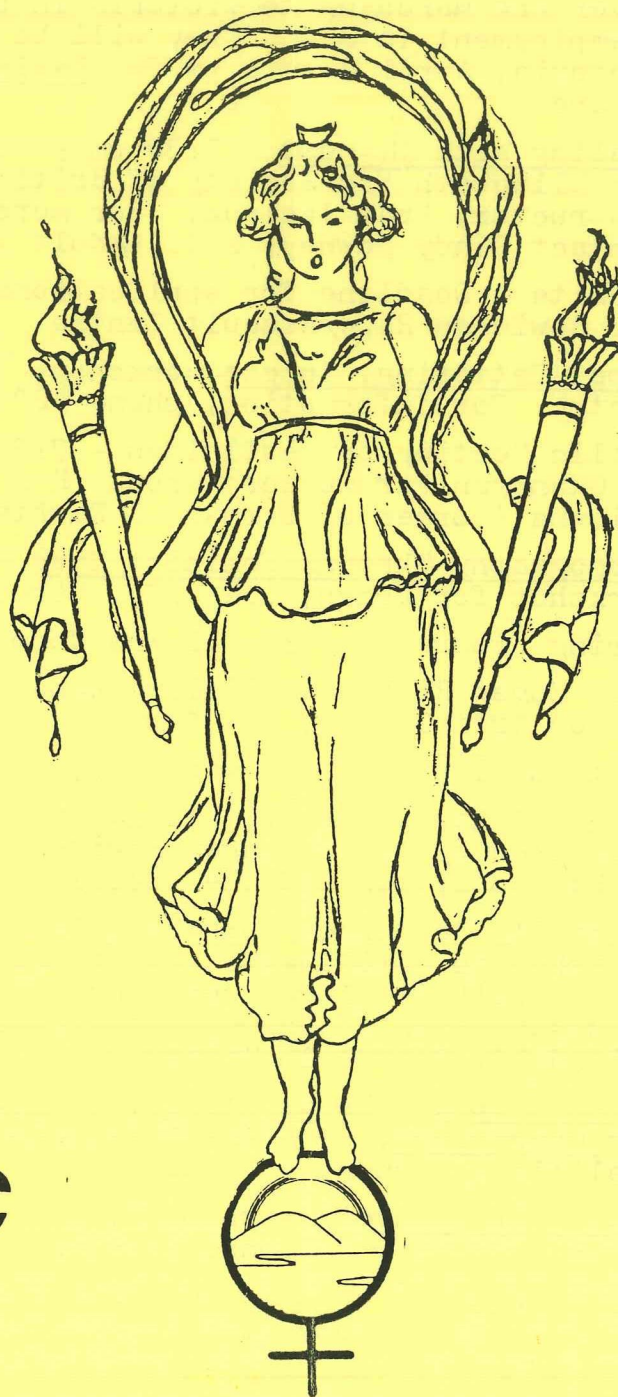
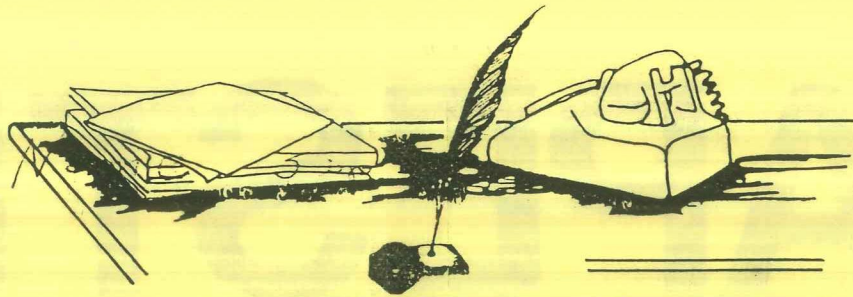


TAPESTRY



75¢

**volume 3
issue 1
spring '83**



COMING EVENTS

- March 25 - 28 National Action Committee on the Status of Women (NAC) Annual General Meeting & Lobby.
- March 30 Concerned Citizens' for the Unemployed in Campbell River are marching to Victoria in protest of unemployment in B.C. They will be arriving in Victoria, April 4 at 1 pm for Rally at Centennial Square.
- March 31 & April 5 Dealing With Shyness - 7:30 pm - 10:00 pm, Kelowna. The Elizabeth Fry Society of British Columbia -- instructor, Fran Jasirua. For more information, contact Cindy Downey, B.C. (Adult Worker) 763-4613.
- April 8 Midnite - Deadline for applications for Coordinator for Cowichan Rape/Assault Centre.
- April 9 & 10 Rape, Battering, Incest Workshop, Fernie Women's Centre. For information, phone 423-4819.
- April 10 Public Meeting on Pesticides - 7:30 pm. Organized by Okanagan Farmworkers Group. K.A.D.A.C. Centre, Kelowna (corner of Bernard & Richter).
- April 11 Pornography Through Feminist Eyes - 10 to 12:30 pm. Workshop for Women, C.K.W.C., Vernon.
- April 11 Spring Programs start Kelowna Community YW.
- April 13 B.C. Human Rights Coalition Okanagan Regional Meeting, Vernon Arts Centre, 1 - 5 pm.
- April 14 Continuation of above workshop, 10 - 12:30 pm.
- April 16 Human Rights Workshop, St. James School, Vernon. Sponsored by the Okanagan Region of the BC Human Rights Coalition and the Social Justice Council.
- April 20 Community Resources Workshop, 10 - 4 pm, information workshop to familiarize native people, especially women, with the local services. Sponsored by Native Okanagan Women's League United Native Nations Friendship Centre in Vernon.
- April 21 Women's Work - Under Stress, Underpaid, Underfed and Overworked, 10 - 12:30 pm, Okanagan Women's Coalition, Vernon
- April 22 Tools for Change Workshop(s), 10 - 4 pm at Kalamalka Campus, Vernon. Cosponsored with OKWC.
- April 23 CRIAW Brunch (Canadian Research Institute for the Advancement of Women), information exchange, upcoming conference in Vancouver, feminist research. CKWC, Vernon. All welcome - please call.

Coming Events (cont)

- April 25 Women and Health - Around the World Workshop, slides and discussion with Frances Birdsell, OKWC, Vernon.
- April 27 Same as above, 7:30 - 10:00 pm
- April 28 Getting What We Deserve - H. Near, 10 - 12:30 pm. Lunch included.
- April 28 On Going Support, 12:30 - 3:30, OKWC, Vernon. *See Page 9 *
- May 6 Our "Editor's" Birthday!!!!
- May 7 - 8 B.C. Federation of Women Coordinating Collective Meeting, Nelson.
- May 20 Regional Lesbian Conference, Trout Lake Community Centre, Vancouver.
- June 1 - 10 Deadline for submissiions to Summer TAPESTRY issue.
- June 11 - 12 B.C. Federation of Women - Open Conference for Women, Vancouver.
- June 30 to Women and Words Confernee, U.B.C., Vancouver --
July 3 West Coast Women & Words Society.

For further information on these or other upcoming events, contact the Okanagan Women's Coalition

in Vernon 542-7531 or 545-6406 (9-3pm)
in Kelowna 762-2355 (9-1pm)

The OKWC Resource Centres are open during above hours, Monday through Friday.

- 0 -

NAWL - National Association of Women & the Law

The NAWL Women in the Workforce Conference agenda included workshops, panel and resolutions on affirmative action, parental benefits and pensions. Other resolutions included pornography, reproductive rights, and NAWL constitutional changes.

Two women from B.C. were elected to the National Steering Committee.

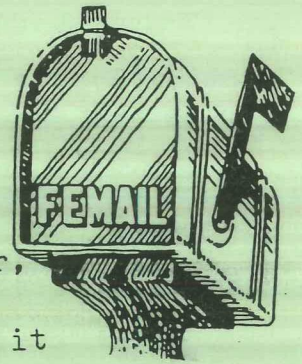


THE OKANAGAN WOMEN'S COALITION IS WORKING TO IMPROVE THE STATUS OF ALL WOMEN.

Women who worked on this newsletter are:

Gwyneth Montgomery	Anne McIlwee Moore
Jody McMurray	Terry Pratt
Catherine Connell	Shiralee Phillips

✉ Letters To Tapestry ✉



Received January 6, 1983, from Kelowna Women's Shelter,
Box 1575, Station Kelowna, B.C.

...I hope your next edition comes out soon. We enjoy it
so much. Have a great New Year!...

Received January 21, 1983

Dear Women,

A Happy New Year to you all! Just received your winter
issue of "Tapestry" before I have managed to mail off this
package to you.

I hope you will re-new my subscription and I will send you
local newsletters from here.

I really enjoy receiving "Tapestry" and keeping in touch
with the latest Okanagan women's news. "Tapestry" makes me feel
at "home". I have really missed not being in B.C. Hopefully,
1983 will give me a chance to make it back.

I'm busy here with classes at McMaster University, the
McMaster Women's Centre, the Women's Centre of Hamilton-Wentworth,
and the Rape Crisis Centre (Hamilton). There is always lots to
do to keep busy.

After reading the winter issue, I looked up an article I
wrote in August, 1982, on "Heterosexual Privilege." Pages 4 & 7
of "Tapestry", winter 1982, left me unsure of what exactly happened
around the 4th Annual Women's Festival and the issue of lesbianism.
(I can imagine any number of things.) Anyway, if you can use the
article at all, you are welcome to do so. It has appeared in
"Women's Writes", Hamilton newsletter, August, 1982 and "The
Gay Phoenix", Hamilton gay newsletter, Fall issue, 1982. Neither
of these newsletters have any power over the article and I consent
to its use in "Tapestry". The article is the basis for a work-
shop on "Heterosexual Privilege" or "Heterosexism" that I have
co-facilitated with another Hamilton resident, Carol Sweeney.

Keep up the great work!

In struggle & sisterhood,
Heather Field

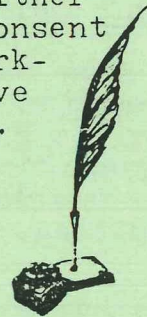
Received March 14, 1983 from B.C. Regional Lesbian Con. Comm.

Enclosed please find one copy of the B.C. Regional Lesbian
Conference Pamphlet.

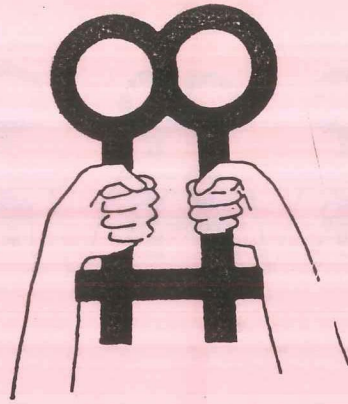
If there should be another issue of TAPESTRY before the con-
ference in May, would you please include the information enclosed
in the issue. We would like to have as many women from the
Interior of B.C. and the NorthWest attending the conference and
think that your newsletter can serve us well as a publicity source.

If you require any further information, would you please call
us at - 872-8213, area code 604.

In Sisterhood,
Maureen



1983 B.C. Regional Lesbian Conference



Claiming our lives: IDENTITY, SUPPORT, CELEBRATION, MOVEMENT

What is the conference?

A weekend of celebration, strength, culture, art, music, sports, politics, survival-skills, commonalities, diversities, and building connections with old friends and new.

Where?

Trout Lake Community Centre, 3350 Victoria Drive, Vancouver. Wheelchair access. Sign language interpreted.

When?

May 20th - 23rd, 1983.

Who is the conference for?

Good question. We as women who love other women have so many identities. Some of us call ourselves Gay Women, Dykes or Lesbians, while others of us think there is no need for labels. No matter what the name of this conference is, it is an opportunity for us to come together and share the different realities we live with and to share what we have in common. So, if you are a woman and any of this interests you, come to the conference.

Cost?

Pre-registration fees for the conference are on a sliding scale from \$32.00 to \$40.00. You may send a pre-registration deposit of \$15.00 and pay the remainder at the door. Registration at the door is from \$35.00 to \$43.00. Fees cover three days of workshops, support groups, art displays, a craft market, music, a Saturday night dance, a cabaret of astounding talent, three nutritious and delicious meals, high quality child-care and discounts on goods and services at various gay and women's businesses in Vancouver.

We are asking that those who can afford to pay more do so. THIS EXTRA MONEY WILL BE USED TO SUBSIDIZE CONFERENCE FEES FOR WOMEN WHO COULD OTHERWISE NOT AFFORD TO COME.

Who are the organizers?

We are a group of 30 diverse women whose goals for the conference are:

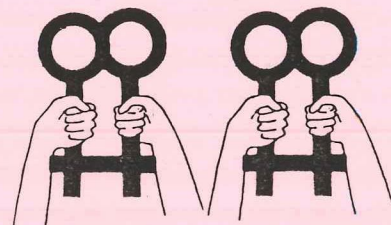
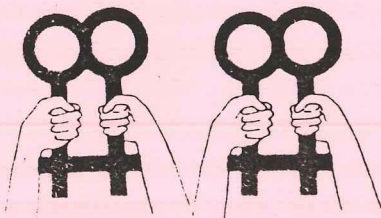
- to provide an opportunity for women to support and educate one another
- to strengthen existing lesbian groups
- to form new support groups and networks for urban and rural lesbians
- to promote our own culture
- to provide an opportunity for lesbians to feel ecstatic, proud and powerful as women loving women.

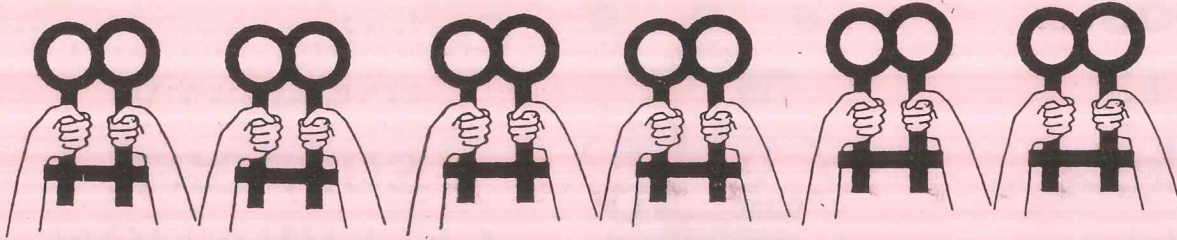
WHAT'S HAPPENING

Support groups for those of us who are: younger, older, fat, physically challenged, professional, economically deprived, working class, mothers, spiritual, Christian, Jewish, incest survivors, as well as rural lesbians, women of colour/third world women, women dependant on drugs or alcohol and support groupings by geographic or job areas.

Possible Workshops:

- Coming out or not
- Tolerance in the Lesbian Community
- Sons of Lesbian Mothers; where do they fit?
- Separatism
- Sex
- Relationships
- Power
- Violence Against Women
- Organizing together
- Racism
- Workshop space available for women of colour/third world women and aboriginal women





Cultural Events:

A cabaret, films and videos, art show and crafts. To display your art, show slides or sell crafts, please write to:

Women to Women
1426 Napier Street, Vancouver B.C. V5L 2M5

There will be an art display highlighting the life of rural women in the Kootenays.

A pride parade — taking to the streets in proud declaration of our right to live and love in the world.

A celebration of sports — participate or watch challenging games of baseball, soccer and many others. We dare any woman who can hold a cue stick to play in the B.C. Regional Lesbian Conference Pool Tournament.

Child-care will be available during the conference hours. Our objective is to provide top quality child-care. We are hiring a staff, but it is imperative that non-mothers take responsibility for child-care shifts. All children welcome — lots of fun: workshops, films, crafts, outdoor activities and outings.

The founding meeting of a provincial lesbian rights organization — a chance to share visions and strategies for communication amongst us, and to initiate united and effective political action, and to plan for participation in the next Canadian National Lesbian Conference.

A bash with great bands, steambaths, good food and many women.

Tell us what you would like to see at the conference and we'll do our best.

REGISTRATION

I would like to register for the conference.

Name: _____

Address: _____

Pre-registration Deposit: _____

Registration Fee: _____

Subsidy? _____

Travel Money Needed? _____

I can work at the conference. Call me at: _____

Food _____ Childcare _____ Children's Workshops _____ Set-up _____ Clean-up _____ Parade _____

Facilitate Workshop _____

Billeting Needed: _____ Vegetarian _____ Smoking _____ Non-vegetarian _____ Non-smoking _____

Billeting Available: _____ Vegetarian _____ Smoking _____ Non-vegetarian _____ Non-smoking _____

Special Needs: _____

Childcare for _____ child(ren) age(s) _____

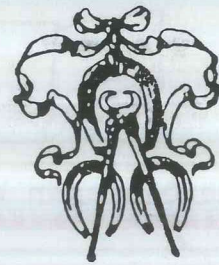
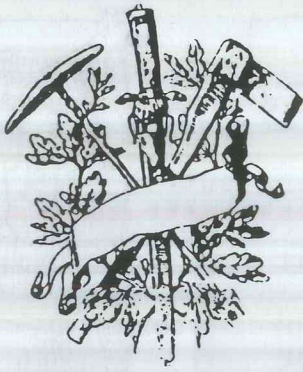
Special medical or food needs: _____

Suggestions for activities: _____

We are considering overnight childcare on the Saturday night. Would you be interested? _____

Mail to:
P.O. Box 65563, Stn. F
Vancouver, B.C.
V5N 5K5

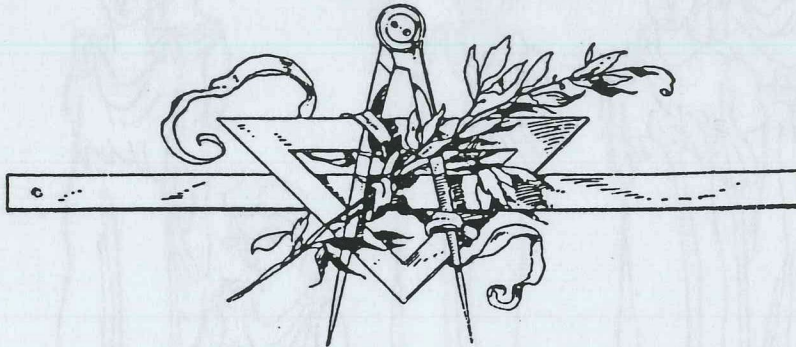
Ticket package and program can be picked up at the door.



TOOLS FOR CHANGE

On April 22nd Okanagan College (Kalamalka Centre) and the Okanagan Women's Coalition will be presenting "Tools for Change -a Curriculum about Women and Work" at Okanagan College. This will be a workshop based on materials of the same name which have been developed at Douglas College and will address itself to educational professionals, employment counsellors and people in the community in a position to effect changes in the current school curriculum and to provide for training opportunities to enlarge the present scope of women's career choices.

The workshop will take place between 10:00 am and 4:15 pm with an evening mini-session for those unable to participate during the day. Cost for the workshop will be \$15 with the "Tools for Change" materials consisting of a book and tapes available for \$15. These materials can also be purchased at the Okanagan Women's Coalition either in Vernon or Kelowna.



The Vernon Caucus of National Association of Women and the Law (N.A.W.L.) held their draw for the Texas Mickey at the Kelowna Women's Day open house on International Women's Day, March 8, 1983. The winner was Terry Pratt of Vernon, B.C. **HAPPY PARTY TIME, TERRY!!!** Proceeds went towards travel expenses for the Vernon Caucus of N.A.W.L. to attend the bi-annual Conference of N.A.W.L. which was held in Victoria this year. Please read next issue of TAPESTRY for more information on the Conference. Annual membership fee for our local N.A.W.L. Caucus is \$3.00. Contact number is 542-7531. There will be a NOON meeting at the OKWC, room 5, April 15, 1983.



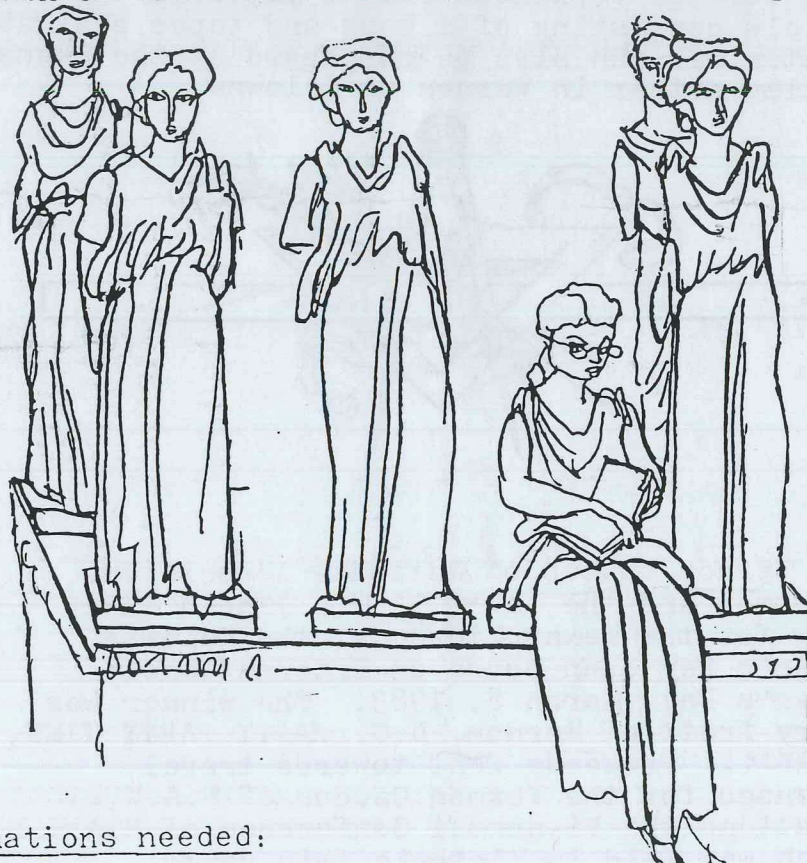
Kelowna Women's Coalition

The Okanagan Women's Coalition is branching out!

There is now an office open in Kelowna, at #180-287 Bernard Avenue, phone 762-2355. It is staffed by our Kelowna Resources Coordinator, Carole McCannell and Coalition Coordinator Karen Haire. Our drop-in hours are Monday to Friday from 9am to 1pm.

We already have quite a few resources to offer women in the central & South Okanagan. Various sources have provided us with information pamphlets, books & other materials. We also have plans to offer at least one workshop, film, lecture, etc. each month as resources to women. Hopefully our outreach efforts will be facilitated by this addition to our service.

This promises to be a positive step in the growth of the Women's Movement in the Okanagan.



Donations needed:

- | | |
|--------------------------|--------------------------------|
| money | feminist books/posters |
| tape recorder & tapes | paper & carbon paper |
| lamps | pens, pencils, office supplies |
| plants | cups |
| coffee pot (office size) | kettle (electric) |
| tea pot | |
| chairs (stacking) | |

Okanagan Women's Coalition

WORKSHOPS

The Okanagan Women's Coalition is sponsoring a series of workshops for women on feminist perspectives related to pornography and women's work in the home, in the paid labour force, and in the community. Women wishing to attend these workshops are encouraged to preregister as space is limited. There will be no charge for the workshops. Bring a friend and share in the discussion. Workshops will be facilitated by Jody McMurray:

Pornography Through Feminist Eyes

Monday, April 11 10-12:30

This workshop will give participants an understanding of feminist perspective regarding pornography. The workshop will also enable women to share our feelings about pornography as well as point out and discuss myths and social attitudes.

Thursday, April 14 10-12:30



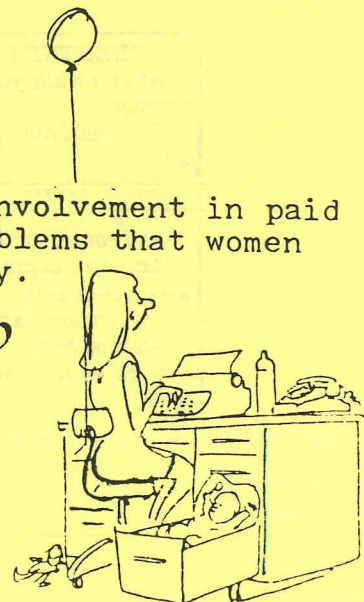
This workshop will be a continuation of the above discussion with information on laws related to pornography. We will look at the present and past laws and patriarchal attitudes toward women. We will discuss what we can do as women to begin to stop the oppression of women from the proliferation of hard core violent pornography to other media forms that objectify women.

Women's Work

Under Stress, Under Paid,
Underfed and Overworked

This workshop will outline trends of women's involvement in paid and unpaid works. We will discuss some of the problems that women face on the job, in the home, and in the community.

Thursday, April 21 10-12:30



\$ Getting What We Deserve

"I'd like some respect reflected in my cheque" Holly Near

This session will be a continuation of the women and "work" workshop. Participants and facilitators will also discuss methods in obtaining recognition and support for the work that we do as women.



Thursday, April 28 10-12:30

On Going Support

LUNCH PROVIDED

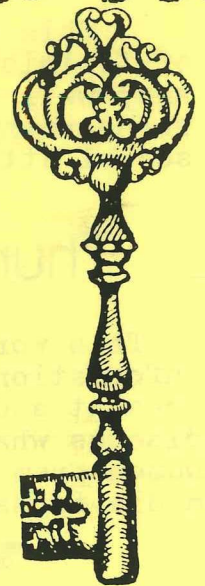
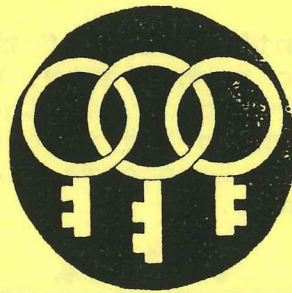
"Where do we go from here" Meg Christian

This workshop is designed to identify the needs and goals of participants. What other topics do we want information and discussion on?

Thursday, April 28 12:30 - 3:30



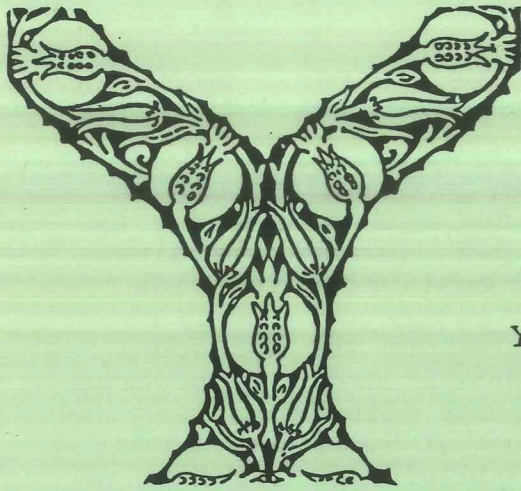
Location: OKWC Resource Centre #6-3000-30 St.,
Vernon B.C. Tel: 545-6406/542-7531
Please contact the Kelowna office at 762-2355
for information on Kelowna workshops.



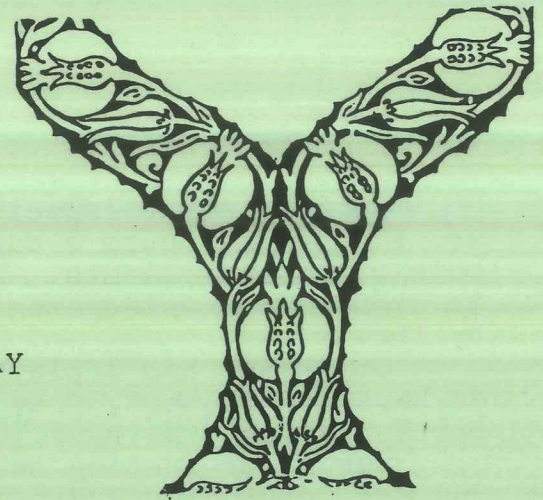
COMES THE DAWN
*After a while you learn the subtle difference
Between holding a hand and chaining
a soul,
And you learn that love doesn't mean
leaning
And company doesn't mean security,
And you begin to learn that kisses
aren't contracts
And presents aren't promises,
And you begin to accept your defeats
With your head up and your eyes
open,*

*With the grace of a woman, not the
grief of a child,
And learn to build all your roads
On today because tomorrow's ground
Is too uncertain for plans, and fu-
tures have
A way of falling down in mid-flight.
After a while you learn that even sun-
shine
Burns if you get too much.
So you plant your own garden and
decorate
Your own soul, instead of waiting
For someone to bring you flowers.
And you learn that you really can en-
dure...
That you really are strong
And you really do have worth.
And you learn and learn...
With every goodbye you learn.*

— J.S.



THE
"Y"
WOMEN'S SHELTER
YESTERDAY AND TODAY



In March of 1974 the Kamloops Community "Y" opened the "Y" Women's Hostel. There appeared to be a great need to provide emergency food and shelter to the destitute women of Kamloops. Within a short period of time it became apparent that the hostel was serving women with a much larger variety of needs. Women with and without children came seeking refuge from family violence. Social Workers began placing teenage girls with us until more permanent homes could be found. The R.C.M.P. brought runaway girls for overnight stays until parents could arrange to have them returned home. Alcoholic women came to us to dry out as no other agency in Kamloops would take them. Tourists, familiar with Y.W.C.A.'s around the world stayed with us because of our association with the Y.

It became necessary for us to hire staff with the skills necessary to work effectively with women having these variety of problems. It meant staff of varying ages and personalities. We needed skills in the areas of family violence, early childhood education, psychiatric nursing, general nursing, Native Indians, social work, alcoholism, and drug abuse. We have been successful in finding staff with all of those skills.

Towards the end of the 1970's the number of female "hippie hostellers" seeking food and shelter was on the decline. The "WOMEN'S MOVEMENT" was in full swing and there was increasing media coverage on violence against women and in particular the battered woman. It was time for us to evaluate our service and determine the direction we would take in the 1980's.

We changed our name in January 1982. It was a very necessary change. As the "Y" Womens Shelter, the women in our community began to realize that we were far more than a place for transients.

The service did not change in the least, we were still available to women with a variety of problems. Our priorities have gradually changed in that women from violent family situations are given preference over transients. Statistics show 75% of our clients to be battered women with children. The remaining 25% are given shelter for a variety of other problems. A woman's needs are assessed on admission and financial arrangements are discussed at that time. The Ministry of Human Resources will pay in full or subsidize her stay depending on her financial status. We are prepared to support her in any area, accompany her to appointments or advocate for her where necessary. She remains with us until her crisis is resolved.

The "Y" Womens Shelter...(cont)

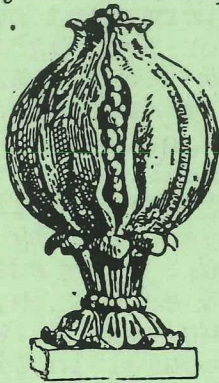
We have a bed capacity of 17, admission is immediate and we are staffed 24 hours a day. The housework and cooking is done by both staff and clients. Rules are few but each woman is required to sign an acknowledgement of the rules and must agree to abide by them.

Our house has a playground and a playroom for the children. We have, on request, free childminding at the "Y" and free program participation. We have pool passes for all our clients.

Our major funding source is the Ministry of Human Resources. The Kamloops Community Y and the city also contribute. We have an excellent working relationship with the Ministry and approximately 60% of our clients are referred from there.

Recently a number of women's groups and sororities have taken an interest in us. They are painting rooms for us, collecting large and small household furnishings, and making financial contributions.

The "Y" Womens Shelter has gained credibility and respect in the city of Kamloops. We are recognized as being a very valuable service.



Submitted by:

Sheila Loranger

Residence

Director



SECOND STAGE HOUSING

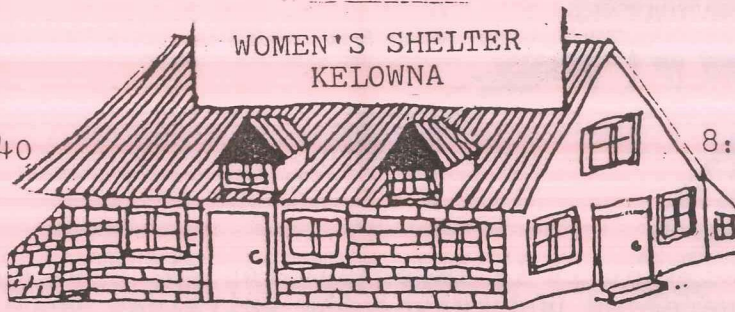
The Vernon Women's Transition House is now operating a Second Stage facility for battered women. The facility is an eight-unit apartment building located in a quiet residential area close to schools and parks. Each apartment will be furnished and is reasonably priced for women with limited incomes. Women will be able to stay for up to one year. In addition to adequate low cost housing the Second Stage program focuses on life-skills training, community involvement, and job readiness.

Women who are battered often develop high dependency needs and suffer from low self-esteem and a sense of helplessness. This cycle of dependency and low self-esteem tends to be perpetuated in their children. Second Stage housing will allow women additional time to break the dependency cycle, gain self-esteem, and begin to establish a healthy and independent lifestyle for themselves and their children. For further information contact Okanagan Women's Coalition at 545-7531/542-6406.

WOMEN'S SHELTER
KELOWNA

Phone: 763-1040

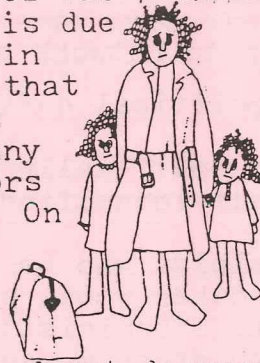
8:30am - 4:30pm



Since early in 1982 there has been a changing trend occurring at the Shelter. In 1981 occupancy rates at the Shelter exceeded 100%. In 1982 occupancy rates have decreased. We attribute this to several factors.

In 1982 the Ministry of Human Resources increased our funding, paying for 9 beds (equalling 100%) instead of 7. On average we shelter 20 women per month, which is up from last year's figures. The number of children is slightly less than before--13 per month. The average stay in 1981 was 7 nights but this has dropped to 6 in 1982. We assume this is due to the increased availability of low-income housing in Kelowna this year.

Also, we believe that the poor economy is having an effect on many women's movements. Financial stresses are increasing, and many husbands may be home due to lay offs. These stresses increase the chance for violence in the home. On the other hand a woman may feel more tied to her family at this time because she puts their needs first. In other words, she will tolerate more violence to herself and will not leave her family. However, these are only conjectures on our part and not documented facts.



However, these are only conjectures on our part and not documented facts.

We do know that there are many occasions when we have empty beds at the Shelter. So, if you wish to make a referral or want more information, contact us.

We also wish to encourage women to use our services for rape counselling, legal advocacy, over-the-phone counselling, and information inquiries. We can refer people to appropriate agencies if necessary and provide support to women not staying at the Shelter. The staff is available and trained for a variety of services. The Kelowna Women's Shelter exists for all women.

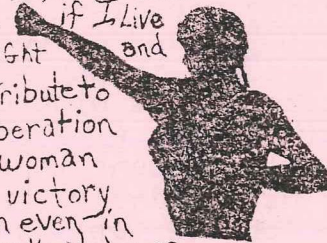


submitted by: Beth Diprose

It is not the police, the courts
or men who
will stop
rape.
Women will stop rape.



I am a woman
and if I live
I fight and
I contribute to
the Liberation
of all woman
and so victory
is born even in
the darkest hours



From Alberta Women's Newspaper
February 1983 Vol.1 No.1
WEBSPINNER

HETEROSEXUAL PRIVILEGE

by Heather Field

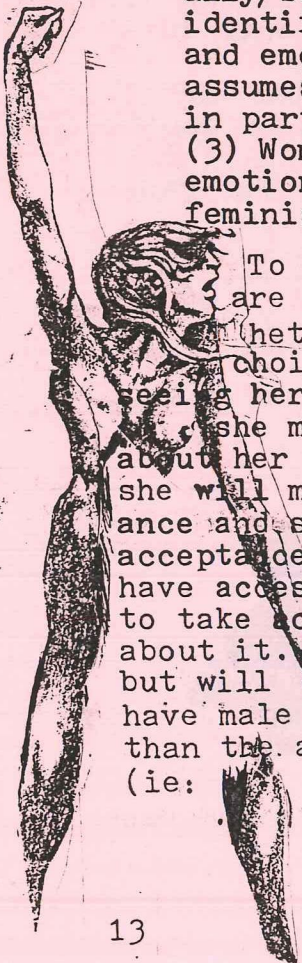


I feel that it is important for all heterosexual women to become aware and understand the privilege that they have in society. It is important to recognize the oppressions that are within ourselves and not to assume that all women are heterosexual. We must look at the general position of people in society-at-large and notice that everywhere heterosexuality is reinforced. To refuse to acknowledge the heterosexual privilege that we have is homophobic. We must not deny the privilege we are given as heterosexual women. We must look at and examine the internalized views we have picked up through our socialization processes and work on stopping heterosexist practises in order to break down some of the barriers between women so that we are able to network and work closer together.

There are three basic political definitions of lesbianism. They are:

- (1) Lesbian: a woman who is emotionally/sexually committed to other women and who is a self-identified lesbian but who is not a self-identified feminist.
- (2) Lesbian/Feminist: a feminist who is politically and emotionally/sexually committed to other women and who is a self-identified lesbian/feminist. "Feminist" assumes a political and emotional committment to other women. "Lesbian/feminist" assumes the committment is both to women in general and lesbians in particular.
- (3) Woman-identified Woman: a woman who is politically and emotionally committed to other women and who is a self-identified feminist.

To better understand what heterosexual privilege is, here are a few statements that help to define the privilege. A heterosexual woman does not have to notice or justify her choice to relate sexually to men. She receives validation from seeing her reality everywhere (ie: in books, magazines, TV) and when she meets someone, they have an incredible amount of information about her life because they will assume that she is heterosexual and she will make the same assumption about them. She will receive acceptance and security at work, custody of her children, housing, family acceptance and no police harrassment as a heterosexual woman. She will have access to physical affection with other women and will be able to take access with other women's bodies without ever having to think about it. She will gain not only from her own heterosexual privilege but will benefit indirectly from male supremacy. Her lovers have male privilege and, therefore, generally earn more financially than the average woman. She will also gain from their social status (ie: their



Heterosexual Privilege (cont'd)

automatic power position in society as males). She is also free to ask from a power position, questions of lesbians, to experiment sexually, to talk freely about her sexual experiences with other women, to appear politically correct by talking about how some of her best friends are lesbians and by using the term "dyke" as it is being reclaimed by lesbians.

To end, I would like to quote from an article written by Charlotte Bunch, "Not For Lesbians Only", as it offers us something to think about. "What makes heterosexuality work is heterosexual privilege--and if you don't have a sense of what privilege is, I suggest that you go home and announce to everyone you know--a roommate, your family, the people you work with--everywhere you go--that you're a "lesbian". Try being a "lesbian" for a week. Do not walk out on the streets with men, walk only with women, especially at night for example. For a whole week experience life as if you were a lesbian and I think you will know what heterosexual privilege is very quickly. And hopefully, you will also learn that heterosexual privilege is the method by which women are given a stake in male supremacy and it is therefore the method by which women are given a stake in their own oppression. Simply stated, a woman who stays in line by staying straight or by refusing to resist straight privilege receives some of the benefits of male privilege indirectly and is thus given a stake in the continuing of these privileges and maintaining their source, male supremacy."



Feminist Collective

A collective is a group working cooperatively together with the political assumption that all the members are equal in that each has as much intrinsic worth. There are individual differences in knowledge, awareness, consciousness, intelligent and creative ability. We need not deny these or falsely equalize. We can recognize each other's authority in different areas without treating some people as intrinsically better than others. Sharing skills, knowledge and perceptions brings power and should not be withheld by "experts". Cooperative uses of power are more effective and fulfilling than competitive uses of power.

A feminist collective is concerned with the equalization of power. Equality for all human beings is not possible within a hierarchically-structured society. Feminism therefore is committed to a horizontal rather than vertical process and structure, and to a concern for the well being of all people, (including oneself), in order to achieve equality of power.

The concepts which follow the basic values equality and concern are cooperation, collectivism, the demystification of knowledge and classlessness.



WOMEN

SOME RECOMMENDED READING: *

Children and Feminism by Mary Wallace, Lee MacKay, and Dorrie Nagler

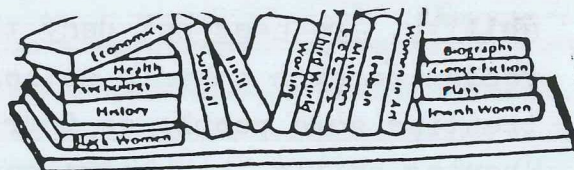
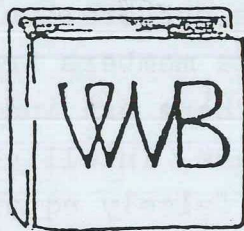
The Journey by Anne Cameron, A novel that's fun to read.

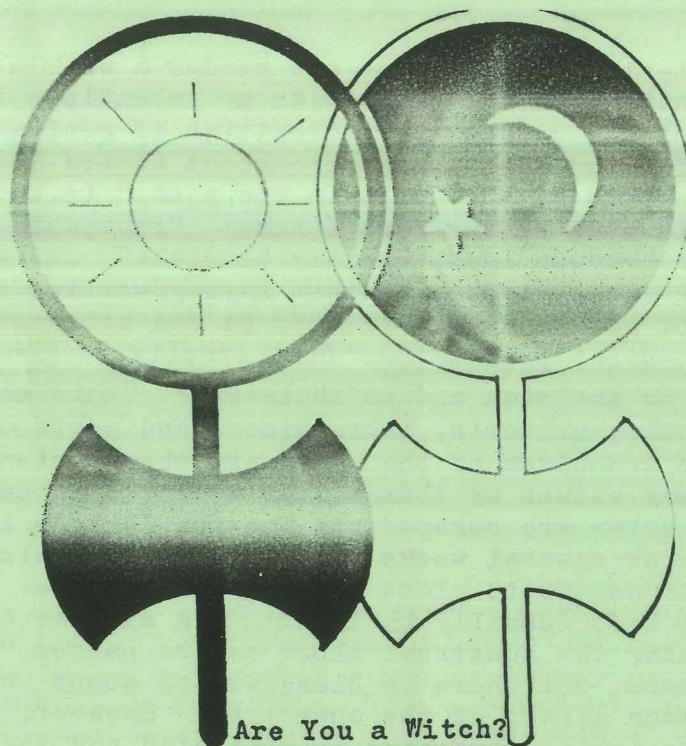
The Dinner Party Books by Judy Chicago, lots of interesting herstory.

Sexual Politics by Kate Millet, The landmark work that is breaking the tyranny of sexual roles.

And many more great books, come in to our Resource Centre and browse and/or borrow some material. Library cards at \$1.00 each for six months.

HAPPY SPRING!!!!





Emily Odd woman

Mary Daly, in her book GYN/ECOLOGY, (The Metaethics of Radical Feminism) took me on a feminist trip around the world which I shall never forget.

With her searchlight and magnifying glass, she travels through time and space with angry insight and precision. She describes the "Re-enactment of Goddess Murder" in India, China, Africa, Europe and America in a way that leaves no doubt in one's mind as to the underlying intent of these 'rituals'.

In India I observed the rite of suttee, (legally banned in 1829), which was a way of disposing of surplus widows by burning them alive on their husband's funeral pyre. "At times hundreds, even thousands, of women died in suttee for ONE royal male," (p.124) --amongst them child-brides of course. At this point, Mary Daly gets out her magnifying glass and takes us on a little tour of the library, where we find Webster's defining suttee as "the act or custom of a Hindu woman willingly cremating herself or being cremated on the funeral pyre of her husband as an indication of her devotion to him." Webster neglects to point out that if they did not 'willingly' jump into the fire, they were bound and thrown in--nor, that if they survived, the only recourse was to become a prostitute, living in poverty, hunger and disease. In the library we also find Mr. Campbell, who conveniently describes this as a "widely practiced 'custom' of sending the family or part of it into the other world along with the chief member". (p. 116) Sounds painless, doesn't it?


On my trip to China (as it was before 1920), it became obvious that the males did not have to confine their wives and daughters in purdah to protect their purity, but instead hopelessly crippled them through footbinding: "The hideous three-inch long 'lotus hooks'--which in reality were odiferous, useless stumps--were the means by which the Chinese patriarchs saw to it that their girls and women would never 'run around'". (p. 136) In fact, the deformed feet added to the sadistic, erotic pleasure of many males.

I was quite travel-sick by this time and needed a week's rest before I could continue on to Africa with my relentless tourguide. Africa--the land of the unspeakable atrocities of genital mutilation--"still inflicted upon women throughout Africa today, and practiced in many parts of the world in the past." (p.155) The word unspeakable is used in two senses here: "incapable of being expressed in words because inexpressibly horrible" and also because "there are strong taboos against saying/writing the truth about them, against naming them." (p.155) No one talks about it, least of all the medical profession. What exactly is genital mutilation? What is excision and infibulation? "This means 'excision of the entire clitoris, labia minora and parts of the labia majora. The two sides of the vulva are then fastened together in some way either by thorns...or sewing with catgut. Alternatively the vulva are scraped raw and the child's limbs are tied together for several weeks until the wound heals (or she dies). The purpose is to close the vaginal orifice. Only a small opening is left (usually by inserting a slither of wood) so the urine or later the menstrual blood can be passed." (p.156) Infections are common, but there is disagreement about whether or not death is a common effect of the operation. However, "what is certain is that the infibulated girl is mutilated and that she can look forward to a life of repeated encounters with 'the little knife'--the instrument of her perpetual torture. For women who are infibulated have to be cut open--either by the husband or by another woman--to permit intercourse. They have to be cut open further for delivery of a child. Often they are sewn up again after delivery, depending upon the decision of the husband. The cutting (defibulation) and re-sewing goes on throughout a woman's living death of reproductive 'life'". (p.157)

The trip was evolving into a journey and making me quite ill, but I still felt safe. After all this was, in part, all in the past, and in any case it was in those far-away underdeveloped countries.

However, when entering historical Europe with its protestant and catholic elements, I could quite decidedly feel the temperature go up. The heat was on. I had lived part of my life in Germany as a Roman Catholic. But there was no turning back now. To my horror I found that witchburning was actually a 'craze' which spread throughout Europe, and that the two men, Kramer and Sprenger, who wrote the Malleus Maleficarum, 'the catechism of demonology,' were dominican priests. Even the Pope (Innocent VIII) gave the support of Rome to "Our dear sons", the dominican Inquisitors. Historical records are incomplete, but it is estimated that nine millions of persons were put to death for witchcraft after 1484, a period of three hundred years. Some protestants even extended the term witch to include "those who used catholic prayers or formulas."(p.186)

Would you have qualified as a witch? Any woman thought of as 'eccentric' or 'indigestible', i.e., a woman "living outside the control of the patriarchal family, women who presented an option" definitely qualified as witches. Single parents? Probably. Lesbians? No doubt. A widow? A spinster? A herbalist? But of course you're a witch! And it wasn't the ignorant and uneducated who spread the witchcraze: "It was forwarded by the cultivated Popes of the Renaissance, by the great Protestant Reformers, by the saints of the Counter-Reformation, by the scholars, lawyers,




and churchmen of the age of Scaliger and Lipsius, Bacon and Grotius, Berulle and Pascal." (p. 191) One final note to make sure there is no misunderstanding here. The witches were not simply burned at the stake. They were tortured according to 'proper rules'; they were sexually abused; and children were flogged in front of the fire while their mothers burned. But this is all over with, right? Wrong. Young girls were used as legal witnesses against their mothers, and Mary Daly thinks that "Such children would have branded this self-hatred upon their daughters and upon generations that followed." (p.197)

So far I have been to India where the superfluous women were burned alive; to China where footbinding kept them from 'running around'; to Africa, where genital mutilation readies women for their destiny--marriage; and to Europe, where carnal, insatiable witches were burned to remove any threat to the male monopoly of every sphere of life.

It was hot travelling through Europe, but it did not acclimatize me for the trip through present-day North America, my home sweet home. It is so easy to see the shortcomings of distant peoples. But here, at home? "In twentieth-century America, women are lulled by the myths and rituals of gynecology and therapy, believing that 'doctor knows best'. We have entered the Ice Age of Gynocidal Gynecology." (p. 224) "The massacre of the wise women/healers during the witchcraze was followed by the rise of man-midwives who eventually became dignified by the name 'gynecologist.'....Sexual surgery became The Man's means of restraining women." (p. 225) The father of gynecology, J. Marion Sims, died in 1883 having established his reputation as the 'architect of the vagina'. He began his work by performing dangerous sexual surgery on black female slaves in his back yard, and later indigent women were his guinea pigs. Thus clitoridectomy became accepted as a cure for female masturbation at one time. For several decades the removal of ovaries to cure 'insanity' became the craze. And more: unnecessary radical mastectomies and hysterectomies, carcinogenic hormone therapy, psychosurgery and spirit-killing psychiatry became a part of the procession. This phenomenon, Mary Daly claims, is "directly related to the rise of radical feminism in the twentieth century." (p.228) She also shows the direct connection between Nazi medicine and American gynecology and goes on to point out how industry, doctors, pharmaceutical firms and medical manufacturers benefit financially.

It was extremely hot traveling through that all-too-familiar territory, as I personally have been a victim of the medical industry on several occasions. The greatest shock was finding this listed right alongside genital mutilation and witchburning and Nazi 'medical practices'.

So there we have it. Bacon and Descartes, the heroes of English 12 and Philosophy 100, are now dethroned: they spouted their great wisdom and logic and never uttered a word against the 'religious practice' of witchburning. Even the men who wrote history distorted it with the male perspective. And the English language itself--the tool of communication, the tool of thought--is sexist and full of verbal violence, "both audible and inaudible, visible and invisible." (p. 323) Grammatical usage causes ambiguity and confusion in the minds of readers: have you heard of Hurricana Agnes? do you know that "people were burned as witches"? and that "we failed in Vietnam"? Poor



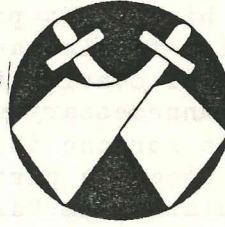
Snow White will never be the same either: "The necrophiliac Prince Charmings keep their Snow White spouses in the State of Sleeping Death with promises of a fear-free future." (p.351)

Now there is no place left to hide. The Feminist Journey has changed me irrevocably. Reading GYN/ECOLOGY was like being taken far into outer/inner space, and from that satellite perspective all the pieces of the jigsaw puzzle clicked into place. The loose ends of a lifetime suddenly all connected up. And the picture is not pretty. In the past I was quick to turn my anger upon myself, seeing everything as personal shortcomings. Now I feel connected to a lucid new anger. My struggle to stay true to myself has been burdensome not always because there is something wrong with me, but because I am part of a history, a culture, and a continent. "Hags see that the demonic rituals in the so-called underdeveloped regions of the planet are deeply connected with atrocities perpetrated against women in 'advanced' societies." (p. 153) If you are not a watchful Witch, you ought to be one; if you are not a Spinster, you should be one at heart. We should and can spin our Cosmic Tapestries--without a map, against the current. "Spinsters spin and weave, mending and creating unity of consciousness." (p. 386)

Mary Daly is right: the burden of knowing is heavy. But in this Age of Consciousness we can become an active part of history. We can become her/story. We can travel through time and space--even down the street and to the neighbour's yard--and work to make the Journey easier for each other and for our daughters. As Elizabeth Barrett Browning wrote, "If a woman ignores these wrongs, then may women as a sex continue to suffer them; there is no help for any of us--let us be dumb and die." "Gyn/Ecology is Un-Creation. Gyn/Ecology is Creation." (p. 424)



Lena Joy Warrington
February 29, 1983



PESTICIDES

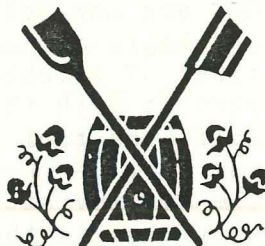
- affect consumers
- affect growers
- affect farmworkers
- affect everyone!

PUBLIC MEETING

Guest Speaker: Calvin Sandborn,
a lawyer and pesticide specialist
with WCB.

Sunday, April 10, 1983 -- 7:30 pm at K.A.D.A.C. Center, corner of
Bernard and Richter.

Organized by Okanagan Farm and Workers Group, P.O. Box 1022,
Kelowna. For further information phone 765-9551.



B.C. HYDRO'S PROPOSED HYDROELECTRIC PROJECTS

The Revelstoke dam when finished in late 1984 will meet B.C.'s projects electricity needs until well into the 1990's.

But B.C. Hydro is not standing still. It is proposing a series of major dams on most of the large rivers in northern B.C. If these rivers are dammed, the most productive valleys in the north will be flooded. These dams raise the possibility of over building --which would result in ever higher electricity rates. Also the dams will be expensive and more costly than many soft energy path alternatives.

STIKINE-ISKUT

Three dams: two on the Stikine; and one on the Iskut (pronounced "Is-KOOT") are being planned. In mid-August Hydro flew in consultants from around the world to inspect the proposed dam sites. Dams on these two rivers would likely have a major impact on the large salmon runs that originate in these rivers. These salmon are caught by both Canadian and Alaskan fishermen. In addition, dams on the Stikine would destroy much of the "Grand Canyon of the Stikine" -perhaps the most impressive river canyon in Canada.

LIARD

Three dam sites on the Liard River are being investigated. The Liard is a major tributary of the MacKenzie River, and damming the Liard will change flow conditions in the MacKenzie. This in turn could result in a delay in Spring breakup in the MacKenzie River and delta, thereby interfering with transportation on the MacKenzie and with oil and gas exploration in the delta.

HOMATHKO/CHILCOTIN DIVERSION

The basic proposal is to build a generation dam on the Homathko River, which flows into the Pacific. In addition, a storage dam would be built on the upper Homathko at Tatlayoko Lake. (The Taseko River flows into the Chilcotin River, a tributary of the Fraser River.)

Apart from flooding more precious valley land, the diversion scheme might seriously affect the sockeye run on the Chilcotin River -a run second in size only to the famed Adams River sockeye run. The diversion may, however, be a "red herring". Hydro will likely propose the diversion, but will probably give it up if controversy arises. Hence, the diversion is a bargaining device that will be used by Hvdro to acquire a "good ~~here~~ guys" image when it drops the scheme.

ELAHO

The Elaho River is a tributary of the Squamish River. It is a relatively small project (500 megawatts), but it could have a detrimental effect on the salmon run up the Squamish River.

FERNIE WOMEN'S CENTRE

An Invitation To You

The Fernie Women's Centre invites you to attend a twoday workshop

Saturday 9th. and Sunday 10th.

RAPE



BATTERING



INCEST

April 9th. :10:00am-noon (lunch break)
1:00pm-4.00pm

April 10th.:10:00am-noon (lunch break)
1:00pm-4:30 pm

Closing date for registration is March 12,1983.

Fee is \$30.00.For inquiries phone 423-4819

Make cheques payable to:

Fernie Women's Centre,

Fernie Women's Centre

Barb Phelps, workshop Co-ordinator,

Box 2054,

Fernie, B.C.

VOE 1M0

 **WEST WIND CIRCLE**

SILKSCREENING

T-shirts, Sweatshirts, etc.

Custom Designs

Carol (604) 327-5778
Stella 734-0530

Available are:

"Hands Off"

"Nuke Thy World A Rape Zone"

and "No Nukes" T-Shirts

10% off for women's groups
on custom ordering.

LOEWEN CARPET CLEANING

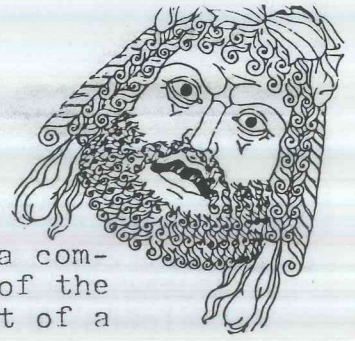
FOR PROFESSIONAL

JANITOR & RUG CLEANING SERVICE

CALL JOHN LOEWEN - 545-4864

R.R. 7 - SITE 3, COMP. 15 - VERNON, B.C.

Door mat Rentals



EQUAL PAY FOR WORK
OF EQUAL VALUE

The Okanagan Women's Coalition was informed about a complaint filed by Ms. Yaworski pursuant to Section 6 & 8 of the B.C. Human Rights Code and in particular this complaint of a denial of the right to equal pay.

Ms. Yaworski alleges that the Army & Navy Department Store Ltd. discriminates against female employees by employing them at a rate of pay which is lower than that of male employees for similar work.

There are several complaints that were sent to the Right Honourable Minister, Mr. Bob McLelland. The Minister must decide whether to appoint Boards of Inquiry to hear these complaints, but is not obliged to do so. It is unlikely that Boards will be appointed for all complaints presently before him.

Please assist Ms. Yaworski in convincing the Minister to appoint a Board of Inquiry in this matter. You may assist in any of the following ways:

1. Send a letter to the Right Honourable, Bob McLelland indicating your support for Ms. Yaworski's claim for equal pay for work of equal value for female employees of the Army & Navy Store Ltd.
2. Endorse her demand that this complaint be heard by a duly appointed Board of Inquiry, e.g. by resolution at your General Membership meetings.
3. Send all correspondence to Right Honourable Bob McLelland

Minister of Labour
Parliament Buildings
Victoria, B.C.
V8V 1X4

THE PROVINCE, Tuesday, June 29, 1982

Slow action riles equal-pay activist

By ROD MICKLEBURGH
Province Labor Reporter

Beverly Yaworsky wasn't too enchanted with her \$3.65-an-hour wage rate when she began work as a sales clerk at Army and Navy Department Store Ltd.'s downtown outlet in November, 1980.

But she became downright angry when she discovered the starting rate for the man next to her in the sporting goods section was \$4 an hour. "I started looking for another job quite quickly," she recalled.

When she left Army and Navy three months later she filed a complaint with the B.C. human rights branch, alleging sexual discrimination in wages — not only for herself but also on behalf of 28 other female employees at the store. *

Now, more than 18 months later, Yaworsky has become fed up at

what she regards as the branch's failure to press vigorously enough what seems a straightforward case.

Following a one-day leaflet drive outside the store by members of the Service, Office and Retail Workers Union of Canada, Army and Navy offered Yaworsky about \$150 in back pay and said wage rates at the store have been equalized since April last year.

Yaworsky said there is still no proof that rates now are similar. She wants a sum for damages and insists the other women also be compensated.

Human rights officer Les Berkes confirmed Yaworsky's complaint is unresolved. "We're still negotiating on her claim," he said.

Army and Navy representatives declined comment.

* 28 is Army and Navy's number, Beverley believes that the complaint covers a far greater number of women.

CHILDREN NEED QUALITY DAY CARE

from Kelowna Family Day Care Association
Room 207-1135 - February 1983 -
Sutherland Ave.
Kelowna, B.C.

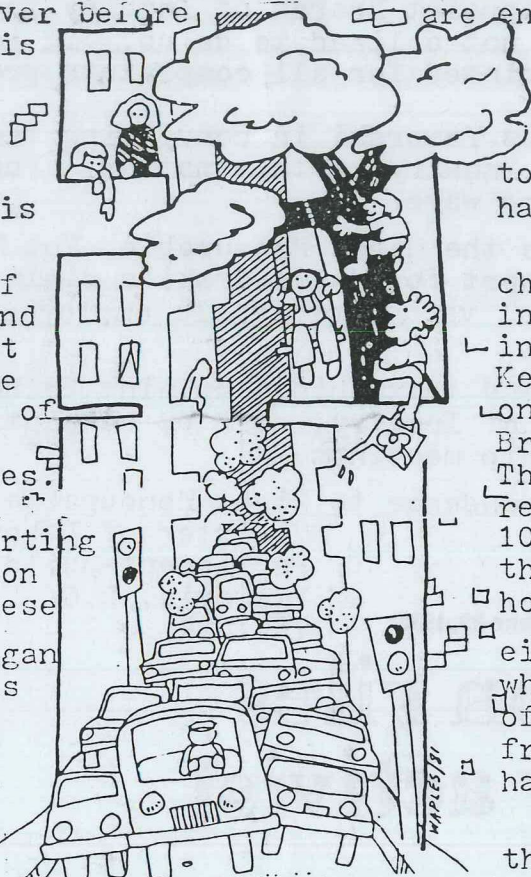
Day care is a fast growing service in today's society. With more and more mothers leaving the home to seek employment, a large number of children are spending their preschool years outside their own home. Some view this trend as a threat to the traditional family unit and consequently, much controversy has developed over the effects on children of working mothers. But, more mothers than ever before, are entering the work force. Ignoring this reality is not going to help the children. While people are discussing the pros and cons, the children are waiting; waiting for someone to pay attention to their needs. What is happening to these children?

The majority of children are still to be found in unsupervised family day care homes. The Kelowna Family Day Care Society is one of the few supervised day care services in British Columbia that have staff on hand to assess and support these homes. There are, on average, 200 or more children in these homes at one time.

The Society began eight years ago by a group of individuals who were concerned about the standards of day care in Kelowna. Funding was secured from the Ministry of Human Resources who have remained the major source of funding.

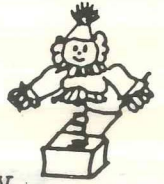
The goal of the Kelowna Family Day Care Society is to provide quality day care for the children of working parents, especially low income families.

It is the philosophy of the Society that the preschool years are crucial in a child's development, therefore, the standard of day care a child receives at this time will have a significant influence on the person he becomes. Because of this, the Society strongly encourages that family day care should stimulate healthy social, emotional, physical and intellectual growth in day care children.



children in day care in Kelowna Family Day Care Society are waiting; waiting for someone to pay attention to their needs. What is happening to these children? The two coordinators responsible for 100 member day care homes at one time. The Kelowna Family Day Care Society is one of the few supervised day care services in British Columbia that have staff on hand to assess and support these homes. There are, on average, 200 or more children in these homes at one time.

Children Need Quality Day Care (Cont'd)



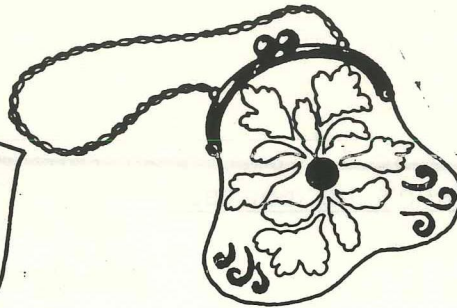
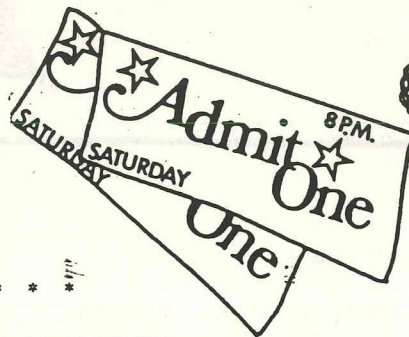
Also the Society is working to elevate the status of day care mothers to that of para-professional day care providers. Family day care is not just babysitting. A child in day care spends eight hours a day, day-in and day-out away from home. The quality of the day care will greatly determine how the child develops. Day care mothers are providing an important service to the community.



The Kelowna Family Day Care Society offers a support service to day care mothers. This includes monthly home visits to help the day care mother with any concerns or problems, to provide ideas on stimulating play activities, books and pamphlets on child care, children's books and educational toys on loan, liability insurance, monthly newsletter and art supplies at wholesale prices.

Also, the Society sponsors special events for the children such as a Christmas party, summer picnic and film days.

A course "Training for Day Care Mothers" is held twice a year in cooperation with Okanagan College. It covers all aspects of child care, including first-aid.



NATIONAL FILM BOARD

UNITED STATES RULING ON CANADIAN DOCUMENTARY FILMS

Mr. Walter McLean (Waterloo): Madam Speaker, Canadians are proud of the independence and international reputation of the National Film Board. Its documentaries have won acclaim in film festivals around the world.

The decision of the United States Justice Department to declare three recent documentaries offensive and brand them as political propaganda, is unacceptable. Those in the United States who show National Film Board films "Acid From Heaven", "Acid Rain: Requiem or Recovery", and "If You Love This Planet", must record their names with the Justice Department as if they were taking part in a subversive activity. Incidentally, the latter film which warns of dangers in the nuclear arms build-up, has been nominated for an Oscar.

It is not enough for officials to make statements across the border about this unfortunate incident. It is imperative that the Secretary of State for External Affairs (Mr. MacEachen) and the Minister of Communications (Mr. Fox) make a clear statement to the American administration that the treatment of these films is unacceptable to the people of Canada and the Government of Canada.

House of Commons Debates
Friday, February 25, 1983

Vernon Daily News
Tuesday, March 8, 1983

Regan says film outrageous

OTTAWA (CP) -- Trade Minister Gerald Regan says a Canadian-made film about nuclear war is outrageous, in bad taste and unfair to U.S. President Ronald Reagan. The film -- If You Love This Planet -- is unfair because it uses film clips of the president much earlier in his career, presenting them out of context and in relation to the dropping of nuclear bombs, Regan said today.

A CENTRE OF CONCERN

P.O. Box 1795 Vernon, B.C. V1T 3W8
Phone: 549-4607



" A CENTRE OF CONCERN is focusing thier attention on the promotion and support of informal roles, for people that have been labeled mentally handicapped.

Informal roles include friend, guide, and what we have called 'guide-advocacy'. Some advocacy roles emphasize close relationships, and concern. Others are more involved with practical problem solving. Many roles fulfill both types of needs."

For more information please contact Gregor Smith at 549-4607



B.C.F.W. sent us posters

W A N T E D

Red Hot Video

ALIAS: Black Cat Video, S.H.A. Video

FOR INCITEMENT TO

VIOLENCE AGAINST

WOMEN AND CHILDREN

IF SIGHTED:

Expose them publicly for the pornography pimps they are --remember only silence is shame.

REWARDS!! When They Close Their Doors!

A Province Wide Picket at all Red Hot Videos was held on Saturday March 12, 1983, between 2 pm and 3 pm. Thirteen women and one man came out to protest the renting of violent pornographic videos at the Kelowna Red Hot Video outlet. While we were picketing, Red Hot put an add over the Kelowna C.K.I.Q. AM radio station telling all that were listening that we wanted to stop a persons freedom. The gimmick was that the first 4 letters of freedom spell "frée" and anyone that came into the store while the picket was happening would receive a free video tape rental of their choice. Next time we picket choose a pornographic video and FLUSH IT!!

A LETTER TO YOU FROM

THE CANADIAN COALITION AGAINST MEDIA PORNOGRAPHY

is composed of concerned individuals who recognize that pornography and sex-role stereotyping violate the dignity and right to self-determination of women. We define pornography as verbal or pictorial material representing sexual behaviour that is degrading or abusive to one or more of the participants in such a way as to endorse the degradation, and believe it to be substantially different from erotica, which we consider to be mutually pleasurable sexual expression between people who have enough power to be there by positive choice. We are not for the repression of sexuality but rather are seeking a new portrayal of mutuality and respect in the representation of sexuality.

THE CANADIAN COALITION AGAINST MEDIA PORNOGRAPHY

believes that pornography and sex-role stereotyping, a multi-billion dollar industry in North America, promotes a climate in which women's physical safety in the street and in the home is jeopardized, and women's right to equality in the workplace continues to be denied. We are particularly concerned with recent government and business sponsorship of pornography on television and in the Canadian film industry and believe it to be a violation of the cultural integrity of Canadian artists and performers.

CCAMP's objective is to increase public awareness of the negative images inherent in pornography. Our elected officials must be pressured to strengthen and enforce the laws which will create an environment in which women, men and children are all assured equality, dignity and self-respect.

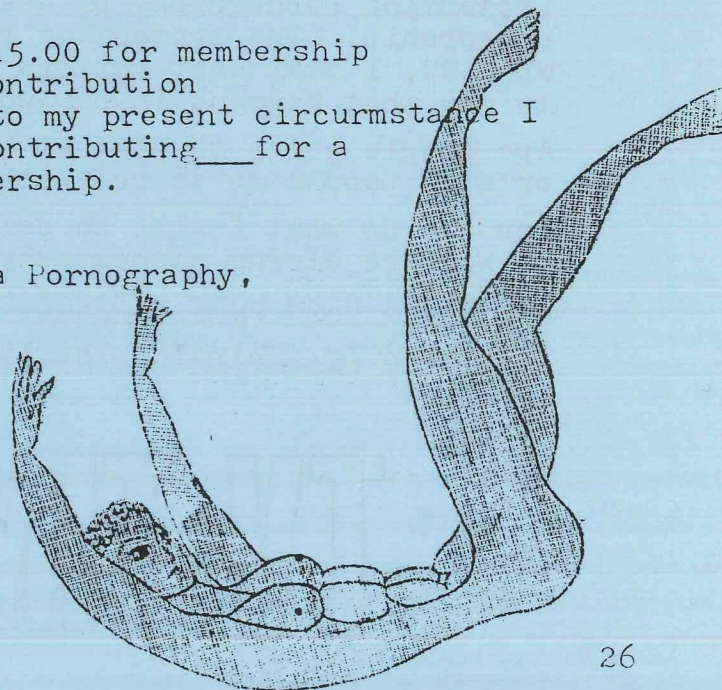
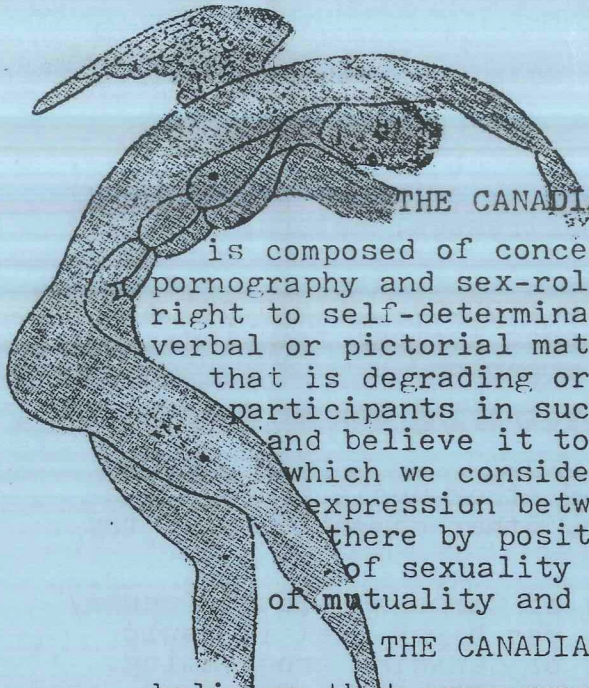
Your membership and active participation will provide the necessary clout to achieve this objective.

Application or Membership

Name: _____ My \$15.00 for membership
Address: _____ My contribution
Postal code _____ Due to my present circumstance I
Telephone number _____ am contributing _____ for a
membership.

Please make cheques payable to:

Canadian Coalition Against Media Pornography,
P.O. Box 1065, Station B
Ottawa, Ontario.
K1P 5R1



Pay TV airing adult entertainment (known as softcore pornography) has nothing to offer serious Canadian actresses, actors, creative writers, producers, etc....

Pornography is inexpensive and quick to produce. It is not logical to pay for such smut. Pornography damages logical thinking. Why pay for something that is harmful for a person?

What artistic acting is there in one portraying sexual degradation for all human kind? NONE!

If people do not protest television and other media airing such brainwashing, dehumanizing pornography, other companies will try to outdo the Playboy channel.

Aideen Nicholson, MP said in the House of Commons Debates January 20, 1983 "When Pay TV was accepted, it was hoped that it would improve the level, content and variety of Canadian programming. In fact, instead of upgrading, this is likely to downgrade what is available. In view of the very competitive situation between the new Pay TV stations, we can expect other companies to try to outdo the so-called Playboy channel. In fact, this is already happening. Last week, an actress

in my constituency found that her agency had no work for her of the kind she would accept; but she could have worked on one of seven of these pornographic films."

There is enough advertising,

Why is the world becoming Is it because of money, sexual responsibility? What is happening to my world, our world?

in literature, the list goes on.... a pornography world? freedom without

Protesting pornography on the airways and other media forms is not censorship. The protesting regarding pornography is a way to say WE CARE, I CARE what happens in our world. Don't we have any rights to say what happens in our world?

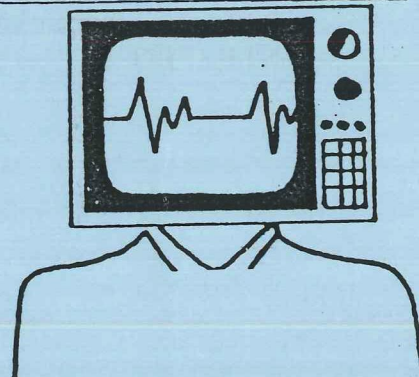
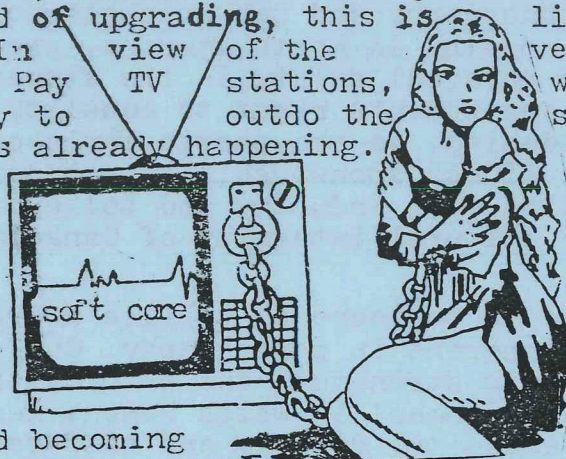
Are people going to protest by not paying for any sort of pornography or will people go to bed with pornography in their heads?

You can do what I WILL be doing, DON'T PAY for Pay TV because Pay TV will be airing pornography.

CANADIANS HAVE MORE RESPECT FOR YOURSELVES!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

Submitted by: Shiralee Phillips

TV TIME



AAB Advisory Committee on

SEX-ROLE STEREOTYPING
Complaint Notice

Sex-Role Stereotyping

Product or service:

Date advertisement appeared:

Where it appeared: TV Newspaper* Magazine* Radio Outdoor Transit Other
(*Please attach clipping)

Name of Publication or Station:

I would like to complain about this advertisement which in my opinion contravenes the Advertising Advisory Board's Guidelines on Sex-Role Stereotyping because:

Name:

Address:

City:

Zone

Province:

Advertising Advisory Board,

1240 Bay Street, Suite 305, Toronto, Ontario. M5R 2A7

Available at:
Okanagan Women's
Coalition.



VANSELOW

"Yeah . . . That's what I want. The box says that with these you can swim, ride or play tennis, and I can't do any of those things."

Background

In 1976 CAAB established a Task Force "to examine how women are addressed and portrayed in advertising carried by Canadian media". In its Report the Task Force noted that "woman is typically portrayed in a limited and traditional way in advertising". The Report identified areas of specific concern, recommended several constructive steps that advertisers, their agencies and media could take in response, and included a check list as a guide to positive portrayals of men and women.

But the problem persisted. In September, 1979, the Canadian Radio-television and Telecommunications Commission (CRTC), following requests by the then Minister of Communications and Secretary of State, David Macdonald, and his predecessor, Jeanne Sauve, the Minister of Communications, announced a Task Force to examine the same issue. This Task Force comprised members of the advertising industry and public sector representatives of recognized feminist organizations. The Task Force determined that its responsibility was to investigate the best method of ensuring that sex-role stereotyping was recognized and to develop some mechanism to correct the problem.

Public Sector Task Force members developed a consensus of concerns based on research studies from the last ten years, which showed that many advertisements are considered insulting to women. These concerns included: manner of portrayal of sexes, presence of sexes, (e.g. predominance of male authority figures), use of sexual innuendos and exclusion of ethnic and older women.

Industry Response

The advertising industry undertook to prepare constructive proposals for responding to these concerns. Past experience has shown that self-regulation, involving industry and public representatives, has been effective in changing attitudes and, further, is more flexible and less costly to administer than government regulation.

These proposals, endorsed by numerous industry associations, were presented to the Task Force and, after discussion and some modifications, were unanimously adopted.

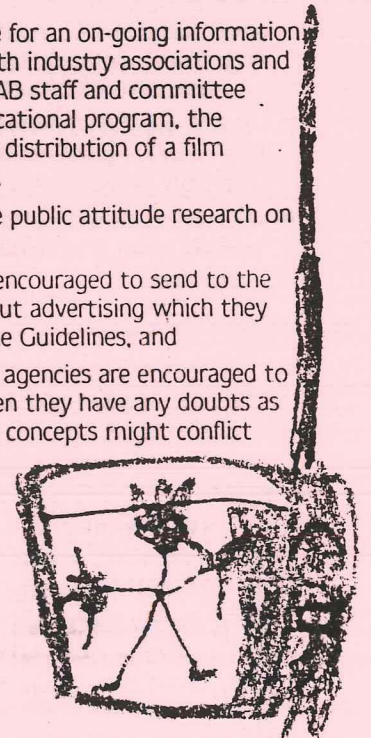
As part of the industry response, CAAB agreed to set up a special Advisory Committee on Sex-Role Stereotyping.

Committee Mandate

1. The Committee is responsible for an on-going information and "sensitizing" program with industry associations and groups, to be conducted by AAB staff and committee members. As part of this educational program, the Committee is supervising the distribution of a film dealing with the issues raised.
2. The Committee will supervise public attitude research on related concerns.
3. a) Members of the public are encouraged to send to the Committee complaints about advertising which they feel is not in accord with the Guidelines, and
b) Advertisers and advertising agencies are encouraged to seek counsel from AAB when they have any doubts as to whether certain creative concepts might conflict with the Guidelines.

A child trapped
inside a television

By: Yolanda
5 years old

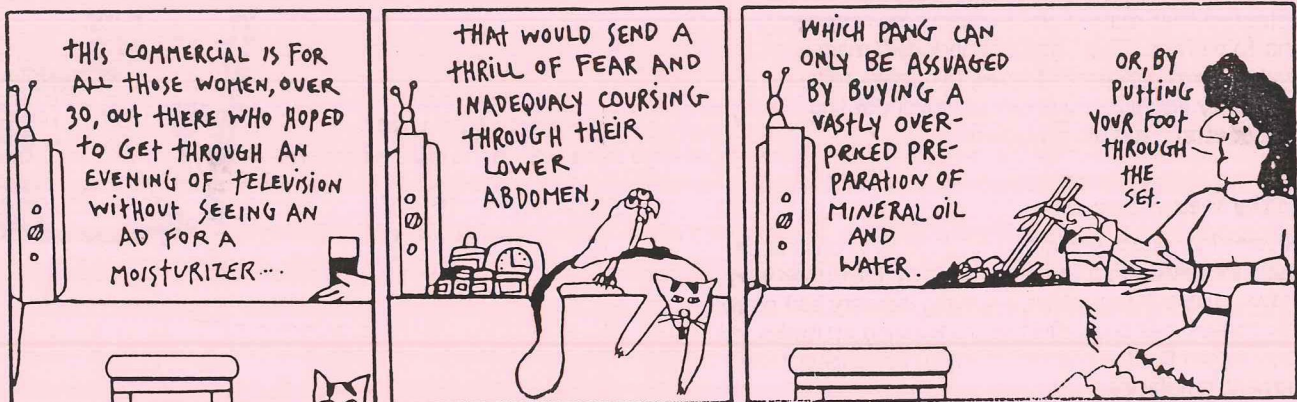


Guidelines

The following "positive action statements" were adopted by the Task Force as guidelines to encourage more realistic portrayals of men and women in advertising messages. It should be noted that while the majority of the complaints are related to the portrayal of women, the concern of the Committee is sex-role stereotyping of both sexes.

1. Advertising should recognize the changing roles of men and women in to-day's society and reflect the broad range of occupations for all.
2. Advertising should reflect the contemporary family structure showing men, women and children as equally supportive participants in home management and household tasks, and as equal beneficiaries of the positive attributes of family life.
3. Advertising, in keeping with the nature of the market and the product, should reflect the wide spectrum of Canadian life portraying men and women of various ages, backgrounds and appearances actively pursuing a wide range of interests, sports, hobbies and business, as well as home-centered activities.
4. Advertising should reflect the realities of life in terms of intellectual and emotional quality of the sexes by showing men and women as comparably capable, resourceful, self-confident, intelligent, imaginative and independent.
5. Advertising should emphasize positive personal benefits derived from products or services and should avoid portraying any excessive dependence on/or excessive need for them.
6. Advertising should not exploit women or men purely for attention-getting purposes. Their presence should be relevant to the advertised product.
7. Advertising should reflect the contemporary usage of non-sexist language, e.g. hours or working hours, rather than man hours, synthetic, rather than man-made, business executives rather than business men or business women.
8. Advertising should portray men and women as users, buyers and decision-makers, both for "big-ticket" items and major services, as well as small items.
9. Advertising should reflect a realistic balance in the use of women, both as voice-overs and as experts and authorities.

More Sylvia by:
Nicole Hollander



Composition

The Committee includes members from the following sectors:

- Advertisers
- Advertising Agency
- Broadcast
- Print Media and Three Public Members, two of whom represent recognized feminist organizations.

The Committee meets no less frequently than once a quarter, more frequently if circumstances warrant, and will publicize its activities.

The following associations have endorsed the guidelines and support the activities of the Committee:

- Association of Canadian Advertisers Inc.
- Advertising Advisory Board
- Canadian Association of Broadcasters
- Canadian Cosmetic, Toiletry & Fragrance Association
- Canadian Manufacturers' Association
- Canadian Toy Manufacturers' Association
- Grocery Products Manufacturers of Canada
- Institute of Canadian Advertising
- Proprietary Association of Canada
- Publicité-Club de Montréal
- Retail Council of Canada
- Soap and Detergent Association of Canada

The guidelines are also endorsed in principle by the Canadian Broadcasting Corporation.

English complaints and/or film requests should be addressed to:

Advertising Advisory Board
1240 Bay Street, Suite 305
Toronto, Ontario
M5R 2A7
(416) 961-6311

Les plaintes d'expression française doivent être acheminées à

Le Conseil des Normes de la Publicité
1499, rue de Bleury
Suite 200
Montréal, Québec
H3A 2H5
(514) 849-5086

N.B. On January 1, 1982, the name of the Canadian Advertising Advisory Board was changed to the Advertising Advisory Board.

Women Say The Darndest Things

An 18½ minute presentation on Sex-Role Stereotyping in 16mm Film or ¾" Videotape.

This production was created by the Canadian Advertising Advisory Board on behalf of Canada's advertising industry. Circulation to the advertising industry, colleges, universities and other interested groups is just one of the projects of the CAAB Committee on Sex-Role Stereotyping.

A Second City Review satirical spoof on game shows provides the title and opening for this presentation. Your audience will quickly move into further discussion after seeing and hearing respected industry leaders comment on this important issue. Several additional Second City satirical skits provide comic relief and make the point that Sex-Role Stereotyping is bad business.

Please read carefully, complete the attached form and send off today — we'll fill your order as soon as possible.

Preview/Purchase/Rental

All orders must be accompanied by cheque money order, payable to:

CANADIAN ADVERTISING ADVISORY BOARD

1240 Bay Street

Suite 305

Toronto, Ontario M5R 2A7

Due to high costs of shipping, and demand for the film tape, we regret we are unable to provide free previews. Preview orders will be considered as rental orders.

Rental

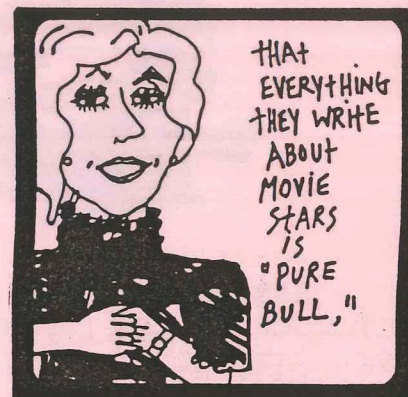
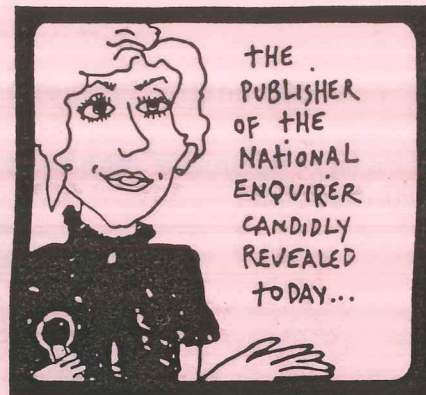
Costs noted are for 10 day period. Each additional 10 days or portion thereof, will be charged at the same rate.

¾" Tape \$15.00
16mm. Film \$30.00

Purchase

If purchase made within 3 months of preview rental, rental costs will be deducted from purchase price.

¾" Tape \$40.00
includes \$5.00 handling charge, plus shipping
16mm. Film \$200.00
includes \$5.00 handling charge, plus shipping



More Sylvia by:
Nicole Hollander

	16mm.	¾" Videotape
RENTAL	<input type="checkbox"/> \$30.00	<input type="checkbox"/> \$15.00
PURCHASE	<input type="checkbox"/>	<input type="checkbox"/>

Please indicate date required with alternative date:

1. _____

2. _____

NAME _____

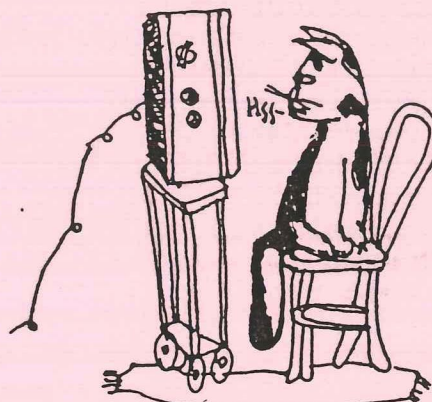
ORGANIZATION _____

ADDRESS _____

CITY _____

PROVINCE _____

POSTAL CODE _____



Are You Choosing Tampons For The Right Reasons? Read On.....

Fatal disease that is four times more likely to strike women under 30.



Some women have suffered and are suffering from toxic shock syndrome (T.S.S.) resulting from very little research on tampons when tampons were put on the market over forty years ago.

Without knowing it we all have been involved in an experiment and now we are learning what harm comes to ourselves, our bodies from experiments done by companies without women's acknowledgement.

Toxic shock syndrome illness occurs almost exclusively in menstruating women using tampons. TSS produces a variety of symptoms:

- sudden onset of a high fever with vomiting
- diarrhea
- tenderness or pain in the muscles followed by:
- decreases in the blood pressure below normal (hypertension)
- in severe cases, shock. Usually within 48 hours a fatal drop in blood pressure which is severe enough to cause kidney failure and require intensive care
- a sunburn-like rash is present during the acute phase of the illness, about the 10th day after onset
- the skin may shed particularly on the palms and soles

There is a 30% chance of this illness recurring in women who have had TSS once.

- bacteria (staphylococcus aureus) which enters the victim's blood during the menstrual period.

Other factors under investigation include:

- a chemical carbomethylcellulose, that is used in the super absorbant tampons
- changes in the material composition of tampons over the last few years, that is, addition of deodorants, chemical additives and synthetic fibres
- the possibility of a new mutation of staphylococcus aureus being implicated in TSS

S. Aureus is a bacteria; people carry it and never know it because their own body defenses prevent the bacteria from doing any harm. However, it may become a problem. S. Aureus produces toxins

Tampons (cont'd)

(poisons) that it releases into its environment; in this case, the vagina or the tampon. 5 to 15% of women have this bacteria in the vagina, but it is not known what percentage of women have this bacteria present specifically during menstruation.

Proctor & Gamble has ordered Rely removed from shelves at the request of the U.S. Food and Drug Administration (FDA). FDA has also ordered other manufacturers of tampons to affix warning labels to all of their brands of tampons.

Actions for women to take:

1. Alert other women to the risks of tampons and the potential financial benefits to tampon manufacturers of the "more frequent changes" solution.

2. Join or form women's health action groups through local women's centres.

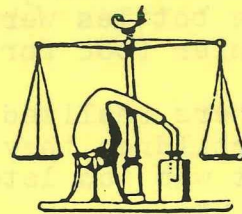
3. Write letters to the Federal government demanding that ingredients be listed on boxes of tampons and sanitary napkins; that a written warning about TSS be distributed with each box of tampons sold; that further testing of sanitary napkins, sponges, tampons by undertaken immediately.

The people to write in Canada are:

Dr. A. B. Bonson
Assistant Deputy Minister
Health Protection Branch
Dept. of Health and Welfare
Ottawa, Ontario

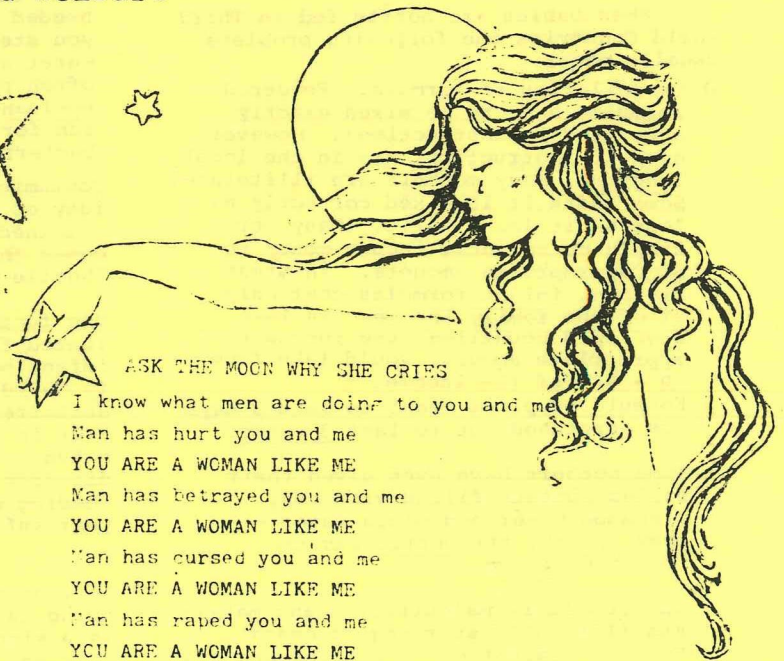
and

Monique Begin
Minister of Health and Welfare
Ottawa, Ontario
K1A 0A6



Bibliography:
Vancouver Health
Collective
ICEA News

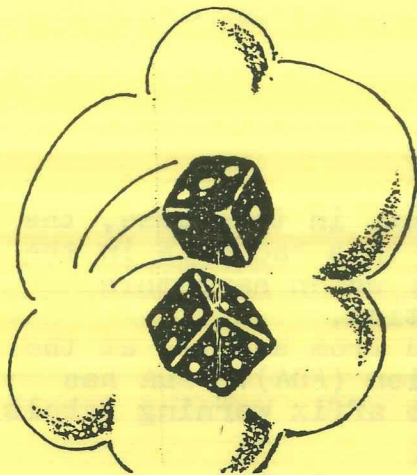
Buy a Friend a
Subscription to
TAPESTRY for
Mother's Day



ASK THE MOON WHY SHE CRIES

I know what men are doing to you and me
Man has hurt you and me
YOU ARE A WOMAN LIKE ME
Man has betrayed you and me
YOU ARE A WOMAN LIKE ME
Man has cursed you and me
YOU ARE A WOMAN LIKE ME
Man has raped you and me
YOU ARE A WOMAN LIKE ME
Man wants to destroy you and me
YOU ARE A WOMAN LIKE ME

by Shiralee



BOTTLE BABIES



INFACT Canada

10 Trinity Square
Toronto M5G 1B1

BOYCOTT NESTLE PRODUCTS

Taster's Choice, Decaf, Encore, Nescafé, Nestea, Quik, Montclair Mineral Water, Cherry Hill, Wispride, Swiss Knight, Beech-Nut Baby Foods, Libby's, Maggi, Souptime, Stouffer's, Gusto Pizza, McNeill and Libby, Crosse and Blackwell, Nestlé Crunch, Nestlé's Puddings, McFeeter's Honey Butter, L'Oréal, Lancombe.



The third world women could not afford to buy more "infant formula"; therefore would dilute the formula to make it last longer.

After Nestle peddles the "infant formula" to make women think their babies would be healthier drinking formula instead of mother's milk. (In Canada it is taught the best way to feed an infant is to bottle feed formulas and that bottle feeding is less time consuming.) The women were made to believe bottles were the main source for healthier food for babies.



After mothers realized what harm was coming to their children they tried to breast feed again. It was too late; their natural milk had dried up.

results

When babies are bottle fed in Third World Countries the following problems usually occur:

- a) Overdilution of formula. Powdered formulas have to be mixed exactly according to instructions. However, even if instructions are in the local language, many mothers are illiterate. Some think it is mixed correctly as long as it looks white. Many more simply do not have enough money to buy appropriate amounts. In Great Britain, infant formulas cost only 2% of the family income. In less developed countries, the purchase of appropriate amounts would take from 10 - 80% of the income. Formula supplies meant to last 3 days are stretched out to last 3 weeks.

Some mothers have even given their babies bottles filled with tea, cinnamon water and plain water -- they thought the bottle was the important thing.

The result is malnutrition and marasmus (literally starving to death). Even if starvation is not the end result, in a weakened and malnourished condition, infants are more susceptible to infection and disease.

- b) Contamination of formula. Conditions in many developing countries do not lend themselves to the cleanliness needed to bottle feed safely. How do you sterilize water in a gourd? The water available to many populations is often polluted. Formula mixed with unclean water and left under the hot sun for any length of time sends the bacteria count sky-high.

Contaminated formula leads to a variety of diarrheal conditions which, combined with malnutrition often becomes the marasmus-diarrheal or "bottle baby" syndrome.

The feeding of diluted and contaminated formula has caused the rise of infant morbidity and mortality rates in Third World countries. Dr. Derek Jelliffe, author of the book, "Human Milk in the Modern World" has estimated that one million babies a year die from the effects of formula feeding while ten million infants a year suffer from it.

- c) Increased fertility. For the developing nations, prolonged breastfeeding is a significant method of child spacing. Theoretically it can prevent up to 20% of births in a highly fertile community. With bottle feeding ovulation returns much faster.

From Maternal Health Publication volume 6 number 3

How Can You or Your Group Support the Nestle Boycott?

by Jeanne Rose

The Nestle Company has continued its improper marketing and promotional practices in Third World countries despite Nestle's public statements of compliance with the World Health Organization (WHO) International Code of Marketing. You can become an active part of the more than 120 organizations and the 25 million people they represent who have endorsed the boycott of the Nestle Company. Contact the Infant Formula Action Coalition (INFACT), the

boycott organizing organization, 1701 University Avenue S.E., Minneapolis, Minnesota 55414, U.S.A., for the name of the nearest local INFACT group. Also available is the Action Pack, "Breast is Best: From Policy to Practice" for \$5 (free to non-profit organizations or individuals in developing countries). The Action Pack is available in English, French or Spanish. It is a compilation of articles, background information and a skills training package on

the infant feeding issue.

You can also refrain from buying any of the products or using any of the services listed below. This listing, supplied by INFACT, is current as of July 1982. An asterisk (*) indicates those products available in Canada. The boycott has, with increasing success, had an effect on Nestle sales and profits. Continued public pressure will send the message that true compliance with the WHO Code must be forthcoming.

nestle boycott list

Chocolates

- * Nestle's Crunch (candy bar)
- * Nestle's Toll House Chips
- * Nestle's Quik
- * Nestle Hot Cocoa Mix
- * Nestle Choco'ite (candy bar)
- * Nestle Choco-Bake
- * Nestle \$100,000 (candy bar)
- * Nestle Go Ahead (candy bar)
- * Crockine (Nestle Quik syrup)

Cheeses

- * Swiss Knight
- * Wispride
- * Gerber Cheeses
- * Old Fort
- * Provolone Lacatelli
- * Cherry Hill
- * Roger's

Wines

- Beringer Brothers
- Los Hermanos
- Crosse and Blackwell

BEVERAGES

- * Nestea
- * Nestles Quik
- * Nestles Hot Cocoa Mix
- * Montclair Bottled Water
- * Deer Park Mountain Spring Water
- * Pine Hill Crystal Water
- * Los Hermanos
- * Beringer Brothers
- * Nescafe
- * Decaf
- * Taster's Choice
- * Encore
- * Beechnut Coffee
- * Martinson "
- * Bustelo "
- * Manhattan Coffee Company
- * Sunrise
- * Cains
- * Tetley Tea
- * Pero

COSMETICS, HAIR CARE PRODUCTS

- L'Oreal
- Lancome



Cooks in 3 minutes

Packaged Fruits, Soups, etc.

- * Libby's canned foods)
- * Libby/McNeil
- * Crosse & Blackwell
- * Maggi Soups
- * Souptime
- * Stouffer Frozen Foods
- * Gusto Frozen Pizza
- * Beechnut Foods—baby food, chewing gum, cough drops
- * Carefree Sugarless Gum
- * Life Savers
- * Table Talk pies
- * Salvavidas confections
- * James Keiller & Sons
- * McVities
- * Kavli Crispbread
- * Nestle Pudding
- * Nestle Cookie Mixes

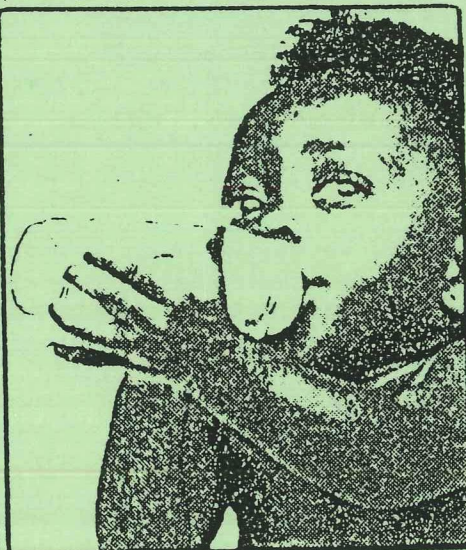
MISCELLANEOUS

- Ionax by Owen Labs
- Contique by Alcon
- Lancome

Hotels and Restaurants

- Washington, D.C.;
- Mayflower Hotel
- Atlanta, Georgia;
- Rusty Scupper
- White Plains, New York;
- Stouffer's Inn of Westchester
- Oakland, California;
- Rusty Scupper
- Denver, Colorado;
- The Pronto Room
- Fort Lauderdale, Florida;
- Anacapri Inn
- Oak Park, Illinois;
- Cheese Cellar, Scottville Square
- Cedar Rapids, Iowa;
- Stouffer's Five Seasons Hotel
- Nashville, Tennessee;
- Cumberland Club of Nashville
- Boston, Massachusetts;
- Rusty Scupper
- Minneapolis, Minnesota
- Rusty Scupper
- St. Louis, Missouri;
- Stouffer's Riverfront Towers

IDERA Flim Catalogue International Development Education
Resource Centre 2524 Cypress St. Vancouver B.C. V6J 3N2
(604) 738-8815/738-9621



Bottle Babies

switzerland
color
27 min
1975

A B C D
* 10.00 12.00 25.00 apply

Bottle Babies is a blatant indictment of transitional food companies profiteering at the expense of the children of the Third World. Feeding babies with bottles and milk powder is seen as a sign of affluence in "underdeveloped" communities. Families are willing to spend one third to one half of their income on the cans of milk powder. Companies such as Nestle, makers of Lactogen, a top selling milk powder in developing countries, are undertaking massive campaigns through radio, papers, posters, hospitals, hired nurses. Thus, the mothers have been convinced that artificial milk will produce stronger, healthier babies than their own breast milk can. What is really happening? Widespread malnutrition, retardation, infection, dehydration, death. Large sections of Third World budgets spent on milk powder imports. And, enormous profits for the coffers of transnational corporations!

Choices in Childbirth

2805-25 Street

Vernon, P.C.

V1T 4P8

Phone: 542-7067



Choices in Childbirth, a family concept from conception to birth. Responsibility and enjoyment of the birth process are introduced through prepared childbirth workshops geared to both parents. As a non-profit group we are seeking new members and have future goals which include becoming a Society. Some of our present members are affiliated with International Childbirth Education Association (I.C.E.A.), the National Association of Parents and Professionals for Safe Alternatives in Childbirth (N.A.P.P.S.A.C.), and the Maternal Health Society in Vancouver. Furthermore, Choices in Childbirth plans to become group members of these organizations. Remaining free and open to your involvement we welcome your support and encourage your future involvement.

Sincerely,
Pam Johnston, Chairwoman
Choices in Childbirth

Let Our New Platform Be: LOVING, BIRTH CONTROL, MOTHERING, BIRTHING,
REARING NATURALLY -by Catherine McDougall-

There are indeed many patriarchal values in our society which are imposed on women. Modern medicine, a primarily male dominated area, controls our general health, our depressions, our menstrual cycles, our birthings, our fertility and our children's health. Many women, myself included, have finally found an holistic way to stop unwanted pregnancies. People all over the world have been using these methods with success. It involves knowing our bodies and cycles most intimately, not in the superficial manner that our physicians know us. If women do desire to control their own bodies, the first step is to do away with out blind faith in a profession that believes it can improve on the perfection of nature.

The Berkely Health Book, a wonderful compilation of natural healing and living methods, states, "The beliefs' of the sexual revolution are merging with practices of conscious evolution. The result is a return to living in harmony with natural laws, which support mindful celebration of sexuality and conscious choices about conception." The real questions are of self-confidence and self responsibility.

The Berkely Health Book continues, "In order to move away from technology for birth control, we must undergo a radical shift in consciousness, to take responsibility for our sexuality, to revitalize our relationships and to discover our own and our lover's physiological, psychological and sexual cycles. Through natural methods of deducement -mucous, body temperature, astrological cycles, physical changes, emotional and mental changes. We can accept responsibility for the consequences of our sexual interactions and deepen our relationships with our lovers. This intimate sharing will build trust and nourish a caring attitude, the means by which true, honest intimacy grows best."

Motherhood becomes a choice rather than a millstone around our necks. The dehumanization of sex in culture and, most importantly sex education, drives us further away from creativity and meaning. In much of the literature I have perused women are described as ill-prepared as well as immature and unable to cope. This is where the women's movement should be informing young women and men of the joys of mothering and fathering, informing them of a natural way to choose a time for baby-having and encouraging strong, loving relationships. We should encourage natural childbirth, either at home or hospital, breastfeeding, for healthy babies and proper nutrition for our young brothers and sisters.

In this age we have achieved liberation fuller than ever before and in response, we must seriously consider changing and modifying some attitudes and platforms, not the least of which are mothering and family life. And we are the ones who are responsible. Morals and social attitudes change many times from age to age, but not so instinct. Innate maternal affection will ever make it woman's responsibility to be faithful to and to nurture sane, loving families.

I would like to quote one of my favorite readers, the Urantia Book. "On the present industrial and urban era, the marriage institution and the family are evolving along new economic lines. Family life has become more and more costly, while children, who used to be an asset, have become economic liabilities. But, the security of civilization itself still rests on the growing willingness of one generation to invest in the welfare of next and future generations. Marriage, with children and family life, stimulates the highest potentials in human nature and provides for the perpetuation of the human species."

- Bibliography: 1) Berkeley Holistic Health Centre - The Holistic Health Handbook xxx And/Or Press, 1978
2) The Urantia Book - Urantia Foundation, 1955

WOMEN & HEALTH— Around the World

BY FRANCES BIRDELL

Frances Birdsell attended an International Conference on Women and Health in Geneva, Switzerland in June 1981. The conference was organized by ISIS, an international feminist network. Representatives of grass-roots women's groups were invited. Frances has worked in a Women's Centre in Terrace, B.C. for a number of years and is Chairperson of the Northwest Development Education Association, with particular personal interest in women and development issues.

It was recognized by most of the participants that poor health hits women and children first. The Third World women of Africa, Asia and Latin America felt that 80% of their health problems related to poor nutrition and the scarcity of good, safe water. (You must realize that many women have to walk several miles every day to get water.)

When you're poor, you just don't eat as well as you "should". The worst wages produce the worst health. Add to that the fact that in many countries women are the last to eat, with their husbands eating first and the children next and you start to see the connections between

The women from India were alarmed because of a decrease in the sex ratio in their country. It has long been accepted that women comprise 51% of the population. The recent census in India indicated that the percentage of females had dropped to 48%. That is a startling change in a population as large as India's! The factors contributing to this were examined.

Frances Birdsell will be making a speaking tour on "Women and Health - around the World". Anyone wishing further information on the tour or on international women's health issues, please contact Frances at P.O. Box 1035, Terrace, B.C.

See coming events for when Frances will be in the Okanagan.

NATURAL FAMILY PLANNING RESOURCES

Ball, John and Nancy: JOY IN HUMAN SEXUALITY, Liturgical Press, Collegeville, Minnesota 56321, 95¢. A thoughtful little book on the meaning (as opposed to technique) of Natural Family Planning.

Billings, John: NATURAL FAMILY PLANNING - THE OVULATION METHOD, Liturgical Press (same address) \$2.25. A basic manual for learning the Ovulation Method. Includes chart and stamps for recording mucus observation.

Gillette, Nealy and Denise Guren: THE OVULATION METHOD: CYCLES OF FERTILITY, 4760 Aldrich Road, Bellingham, WA 98225 \$2.95 & 40¢ postage. A more feminist approach to the Ovulation Method and an excellent source of information on NFP.

Guay, Terrie: AVOID OR ACHIEVE PREGNANCY NATURALLY, NFP Teachers Inc. Supply House, Providence Medical Center, Rm. 201-202, 700 Northeast 47th, Portland OR 97213 \$3.50. Resource for Ovulation Method Users.

Jackson, Leah: "Natural Birth Control: Seeing the Forest and the Trees" East/West Journal 10/15/75. A good and informative article concerning NFP, particularly the Ovulation Method.

Kippley, John and Shella: THE ART OF NATURAL FAMILY PLANNING, Couple to Couple League, PO Box 11084, Cincinnati OH 45211 \$4.95 & 40¢ postage. Couple oriented, thorough coverage of the Sympto-Thermal method of Natural Family Planning.

Kippley, Shella: BREASTFEEDING AND NATURAL CHILD SPACING, Couple to Couple League (same address) \$2.95 & 40¢ postage. Emphasis on ecological mothering through breastfeeding. Discussion of returning fertility after child birth.

Lacey, Louise: LUNACEPTION Warner Books, NY: 1976 \$1.75. Personal account of how to regulate menstrual cycles through use of light.

Nofziger, Margaret: A COOPERATIVE METHOD OF BIRTH CONTROL The Book Publishing Company, 156 Drakes Lane, Summertown TN 38483 \$3.95 & 50¢ shipping. Very good coverage of all aspects of NFP with emphasis on partner cooperation, well written.

"Proceedings of a Research Conference on Natural Family Planning," the Human Life Foundation, 1776 K Street NW, Washington D.C. 20006 \$5.00. Multidisciplinary and international set of papers presented at a conference on Natural Family Planning in 1972. Out of this conference the NFP Federation of America was formed.

Shivanandan, Mary: NATURAL SEX, Rawson, Wade, Publishers, Inc., 630 Third Avenue, New York, NY 10017 (\$6.95). Discussion and history of Natural Family Planning.

Trobisch, Ingrid: THE JOY OF BEING A WOMAN Available through Couple to Couple League \$1.95 & 40¢ postage. The saga of womanhood, as espoused by a married woman who advocates a natural, simple and positive view of woman's life changes.

Newsletters:

"Integrity" c/o Margaret McGauley, No. 8 Berkshire, St. Louis MO 63117. Cost: \$3.00 per year.

"Ovulation Method Newsletter" c/o OMTA, PO Box 14511, Portland, OR 97214. Cost: \$3.00 per year.

Natural Family Planning Organizations and Teachers

Couple to Couple League (Sympto-Thermal) PO Box 11084 Cincinnati, Ohio 45211

Suzanne Kavet (Ovulation Method) NFP Coordinator Healthcare of Southeastern Massachusetts 680 Centre Street Brockton Massachusetts 02402 617-586-3800

Mercedes Wilson (Ovulation Method) NFP Guild of Louisiana 532 E. Rutland Street Covington, Louisiana 70433

Natural Family Planning Federation of America 1511 K Street, NW Suite 425 Washington, DC 20006

Natural Family Planning Teachers, Inc. 700 Northeast 47th Avenue Portland Oregon 97213

WOOMB (World Organization of the Ovulation Method-Billings) U.S. National Office 1750 Brentwood, Room 608 St. Louis, Missouri 63117

Labourer Center (ST and OM) St. Margaret's Hospital 90 Cushing Avenue Boston, Massachusetts 02125 617-436-8000 x 311

Ovulation Method Teachers' Association (OMTA) PO Box 14511 Portland, Oregon 97214

NH Natural Family Planning 95 Joe English Lane Manchester, NH 03104 603-669-5076 S.T. - Couples Only

Special Thanks to Laura Mentch of Dover, New Hampshire for these names and addresses

ADDITIONAL RESOURCES FOR NON-DEVICE BIRTH CONTROL

THE NATURAL BIRTH CONTROL Book. Art Rosenblum.

CREATION OF LIFE — YOUR CHOICE Terrie Guay

"Self-Observation of the Cervix to Distinguish Days of Possible Fertility" by Edward F. Keefe, M.D. (Couple to Couple League).

The Diamond Method, Harvey Diamond. This pamphlet tells of a patented male contraceptive method that involves manually preventing release of semen from the penis. This method has been used safely and effectively by many. A special price of \$4.00 for MOTHERING readers has been offered by the Diamonds for the pamphlet describing The Diamond Method. Write Golden Glow Publishers 2210 Wilshire Blvd., Suite 118, Santa Monica, CA 90403.



ADVERTISEMENT

Okanagan Women's Coalition TAPESTRY

Phone: 542-7531
545-6406

Tapestry Advertising Rates:

Type of Ad: _____ Classified Ads: \$1. for first 20 words plus 10c per line

Logo enclosed: _____ Display Advertising:

Business Card enclosed: _____ Business Cards - \$ 6.00

Wording desired: _____ 1/2 page - \$30.00

_____ full page - \$55.00

Layout desired: _____

Payment enclosed: _____

NAME: _____

ADDRESS: _____

PHONE: _____

Please submit sample or fact simile of desired layout



ADVERTISE IN TAPESTRY

SUBSCRIBE NOW!

I would like to receive 1983 issues of TAPESTRY

NAME _____

ADDRESS _____
Street/Box No. City Province

Phone _____ Postal Code _____

\$3.00 per year or what you can afford

\$9.00 per year organization (3 of each issue)
or newsletter exchange

donations
help

RENEW YOUR
SUBSCRIPTION

Make cheque payable to: OKANAGAN WOMEN'S COALITION
BOX 1242
VERNON, BC
V1T 6N6



Okanagan
Women's Coalition

P.O. Box 1242
Vernon, B.C.
V1T 8N8

542-7531
&
545-6406

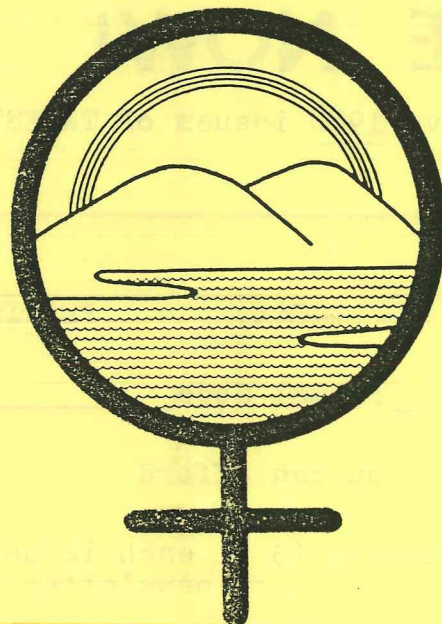
PRINTED MATTER

Canadian Women Studies
204 Founders College
York University
4700 Keele Street
Downsview, Ontario
M3J 1P3

OKANAGAN WOMEN'S COALITION

Improving the Status of Women

- * workshops
- * networking
- * outreach
- * lobbying
- * support
- * advocacy
- * resource
- * information
- * seminars
- * symposiums
- * festival
- * education
- * support



: #4 & #6
3000 - 30 St.
Vernon, BC