

O. S. O. M. M.

NEWSLETTER

I am woman, hear me roar
in numbers too big to ignore

HI!

I suppose you are wondering what O.S.O.M.M. is. It stands for " Organization of Spouses of Military Members " We are a national organization of women who have quietly and courageously put together a support group to help each of us with our unique problems. You don't have to be told what those problems are. We all share the same hassles with moves, with poor attitudes towards us as D.W.'s, with poor communication, and in general a lack of recognition as responsible contributing members of our communities. The goal of O.S.O.M.M. is to improve the status of women and to improve the quality of life for all members in their military communities. It is as simple as that.

You can bend but never break me
* 'cause it only serves to make me *
more determined to achieve my final goal.

O.S.O.M.M. is in the initial stages of organization. We have support from ECS, Status of Woman groups, and from many individuals who have committed their time and donated towards our expenses. In order for O.S.O.M.M. to work now, we must have the support of the spouses whom this organization pledges to support. Do you realize the strength of 40,000 women?

I am woman, watch me grow
★ As I spread my loving arms across the land. ★

So here we are, OSOMM - to support each other with information and to do things for one another to help us make it. We would love to promise that we will abolish poor attitudes, physical, mental, and child abuse; we would like to promise that we will have a group of friends to turn to when alcoholism, drugs or violence threatens to destroy our lives; we want to promise you that we will be there, ALL of us. A national group of women with the same DREAM! To live, learn, grow, and raise our families in happiness, peace and harmony. To achieve this goal, we have to do it together. YOU have to
HELP US GROW!

Note: The end doesn't always justify the jeans.

OSOMM WILL BE HOLDING OUR FIRST GENERAL MEETING ON TUESDAY, SEPTEMBER 11, AT 1:30p.m. at the Q-F. Adult Supervised baby-sitting will be available, refreshments will be served, door prize. Bring a friend. Entertainment. We can improve the quality of our lives within the military community. We need your support. Please attend.

SCHOOL REGISTRATION FOR NEWCOMERS

Monday Aug. 27 to Friday Aug. 31, and on the first day of school, September 4, 1984.

Classes begin on Sept. 4 at 8:45 a.m. for Kindergarten to GR.9

Lunch Hour for Grade One only: 11:30 to 1:00

Lunch Hour for Grade Two to Grade Nine: 12:00 to 1:00

Dismissal is at 3:30

For further information call 886-4451 Local 341

SCHOOL SUPPLIES

Grade 1 to 3

No supplies necessary. HB pencils with erasers may be required.

Grade 5 & 6

Ink scribblers (5). HB pencils with erasers
Pencil Crayons, Lined looseleaf paper

Junior High
Grades 7 - 9

Blue pen. 3 hole notebook 6" ruler
3 ring binder with lined looseleaf paper
pencils with erasers eraser or "white out"
pencil case (punched and fits in binder)
Compass Set Index tabs for binder
3 Hole Key tab scribblers (4) Unlined looseleaf

Grade 4

Ink Scribblers small pkg. of looseleaf paper
HB pencils with erasers. 3 Hole tabs or presentation covers

Gym

Running shoes with light soles. (no black soles)
Shorts and T shirts.

Note

Teachers may request additional supplies after the first day of school.

KINDERGARTEN

Registration and orientation meeting Aug. 28 at 7:00 at kindergarten. Both parents, no children. VERY IMPORTANT. Bring proof of age 5 years old by March 1, 1985

Note: If you laugh alot, when you get older your wrinkles will be in the right places.

CFB Penhold MIR

is not responsible for non-military members

Services in Red Deer:

Associate Clinic - 346-2057

Parsons Clinic - 343-8011

Health Unit - 343-5340 or 346-7741

POISON CONTROL CENTRE - 343-4444
RED DEER REGIONAL HOSP. EMERGENCY - 343-4941
IN CASE OF FIRE ON BASE, PMQ'S 886-4444

RED DEER HEALTH UNIT: provides a well baby care clinic, immunizations, and a free dental check-up for children.
343-5340 or 346-7741

CENTRAL ALBERTA WOMEN'S EMERGENCY SHELTER: Provides a safe home for women and children in crisis. 346-5643

CFB PENHOLD CO-OPERATIVE DAY CARE : If enough interest and support is shown in the community, OSOMM will organize a CO-Operative daycare schedule.

ACTIVITY DAY: Anyone who wishes to sign up for or register for any activity, club, organization, or Adult Education course, representatives will be available on ACTIVITY DAY. SAT. Sept. 22, 1984 at the Willow Playground. P.M. Hamburgs and Hotdogs and Pop are compliments of your community council. If it rains, it will be held at the Curling Club. Everyone Welcome.

CONGRATULATIONS TO OUR COMMUNITY COUNCIL ON completion of the BMX track. Don't Forget to Wear Your Helmets!

WHAT WOULD YOU LIKE TO KNOW? PENSIONS? SISIP? RIGHTS? ETC...
LET US KNOW. WRITE THE EDITOR
MARY ANNE JABLONSKI
BOX 54, Mynarski Park, Alta. TOM 1N0

FRANCAIS ? Voulez-vous cette publication en francais,
appelez Lucie Richardson 886-5308

WOULD YOU LIKE A DENTAL PLAN FOR DEPENDENTS OF MILITARY MEMBERS?
Watch for further information
from OSOMM

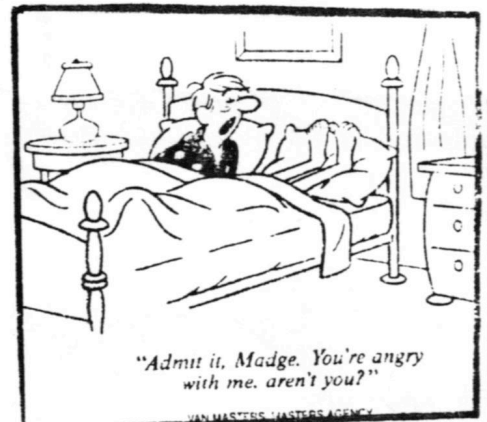
NO ONE IS USELESS IN THIS WORLD WHO LIGHTENS THE BURDEN OF IT
TO ANYONE ELSE.

Charles Dickens

First Lady of Greece Margaret Papandreou
(Who, as a girl, never dreamed she'd be a prime minister's wife):
"I dreamed I'd BE the prime minister." from New Woman

Watch for The Loyal Order of the Clump , coming soon to the
community.

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"Admit it, Madge. You're angry
with me, aren't you?"

WALTERS AGENCY