

WHY IS THIS IMPORTANT TO IMMIGRANT WOMEN?

The "Health Care in the Work Place" program offers a positive contribution to the employer, and the health and well-being of the immigrant woman.

Today's immigrant women still find themselves threatened with many of the same personal, financial and medical problems which faced earlier generations of women. Without conscious efforts by employers and workers themselves, immigrant women will never have the opportunity for change.



GET INVOLVED

- Contact the Immigrant Women's Health Centre to start a health care program at your company. There will be no interruption of the work schedule in the factory.
- There is absolutely no fee involved for the company.
- Don't wait until there is a health problem epidemic; good preventive health care is just plain good business.

FOR MORE INFORMATION

The Immigrant Women's Health Centre
367-1388

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through the Toronto Board of Health

WHY THE HEALTH CARE IN THE WORKPLACE PROGRAM



IMMIGRANT
WOMEN'S
HEALTH
CENTRE

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THE PROGRAM

The "Health Care in the Work Place" program is designed to reduce the high cost of emergency medical care through prevention, early detection and treatment, and health education for immigrant women.

Through group presentations and workshops at the work site, immigrant women receive information on reproductive and preventive health care in their own language or in the same cultural and racial background.

After the seminars, they are invited to visit a mobile medical unit which will be parked on or near their place of employment, for additional education, counselling and/or medical examination.

UNIQUENESS

Health promotion programs are becoming an increasing reality in some innovative and prominent corporations, businesses, schools, agencies, etc...

For everyone's sake, it is important to keep up with the times, advance, learn from the successes of others and promote good health in the work place.

It is certainly evident that providing basic medical protection (i.e. insurance) alone is not enough. It might be used excessively or inappropriately if at least a minimum level of health education is not introduced as well.



THE EMPLOYER'S CONTRIBUTION

In the "Health Care in the Work Place" program, it is up to the employer to take responsibility for encouraging the health program, since no program can be successful unless it has the full support and encouragement of the administration to which the employees belong.

In the long run, when an organization works with employees to create favourable conditions, indicating its concern for the employees, those same conditions will make the organization healthier, more productive and ultimately more profitable.

THE BENEFITS

The weight of evidence points to the fact that health care programs in the work place improve both the health and productivity of individuals and organizations.

In addition, these programs are generally inexpensive and are a highly visible employee benefit.

Additional Benefits

- *lower absenteeism*
- *increased productivity*
- *healthier, happier workers*
- *increased efficiency*
- *lower staff turn-over*
- *increased company loyalty*
- *better attitudes toward work*
- *improved on-the-job performance*