



888 Burrard Street
Vancouver, B.C. V6Z 1X9
Canada

GENERAL

<u>A Book About Sexual Assault</u> Montreal Health Press	Free
<u>A New View of a Woman's Body</u> Federation of Feminst Women's Health Centers	9.00
<u>A Woman's Guide to Bladder Infections</u> Emma Goldman Clinic for Women	4.00
<u>Alternative Approaches to Health and Healing</u> Vancouver Women's Health Collective	1.50
<u>Alternatives to Psychiatric Drugs</u> Vancouver Women's Health Collective	.25
<u>Estrogen Replacement Therapy: Is It For You?</u> Coalition for the Medical Rights of Women	Free
<u>Kegel Exercises</u> Vancouver Women's Health Collective	.10
<u>Lesbian Health Matters</u> Sanata Cruz Women's Health Collective	5.75
<u>Looking Out For #1: How to Spot Health Hazards on the Job</u> Public Media Canter, San Francisco	1.00
<u>Obesity: Facts and Fiction</u> K. Partridge	.50
<u>Our Bodies, Ourselves</u> Boston Women's Health Book Collective	4.00
<u>Radiation on the Job</u> The Low Level Radiation Project	2.00
<u>Safe Natural Remedies for the Discomforts of Pregnancy</u> Coalition for the Medical Rights of Women	1.75
<u>The Patient's Book: A Guide for Preparing to Use Hospital Services in B.C.</u> Social Planning & Review Council of B.C.	1.00
<u>Un Manuel Des Presses De La Sante</u> Montreal Health Press	Free
<u>What is Nutrition</u> Vancouver Women's Health Collective	.25
<u>Who Needs the Drug Companies</u> The Haslemere Group, Oxford, England	1.50

ORDERING INFORMATION

For Orders:	Postage and Handling Charges	
	Canada	Outside Canada
Under \$5.00	\$ 1.00	\$ 2.00
\$ 5.00 +	2.00	5.00
\$ 10.00 +	2.50	6.00
\$ 20.00 +	3.00	7.00
\$ 50.00 +	5.00	8.00
\$ 75.00 +	7.00	10.00
\$100.00 +	10.00	15.00
\$200.00 +	15.00	20.00

Copies of the Vancouver Women's Health Collective Brochure are available free for women's and health centres, medical clinics and all health practitioners. Please include \$1.00 postage.

PUBLICATIONS AVAILABLE

BREASTS

	COST
* <u>Breast Cancer Bibliography</u> Vancouver Women's Health Collective	.10
* <u>Breast Cancer Detection</u> Vancouver Women's Health Collective	.25
* <u>Breast Disease</u> Vancouver Women's Health Collective	.25
<u>Breast Health Packet</u> Vancouver Women's Health Collective	4.50
* <u>Breast Cancer Treatment</u> Vancouver Women's Health Collective	.25
* <u>Breast Self-Exam</u> Vancouver Women's Health Collective	.10
* <u>Fibrocystic Breast Disease</u> Vancouver Women's Health Collective	.25
* <u>Prevention of Breast Cancer</u> Vancouver Women's Health Collective	.25
* <u>What is Breast Cancer?</u> Vancouver Women's Health Collective	.25

*Denotes some information contained in Packet

MENSTRUAL CYCLE

<u>Freedom From Menstrual Pain</u> Produced by Kriana	.75
<u>The Menstrual Cycle</u> San Francisco Women's Health Center	.75
* <u>Premenstrual Syndrome - A Self-Help Approach</u> Vancouver Women's Health Collective	2.00
<u>Premenstrual Syndrome Packet</u> Vancouver Women's Health Collective	4.50

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VAGINAL AND CERVICAL HEALTH

* <u>A Book About Sexually Transmitted Diseases</u>	.35
Montreal Health Press, Inc.	
<u>Basic Self-Exam</u>	.50
San Francisco Women's Health Center	
* <u>Chlamydia</u>	.25
Vancouver Women's Health Collective	
* <u>Down There: An Illustrated Guide to Self-Exam</u>	2.00
Onlywomen Press Ltd., London, England	
* <u>A Feminist Approach to Pap Tests</u>	.50
R. Barnett & R. Fox	
* <u>Gardnerella Vaginitis</u>	.25
Vancouver Women's Health Collective	
<u>The Herpes Handbook</u>	2.50
The Venereal Disease Action Council, Portland, Oregon	
* <u>How to Douche</u>	.10
Vancouver Women's Health Collective	
<u>How To Stay Out of the Gynecologist's Office</u>	7.00
Federation of Feminist Women's Health Centers	
* <u>Pap Smears</u>	.25
Vancouver Women's Health Collective	
* <u>Pelvic Inflammatory Disease</u>	2.00
Vancouver Women's Health Collective	
* <u>Trichomonas Vaginitis</u>	.25
Vancouver Women's Health Collective	
* <u>Understanding Vaginal Health</u>	.25
R. Barnett	
<u>Vaginal and Cervical Health Packet</u>	7.50
Vancouver Women's Health Collective	
<u>VD Handbook</u>	Free
Montreal Health Press, Inc.	
* <u>Yeast Infections</u>	.25
Vancouver Women's Health Collective	

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MENOPAUSE

<u>Menopause: A Natural Process</u>	2.00
San Francisco Women's Health Center	
* <u>Menopause - A Self-Help Approach</u>	2.00
Vancouver Women's Health Collective	
<u>Menopause Packet</u>	4.50
Vancouver Women's Health Collective	

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BIRTH CONTROL AND FERTILITY

<u>Cervical Caps</u>	.50
Vancouver Women's Health Collective	
<u>The Cervical Cap Handbook</u>	4.00
Emma Goldman Clinic for Women	
<u>Diaphragm</u>	1.25
San Francisco Women's Health Center	
<u>The Ovulation Method: Cycles of Fertility</u>	3.95
Ovulation Method Teachers Association, Oregon	
<u>The Ovulation Method Charting Book</u>	4.50
Small World Publications	
<u>Safe and Effective Birth Control Does Exist</u>	.50
Vancouver Women's Health Collective	
<u>Spermicides</u>	.10
Vancouver Women's Health Collective	

DES

* <u>And Now, What? A Self-Help Guide for Women Exposed to DES Before Birth</u>	2.00
DES Action	
* <u>DES Daughters and Abnormal Pap Smears</u>	.25
Vancouver Women's Health Collective	
<u>DES Packet</u>	9.50
Vancouver Women's Health Collective	
<u>DES: The Complete Story</u>	7.00
C.L. Orenberg	
* <u>DES: The Wonder Drug You Should Wonder About</u>	.25
DES/Action Canada	
* <u>Fertility & Pregnancy Guide for DES Daughters & Sons</u>	5.00
DES Action National, New York	
* <u>Guidelines for Management of the DES Exposed</u>	.50
State of California Health & Welfare	

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ABORTION

<u>Abortion in Law and History: The Pro-Choice Perspective</u>	Free
Childbirth by Choice Trust	
<u>Childbirth by Choice</u>	Free
Canadian Abortion Rights Action League	
<u>Getting an Abortion in Vancouver</u>	.75
Vancouver Women's Health Collective	