great enter 1980, the same women future...but we need more have been working on women to involve themselves in UPSTREAM for a long time. the paper. We need fresh ideas And, as is to be expected, we're and new enthusiasm. We need women who live outside Ottawa

The kinds of letters we get in to send us news about their the office show that UP- struggles so that women all over STREAM is still a necessary Canada will learn from them. publication. Here are some of the comments:

"I'm presently at home, full-time, looking after our children. Reading UPSTREAM is an excellent way for me to keep informed about issues."

We're moving into a new decade, with new faces on age-old struggles. If Canadian women are to continue moving upstream, we need a national newspaper as a paddle.



Vivian Frankel

Dorothy Elias, UPSTREAM staffer, busy pasting up the paper.

continuous coverage of things convince ourselves that we can affecting them directly in their do anything we put our minds to. community or even on the Then halfway through the jitters national and international come—it's not going to work, we levels." UPSTREAM was don't know what we're talking designed to change this about. When it ends successful-situation. ly, we're proud and say we knew

By the spring of 1976, the we could do it all along. And organizing group had expanded we're ready to start again. to include 16 women. A priority. For the benefit, we decided to was the establishment of a bill little-known women artists publishing body...Feminist over popular local bands which Publications of Ottawa, Inc...."a were sure to draw big crowds. new association with a No one in the collective had purpose—a purpose women of organized a benefit before, so any age, race, religion, political there was a good deal of doubt belief, economic class, social that it would ever happen, status, or sexual orientation can combined with suspicion about share," the statement of purpose each other's abilities.

As it turned out, the benefit

"...UPSTREAM's major contribution will be the advancement of the status of women."

"UPSTREAM, the first was a success. As collective project of FPO, will begin member Donna Shugar put it, publishing this fall. Dedicated to "We didn't make a whole lot of encouraging the growth of a money, but we made a whole lot society where the principle of of friends."

About a year and a half ago, Pat Gibson was talking about that benefit when she said, "I remember we went back to our house the first night and danced; sang, danced, drank...and then the second night, a little more quietened down—it had happened, then peaked, then gone—and sitting quietly first promotional issue said, around, knowing that you could "...staff members are collectively have an easy conversation with grounded in sociology, history, people that we'd worked with political science, education, but never felt socially, find more.

CLASSIFIED ADS

Rates

Individuals: 10¢ per word, minimum \$2. Business: 15¢ per word, minimum \$6. Forwarding service: \$1 per ad per issue.

Print your ad clearly in block letters. All ads must be prepaid.

Come one, come all

We have immediate assignments in all classifications of journalism. Learn how to write, layout, paste-up and typeset today. Volunteer at UPSTREAM now. Call 232-0313 or drop in at 424-B Queen St., Ottawa.

UPSTREAM Staff Meeting

UPSTREAM'S staff is planning to continue meeting regularly every week to discuss editorial policy, continuing strategy, and the future development of the paper. All women interested in contributing to these meetings are invited to attend. Wednesdays, 7:30 p.m., Ottawa Women's Centre, 410 Queen St.

Grindstone Island

A co-op conference centre in Portland, Ont. (halfway between Ottawa and Kingston) for groups involved in peace, justice development and/or social change work. The island facility can accommodate up to 50 people. Available between June 1st and September 20th. Beautiful setting, reasonable rates. For more information: Grindstone /co-op, P.O. Box 564, Station P, Toronto, Ont. M5S 2T1, Phone 416-922-6015.

Feminist Party Meeting

March 16, members of the Feminist Party of Canada will meet informally with any interested women to discuss the development of the party. 12 noon at the Ottawa Women's Centre, 410 Queen St.

Interested in show biz?

UPSTREAM needs your help to organize and promote a fun but educational benefit. No experience necessary. Call 232-0313 or drop in at 424-B Queen St., Ottawa.

STATEMENT OF PRINCIPLES

UPSTREAM operates on the belief that all women are oppressed and that no woman is free until all women are free. The collective is committed to the concept of UPSTREAM as an organizing tool, and therefore, not only reflects and expresses the aims of the Canadian women's movement, but is also part of the struggle for women's equality.

The purpose of UPSTREAM is:

- to report news of women's struggles;
- to describe and examine strategies and tactics;
- to report victories and failures with analysis;

- to provide women with information aimed at breaking down our isolation from one another;
- to encourage women to participate in the struggle for liberation.

UPSTREAM is critical of legislative reform as an end in itself, and is committed to pointing out reformism where it exists.

UPSTREAM believes in the necessity of an autonomous women's movement which, while making alliances, is based on the belief that only women will bring about our own liberation.

Sexuality

UPSTREAM believes that women must have control of our own bodies, whether this means choosing to bear children, to have abortions, or to decide on our own physical appearance.

We believe while women may differ on our choice of sexual partners, we have a shared sexuality that, historically, has been denied to us. We look to a time when women can relate to each other in a nurturing way that is not threatening to lovers and partners.

UPSTREAM is committed to working toward the creation of a women's movement and an environment that can be shared without anxiety by lesbian and heterosexual women.

UPSTREAM recognizes that the women's movement continues to have a profound effect on personal relationships and that people are trying to develop new ways of relating for which there are few, if any, role models. UPSTREAM will explore new ways of relating and try to break down the isolation that exists for many women experiencing these changes.

Relationship to Work

Women in our society are considered a source of cheap

labour, secondary workers who can be shifted from the workplace to the home as the economy demands. Changing that situation necessitates exploration of new ways of viewing work as well as collective action in the workplace.

UPSTREAM is committed to the organization of women into labour unions with the long term goal of workers' control of production.

UPSTREAM is committed to the concept of equal pay for work of equal value.

UPSTREAM recognizes the quickening pace of technological change, particularly as it affects people's relationship to work. We believe this change can be beneficial so long as people have control of its development and its application.

UPSTREAM recognizes the hazardous and alienating conditions of work and believes in the right to a safe, healthy and pleasant workplace.

UPSTREAM recognizes childrearing as work which at present is largely performed by women with neither financial compensation nor recognition of its value. UPSTREAM's long term goal is collective responsibility for childrearing, which includes universal access to publicly-funded, 24-hour

child care.

The Economy

We live in an economic system which survives on the exploitation of women, the exploitation of labour, racism, and the blatant promotion of excessive consumerism. Because of these conditions, UPSTREAM:

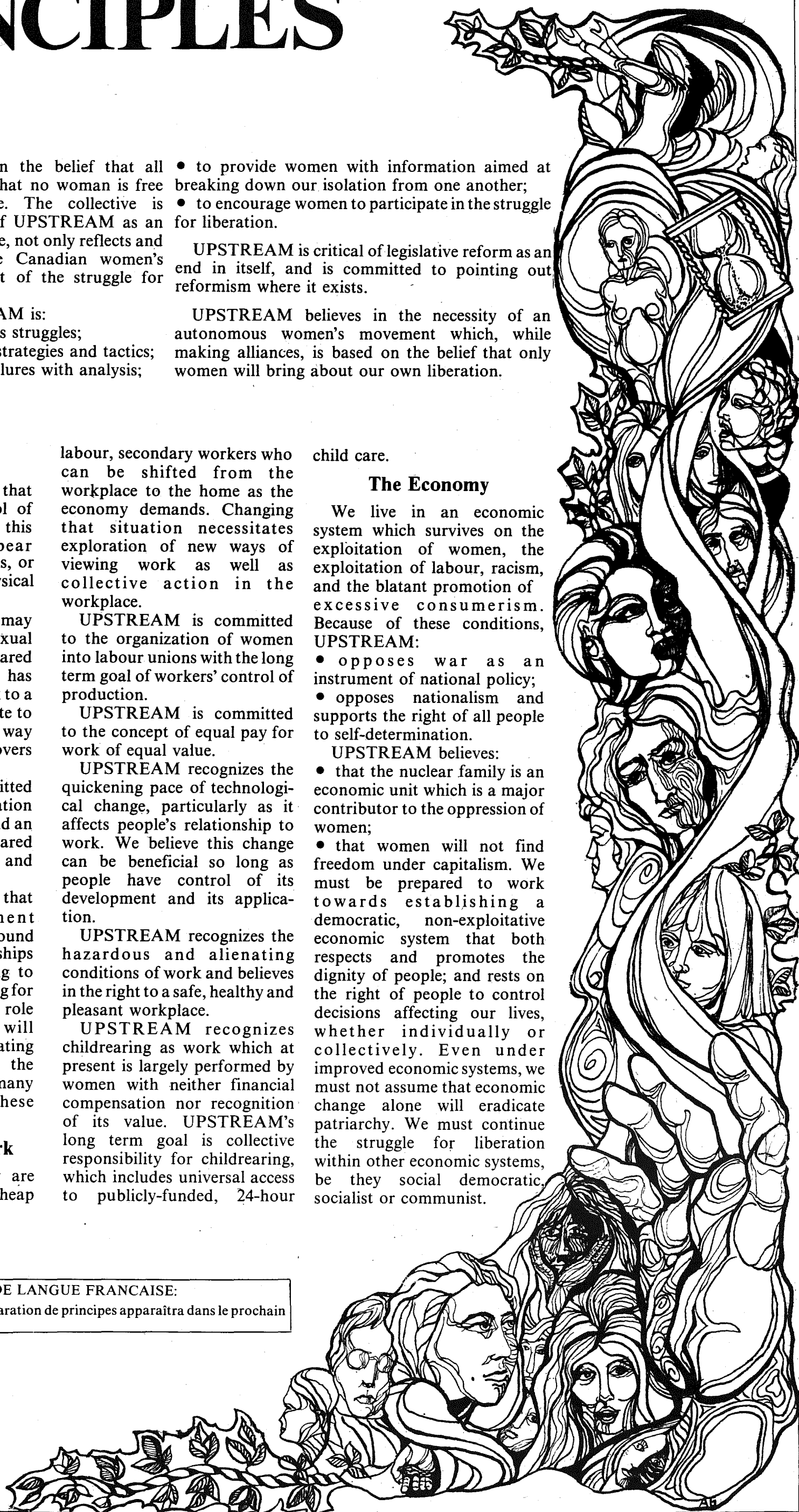
- opposes war as an instrument of national policy;
- opposes nationalism and supports the right of all people to self-determination.

UPSTREAM believes:

- that the nuclear family is an economic unit which is a major contributor to the oppression of women;
- that women will not find freedom under capitalism. We must be prepared to work towards establishing a democratic, non-exploitative economic system that both respects and promotes the dignity of people; and rests on the right of people to control decisions affecting our lives, whether individually or collectively. Even under improved economic systems, we must not assume that economic change alone will eradicate patriarchy. We must continue the struggle for liberation within other economic systems, be they social democratic, socialist or communist.

POUR NOS LECTRICES DE LANGUE FRANCAISE:

La traduction de notre déclaration de principes apparaîtra dans le prochain numéro d'UPSTREAM.





International Women's Day—72 years of struggle

by Patty Brady

On March 8 in 1908, 15,000 women marched through the streets of New York City demanding an end to sweatshops, equal pay for work of equal value, child care centres and the vote.

Organized by women garment workers on strike for decent working conditions and union recognition, this demonstration of militancy by American working women is still, 72 years later, remembered by women all around the world and celebrated as International Women's Day.

In 1910, Clara Zetkin, a leader in the German Social Democratic Party, suggested to the Second International Conference of Working Women that they set aside a day to annually proclaim international solidarity among working women and engage in political education and agitation.

The first International Women's Day activities were held in 1911. The date chosen, March 19, had historic importance in Germany for on that day, during the revolution of 1848, the Prussian King was forced to promise many political concessions to the German proletariat, including the vote for women.

Although the promises turned out to be ineffectual, the day symbolically represented the potential power of organized working people.

There were widespread preparations for this first International Women's Day throughout Germany and Austria. In large cities and tiny villages, women organized, attended meetings and discussed issues. On the actual day more than 30,000 women took part in

street demonstrations and confronted police attempting to remove their banners. Bloodshed was only averted by the intervention of socialist members of Parliament.

In 1913, International Women's Day reverted to March 8, the day of the New York demonstrations.

Four years later on March 8, 1917, women textile workers in St. Petersburg went out on strike demanding bread and an end to autocracy and war. In the tyranny that was Tsarist Russia, such demands were inherently revolutionary.

The women sent out a call for support to the city's metal

workers union and by the end of the day 90,000 people were in the streets. In this way on this day the Russian revolution began.

When the revolution was subsequently lost in the course of Stalin's counter-revolution the effects on women were substantial. The original progressive policies regarding

marriage, divorce, abortions, and child care were reversed and women were again subjected to the most repressive aspects of family life.

Today in 1980 the struggle for women's liberation continues, on many fronts, on many levels. Our fight is an amalgam of old goals not yet attained and of new

IWD activities across Canada... some

BRITISH COLUMBIA

Vancouver

March 1-8, International Women's Day Outreach—Women are going to suburban areas and shopping plazas to hand out leaflets and give out information about women's services in and around Vancouver and to provide information about International Women's Day. The Feminist Theatre Group will be doing street theatre all week. March 8, there will be a march through town. The theme is "Fight Back". There will be a women's celebration in the evening. For information regarding times and places call (604) 736-1313.

March 9, The Women's Bldg. Committee is sponsoring a variety concert at 8 p.m. at the Robson Media Centre on Hornby St. Entertainers will be Brass Tacks, Ferron, Kay Jackson, Colleen Savage and Kathy Kidd, Carol Street, Marg Verrall (mime). Admission \$4.00/employed, \$2.00/unemployed.

E. Kootenay

The annual I.W.D. Poster Contest will be held once more.

Entries by children in elementary schools will be displayed in the two shopping malls in Cranbrook. A display of Feminist History in B.C. will be exhibited in the Tamarack Mall. As well, the Cranbrook Women's Centre holds an informal get together every Monday night at 7 p.m. The Centre is located at 233 10th Ave. S. (entrance at rear). For further information call (604) 426-2912.

ALBERTA

Red Deer

March 8, The Status of Women Council is having a Public Information Booth in the Parkland Mall from 9:30 a.m. to 6 p.m. Focus will be on getting public support for a women's emergency shelter in Red Deer.

March 12, 7:30 p.m. There will be a follow-up meeting at the Red Deer Public Library. For further information call (403) 346-4693.

Calgary

March 7, Film Festival—"The Double Day", a film about women's working conditions in Latin America; "Black Girl", about a young domestic from

Dakar. To be held at the Roubakine Theatre, University of Calgary, 7 p.m. There will be no admission charge but please make a donation if you can. For further information call 262-1873.

Edmonton

March 7-9, A symposium on Affirmative Action organized by the Alberta Status of Women Action Committee and the Edmonton Women's Coalition. The symposium begins on the evening of the 7th with keynote speaker Mary Jo Weetrich, an apprentice wire person from local 65 of the United Steelworkers' of America, Chicago. This will be held at the Grant McEwen Gym, Assumption Campus. The following day there will be discussions and workshops at the Henry Marshall Tory Bldg., University of Alberta. A march is planned to begin at the Legislature Bldg. at 4 p.m. and to proceed to Winston Churchill Square. At 8 p.m. a Social will be held at Assumption College. Childcare is available on Saturday, March 8 at the campus site. For further information call (403) 432-1688 or write to P.O. Box 1573.

March 8, 7:30 p.m. Benefit Dance, with entertainment by Karen Howe and Jan Jan at the S.G.E.A. Bldg., 1440 Broadway. Admission \$4.00. For further information call Mary Murray (306) 586-8121.

SASKATCHEWAN

Regina

March 8, A celebration planned by the Saskatchewan Government Employees' Association, at 1440 Broadway. There will be speakers, music and dancing. \$4.00 admission fee. Childcare will be provided. For further information call 522-2777.

March 6, 9:30 a.m. Women will be lobbying Roy Romanov, the Provincial Attorney General regarding violence against women, at the Provincial Legislature. Every woman is encouraged to come.

March 5, 7:30 p.m. There will be a film presentation and talk given by the Regina Transition House and a rape trial enactment by the Regina Rape Crisis Centre. To be held at the Natural History Museum.

MANITOBA

Winnipeg



Giles Benoit

International Women's Year, 1975: a demonstration was held in Ottawa that fall to point out the lack of concrete action by government.

Struggle and celebration

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goals, some of which are still in the process of being articulated. Decent and safe working conditions, accessible child care, equal pay for work of equal value, union protection for everyone—these are all demands still being made by women in Canada and around the world. The fight for free, legalized

abortions continues in the face of determined and widespread opposition from the right and its sympathizers in governments.

Discrimination based on sexual preference and sexual harassment on the job remain as barriers to women's equal participation in the workforce and elsewhere.

Violence against women in the home, on the streets and the messages produced by the media and other institutions which encourage and condone this violence continue to endanger and stunt the lives of all women.

This International Women's Day we must reflect on our history, on the courageous

women in the past, some still remembered but many forgotten or never known—and then we must plan our strategies for the future.

We must all be revolutionaries: we must all be feminists.

We must all unite against our common enemies to change our world.

Something for every woman

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March 8, At 8:30 p.m. a march to "Reclaim the Night" will start at Portage and Main. There will be a celebration afterwards at the University of Winnipeg. Two women's theatre groups will perform—the Painted Ladies Theatre and the Nellie McClung Theatre Group. There will be no admission charge.

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March 9, Open House at the Women's Building, 730 Alexander Ave. There will be a brunch at 11 a.m. Information booths for various women's services will be set up all day. For further information call (204) 783-7883.

ONTARIO

Toronto

ill be talk ition trial Rape at the

March 8, 11 a.m. A rally will be held at Nathan Philips Square, Toronto City Hall. Following speeches and music the march will go to King Edward Public School, at College and Bathurst Sts., where there will be a Women's Education and Information Fair from 1 p.m. to 5 p.m. Childcare will be available at the Society of Friends House. For further information call (416) 789-4541. At 8 p.m. the Rape Crisis Centre is sponsoring a celebration at the

Community Centre, 519 Church St. (women only).

March 9, The Feminist Party of Canada will be holding a meeting. At 1:30 'sharp' there will be an orientation session for newcomers. From 2 p.m. to 6 p.m. there will be a discussion on 'Directions for 1980'. To be held at Trinity United Church, Bloor at Robert St. (west of Spadina subway station). Daycare is available but please arrange in advance by calling 531-2905. Out of Toronto members can arrange billeting by calling (416) 960-9877.

Thunder Bay

March 6-8, There will be an International Women's Day display at the Thunder Bay Mall.

March 8, In the evening there will be a Pot Luck dinner and celebration to be held at the Ukrainian Labour Temple. Evelyn Armstrong from Organized Working Women will be guest speaker. Entertainment will be provided by The Common Woman Players who will portray the lives of women from Northwestern Ontario through their letters. There will be no charge for this event which is sponsored jointly by the

Northwestern Ontario International Women's Decade Coordinating Council and the Northern Women's Centre. For further information call (807) 345-7802.

Ottawa

March 6, Public talk sponsored by the International Socialists. Arja Lane and Linda Obonsawin, members of the INCO Wives Supporting the Strike Committee. PSAC Bldg., 233 Gilmour St., Room C, 7:30 p.m. Proceeds of donations to raise money for a film being made about the INCO wives.

March 7, *With Babies and Banners*, a film about women's participation in the General Motors. Sit-Down Strike of 1938. Sponsored by the International Socialists. YM-YWCA, Argyle and Gilmour, 1st floor, 8:00 p.m., \$1.50.

March 8, International Women's Day can be a day off for Moms to go to I.W.D. activities, go back to bed, shop, go to a movie, etc. The Ottawa Women's Centre is sponsoring a Kid's Day from 10 a.m. to 4 p.m., with movies, games and lunch provided (special diets or baby diets cannot be accommoda-

ted). Volunteers will be needed (Mom's need not apply). Suggested donation is \$3 per family. Non-moms have the opportunity to buy a mom a day off. The Women's Centre is at 410 Queen St., 235-4035.

March 2-8, International Women's Week sponsored by the Ottawa-Hull Learner Centre, the Ottawa-Carleton Immigrant Services Organization, and MATCH International Centre.

March 2, Panel Discussion: Domestic Workers in Canada, Jack Purcell Community Centre, 320 Elgin St., 3-5 p.m.

March 3, Film work shop: "Bottle Babies" (in English), 12-1:30 p.m., Algonquin College, 2135 Knightsbridge Rd., Room 7-A.

March 4, (in French), 1-3:30 p.m., Centre Communautaire, Carrefour, 116 Empress Ave.

March 5, (in English), YM-YWCA, 180 Argyle St., Room 226, 10:15-1:30 p.m.

March 6, (in English), Main Library, Metcalf and Laurier, 10:30-12:00 noon and, Nepean Sportsplex, 1701 Woodroffe, Conference Room, 1:15-3:15 p.m. (also in English).

March 6, Film Night, "The

Double Day" and "Maria", PSAC Bldg., 233 Gilmour St., Main Floor Auditorium, 7:30 p.m. Admission \$2.50.

March 8, Workshops: Women and International Development, Immigrant Women, Women in the Labour Movement. Photo Display—Women in Africa. At the Jack Purcell Community Centre, 320 Elgin St., 1:00-3:30 p.m. Free child care available. **March 8,** Women's Celebration, Le Patro Community Centre, 40 Cobourg St., 8:00 p.m. Entertainment, International Pot Luck Dishes, Cash Bar.

March 9, Sunday Brunch at noon at the Ottawa Women's Centre. The Feast will cost \$3.00 per woman, there will be no charge for children. 410 Queen St.

March 1-30, Women's Photo Display, Main Branch, Public Library, Metcalf and Laurier.

March 2-8, Women's Art Exhibit, Sussex Drive, for information call 238-4256/9.

March 3-18, The University of Ottawa Women's Centre will be hosting a number of events such as information stands,

Continued on page 6

Volunteering for UPSTREAM: "sort of addictive"

by Mandy Chepeka

Last fall, UPSTREAM became the joint responsibility of the co-ordinating committee of Feminist Publications of Ottawa, UPSTREAM co-ordinators, office staff and others. All of these women responsible for UPSTREAM and FPO freely volunteer their energy, time and ideas in a collective effort to keep the paper alive and fulfilling its goals.

One of the tasks of FPO's co-ordinating committee is recruiting and training volunteers to perform a variety of jobs from writing for news, sports, features or arts, to designing graphics, contributing photos, or working at production.

Jasmine Sinclair creates graphics and takes photographs when she is not busy with her studies at university. Last fall she called UPSTREAM to offer her talents and since then has contributed cover photos as well as other pictures.

"I've always been a feminist, and I wanted to do something constructive with it," she says. Jasmine says she now plans to do some writing for the paper to go along with some of her photos.

Other women have had similar experiences at the paper. Some began by writing articles and attending meetings, and later, through workshops, learned some other skill needed at the paper. UPSTREAM gives workshops for all interested women in such areas as planning and layout, typesetting and photography.

"It's sort of addictive," says Mich Hill. "There is always something to do." Mich originally volunteered because she saw it as a way of meeting more women in Ottawa. "It is strengthening and makes me feel like I'm doing something because there is a need for the paper," she says.

UPSTREAM not only provides its volunteers with the chance to exercise their creative and technical abilities, but to learn about women, feminism and issues of concern to all women. Writer Sheila Klein sees the paper as "essential to have because women need some kind of communication which informs on a variety of aspects about women." She says the experience of working as a writer for the publication gives her a chance to see and realize ideas other women have written, and to have an appreciation of

different attitudes.

"It is a sense of communication, a link between other women who are important to me. I think it is important that women understand other women and make the links stronger and committed," she

says.

There are as many different reasons for volunteering at UPSTREAM as there are volunteers. This is just a small sampling.

Members of both the collectives and the co-ordinating

committee are embarking on a full scale recruitment campaign to make more women aware of the paper and to give them the opportunity to work on it. We need the support of all women, and volunteering is one of the best ways of showing it.

A true story

by Letitia Healey

I had always wanted to become actively involved in a feminist organization. But there were always so many other things taking up my time: repotting dead plants, baking door-stops, doing macramé even my own mother wouldn't hang... all those earthly pastimes we socially aware people are supposed to be taking on these days.

When I realized my beans weren't going to sprout after all, I said to myself "Who cares if I can't become a perfect version of the 'new' woman?" But how could I make a contribution to social change that was more effective than devising new and even more disastrous vegetarian dishes.

Why did I decide to make UPSTREAM the beneficiary of my precious time and dubious

talents? To begin with I've always believed that information is basic to any movement. If nobody fills you in on where the movement is going how can you be certain you're following it? I also feel individual women should know they're not alone with their problems, that some people are trying to solve them, and that there are many ways they themselves can make a contribution. It's also important to see the news covered from a woman's point of view, so often different from that of the traditional press (as one who daily reads the Globe & Mail I can readily attest to that). Finally, only feminist papers seem to write about the fascinating things women are doing these days.

I became involved with UPSTREAM only a few months ago but my timing was perfect. As it's explained elsewhere in the paper we're going through a period of redefining our

objectives and trying to give the paper a new momentum (a rolling press gathers no rust?). As a consequence of taking part in this process I feel I've been on the paper much longer (how time flies when you're having fun). I've been made to feel my opinions count for as much as anybody else's and my resources have been put to good use: I've learned how to typeset; did research for the business end of the organization and contributed my first piece of writing (all in three easy steps). I've also met interesting women with whom I can talk (and talk and talk and talk) openly about anything under the sky and who have filled me in on lots of things I might never have known otherwise.

My time hasn't been wasted and I've enjoyed myself as well. I feel useful, and it feels good. So don't make yourself scarce at UPSTREAM. We can use you too!

IWD listings continued...

conferences and workshops. For further information call 231-6853.

For further information on I.W.D. activities organized throughout Ontario here are a few numbers to call:

Brampton Women's Centre (416) 453-4063.
Kingston Women's Centre (613) 542-5226
North Bay Women's Centre (706) 472-0914, 472-8748 or 472-7691
St. Catharines Women's Place, Inc. (416) 684-8331
Sudbury, Women Helping Women, Box 121, Station B
Thunder Bay, The Northern Women's Centre (807) 345-7802
Woodstock Women's Centre, YWCA (519) 539-9826

QUEBEC

Montreal

March 7, A day of women's films at the Women's Information and Referral Centre, 3585 St. Urbain St., free of charge. Films in English will be presented from 10 a.m. to 1 p.m. while films in French will be shown from 1 p.m. to 5 p.m. For more information call (514) 842-4781 or 842-4780

NOVA SCOTIA

Sidney

March 8, Women's Information Day at the College Pub on Charlotte St. Discussion workshops begin at 1 p.m. Events will include women in music, self-help and films. There is no charge and child care is provided. There will be a dinner after the workshops for which there will be a charge. At 9 p.m. a celebration will be held in the pub featuring women performers. \$2.00 cover charge.

Halifax

March 8, At noon a march will begin at Victoria and go to the Law Courts. This is being planned by the Nova Scotia Women's Action Committee.

An open house will be held after the march from 2 p.m. to 5 p.m. at A Women's Place, 1226 Barrington St. For more information call A Women's Place (902) 429-4063

NEWFOUNDLAND

The four Status of Women Councils, St. Johns, Cornerbrook, Labrador West and Grand Falls, will be holding a meeting on March 8, hosted by Grand Falls. The guest speaker will be Kay Sigurjonsson of the Federation of Women Teachers' Association of Ontario. There will be workshops in the afternoon on family law, women

and violence, women and aging, and on "How to say no and not feel guilty". In the evening the speaker will be Pat Preston, the Calgary representative of the Federal Advisory Council on the Status of Women. The Councils will also be welcoming a new sister organization, the Goose Bay Status of Women Council. For more information call: St. John's Council on the Status of Women, Billie Thurston (709) 753-0220.

Cornerbrook Council on the Status of Women, (709) 639-8522.

Grand Falls Council on the Status of Women, Jean Levis,

(709) 489-3486.

Labrador West Council on the Status of Women, Erica Furlong, (709) 282-6671.

PRINCE EDWARD ISLAND

March 8, Call Council on Status of Women, 894-8973, for information on I.W.D. events.

NEW BRUNSWICK

March 8, Call the Information Office, N.B. Advisory Council of Women, 388-9660, for information on I.W.D. events.

YUKON

March 6, Women's Film Night, 7:30 p.m., at F.H. Collins

School, Lewes Blvd. Admission will be free.

March 8, Pot Luck Supper at the United Church Hall, 6th and Main. Entertainment and music, skits. No admission charge but bring food. Organized by the Victoria Faulkner Women's Centre the Yukon Status of Women Council. For further information call (403) 667-2693, or write 302 Steel St., Whitehorse, Yukon.

Northwest Territories

For information on I.W.D. activities write Women's Liberation, c/o Nellie Cournoyer, Inuvik or the Native Women's Organization, Box 1368, Inuvik, XOE OTO.

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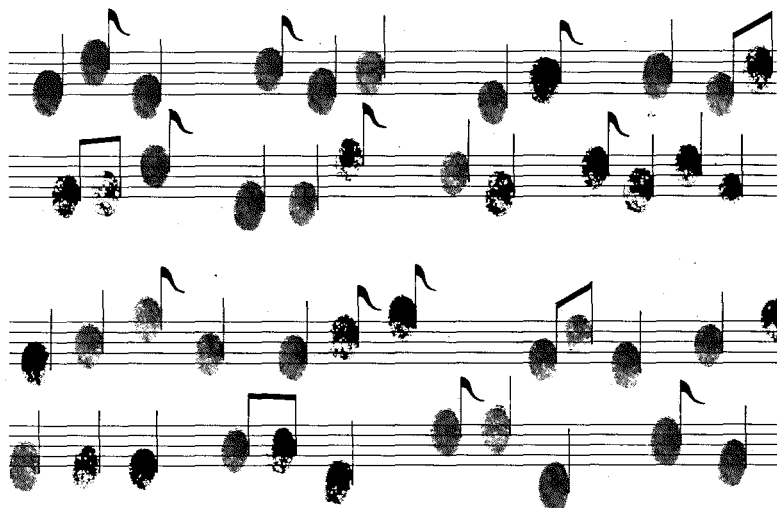
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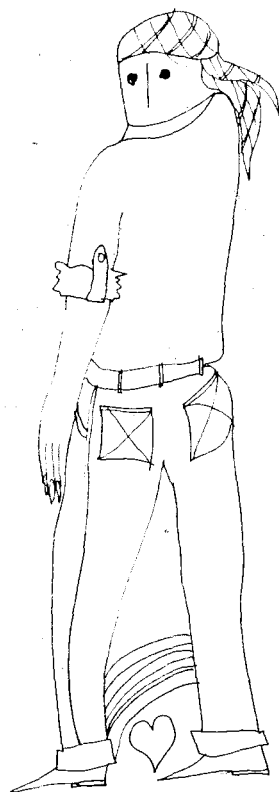
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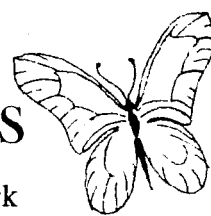
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