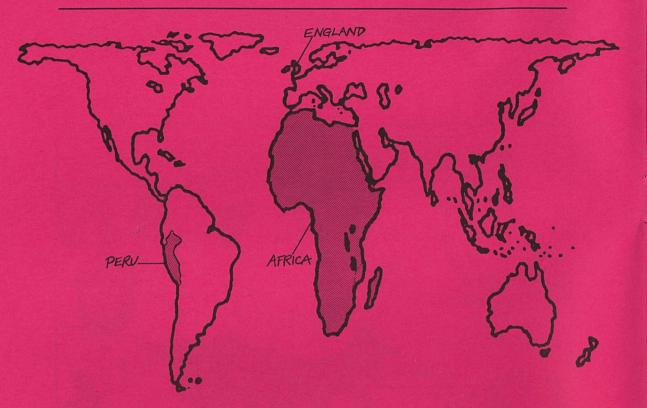
Women's Kit Booklet 1



Women's Days



This booklet is one in a series of eight. Together they make up a women's kit. Each booklet is made up of material about women's lives from the Caribbean, Latin America, Africa and England. The themes of the booklets are:

Vomen's Days	F
Childcare	И
Iealth	V
Housework	N

Finding Paid Work Working Conditions Violence in the Home Women Working Together

The kit is intended for use by women in English as a Second Language classes, literacy groups and other women's groups. We hope the kit will help women to get together to think and talk about their lives.

The following women put together the kit: Gwen Davies, Amy Gottlieb, Jenny Horsman, Linzi Manicom. With help from: Rachel Epstein, Maureen Simpkins and Lynda Yanz.

Produced: June 1987 ISBN: 0-920907-08-3

Cover graphic from: All Women Work, Flora Tristan, Peru

Women's days are often long.

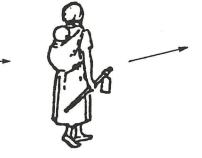
Women clean the house, care for the children and feed their families.

Many women do all these things and also grow food, or work outside the home.

This book shows what some women from Africa, Peru and England do all day.

Some women in rural Africa grow food for their families to eat. Sometimes they also grow food to sell so that they have money to buy things. They often walk a long way for firewood, for water and to farms.





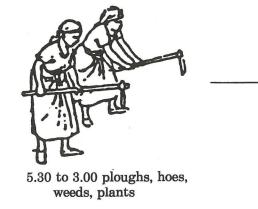
.

-

4.45 wakes up and washes, eats some left-over food

5.00 to 5.30 walks to fields

From: Women of Africa today and tomorrow, United Nations Economic Commission for Africa





3.00 to 4.00 collects firewood and comes home



4.00 to 5.30 pounds and grinds food

9.30 goes to bed



8.30 to 9.30 washes children, the dishes and herself



family and eats



6.30 to 7.30 lights fire and cooks for family

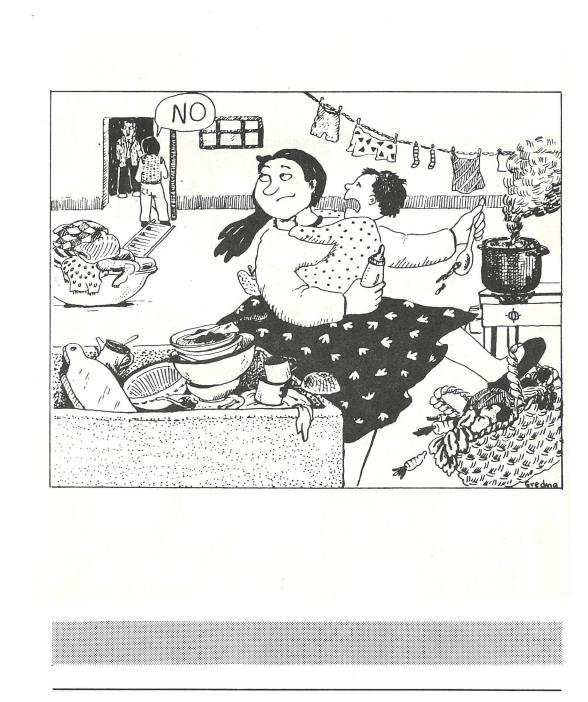


2 kilometres each way

Some women in Peru are homemakers. They work at home.

From: <u>All Women Work</u>, Flora Tristan, Peru





4

One housewife from England describes her day like this

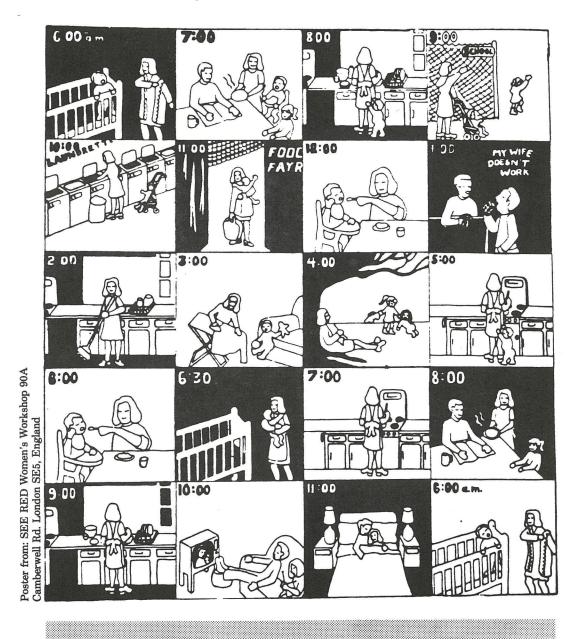
My Wife Doesn't Work

From: I Want to Write it Down, Peckham Publishing Project, England

My Job

I am a full time housewife. I work round the clock. I get no pay for what I do. I wash, cook, clean, iron and shop. I have no holidays. Sometimes I feel discouraged. E.C.

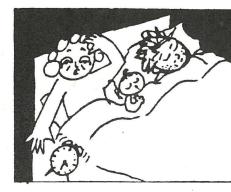
2



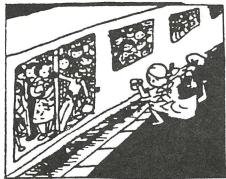
Many women in South Africa go out to work just as women do in many other countries.

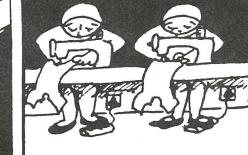
They also work in the home.

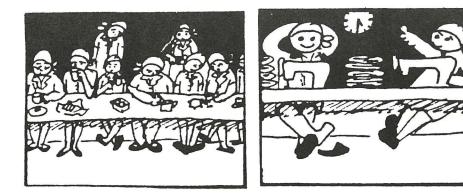
From: SPEAK, South Africa





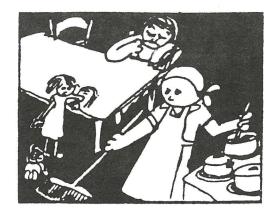












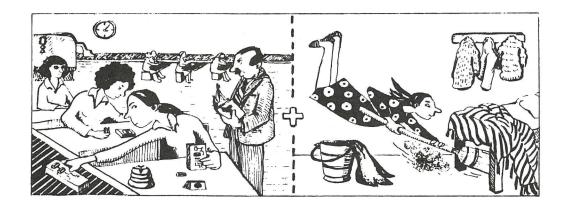


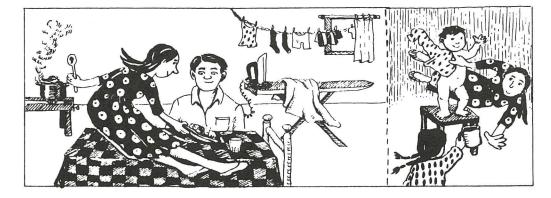


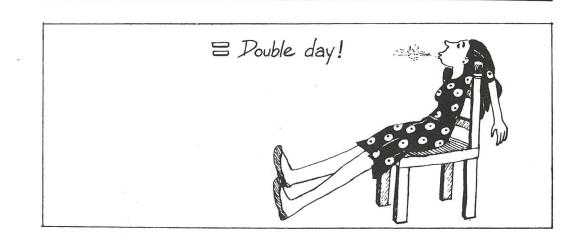


Many women around the world go out to work and work at home. This is called a 'double day'. Women in Peru describe this.

From: All Women Work, Flora Tristan, Peru







In Canada some women are homemakers. Many women also work outside the home. They do a 'double day'. Women often support children alone. Even if women need to find paid work they may not be able to.

From: All Women Work, Flora Tristan, Peru

All women work, but they work in different ways. Some women work in the countryside, some women work in the city. Some women do work that they can do in between their housework. They sell food at the market or do laundry for others.

Some women wash clothes, cook, or care for children. They work, but they are not paid. Some young women do this work for relatives. They are often not paid.

When work is not paid we do not call it a job. So when people do research to see how many men and women are working, the women who work at home for their family are not counted. But we all know that housekeeping and caring for the family is hard work. Housework is a job, even though we do not call it that. If we want to go out we have to find someone to share the work and take care of the house until we come back.

When we work outside the house we know that our work day does not end when we get home. Work at home is the work all women do. Very few men help. They think it is women's work. It takes long training to do housework well, but many men do not see this.



THANK YOU

Thank you to the many Third World groups who sent us material to use in the kit. Thanks also to the Writer's Voice group and Sally McBeth at East End Literacy; to learners, tutors and students at Parkdale Project Read and ALFA Centre; to English as a Second Language teachers: Pramila Aggarwal, Gay Bell, Nomi Wall, Brenda Duncombe and Maureen Hynes; and shelter worker, Susan Goodfellow, who all gave us feedback on the kit and helped us to improve it.

We would also like to thank CIDA, Public Participation Program for financial support.

ABOUT US

The Participatory Research Group (PRG) is a collective of activists, educators and researchers working for social change. Since 1976 we have produced a range of materials, including booklets, bibliographies and slide shows. We also produce a biannual newsletter, organize workshops and conferences and have a resource centre for public use. We work with literacy, women's and community groups, labour and native people.

The International Council for Adult Education, Women's Program is presently coordinated from the office of the Participatory Research Group, in consultation with representatives from various regions.

The Women's Program works with individuals and groups in different regions of the world who are exploring and developing popular forms of education which reflect and address women's issues. Our aim is to contribute to the development of a feminist popular education that makes connections between broad social struggles, and the personal issues and oppression women face daily.

Published by: The Participatory Research Group/ICAE Women's Program 229 College Street, #309 Toronto, Ontario Canada M5T 1R4 (416) 977-8118

ISBN: 0-920907-08-3