

National CARAL
Box 935, Station Q,
Toronto, Ont.,
M4T 2P1
(416) 961-1507

Chapters

CARAL/Victoria
Box 6268, Depot C
Victoria, B.C.
V8P 5L5

CARAL/WINNIPEG
c/o 251 Garfield Street,
Winnipeg, Man.,
R3G 2M1

CARAL/OTTAWA
c/o 179 Cameron Ave.,
Ottawa, Ont.,
K1S 0X4

CARAL/TORONTO
c/o 160 The Esplanade,
Apt. 202,
Toronto, Ont.,
M5A 3T2

CARAL/LONDON
BOX 2782, Station A,
London, Ont.,
N6A 4H4

CARAL/KITCHENER-WATERLOO
237 Old Post Rd.,
Waterloo, Ont.,
N2L 5B8

CARAL/NOVA SCOTIA
Box 1594, Station M
Halifax, N.S.
B3J 1T0

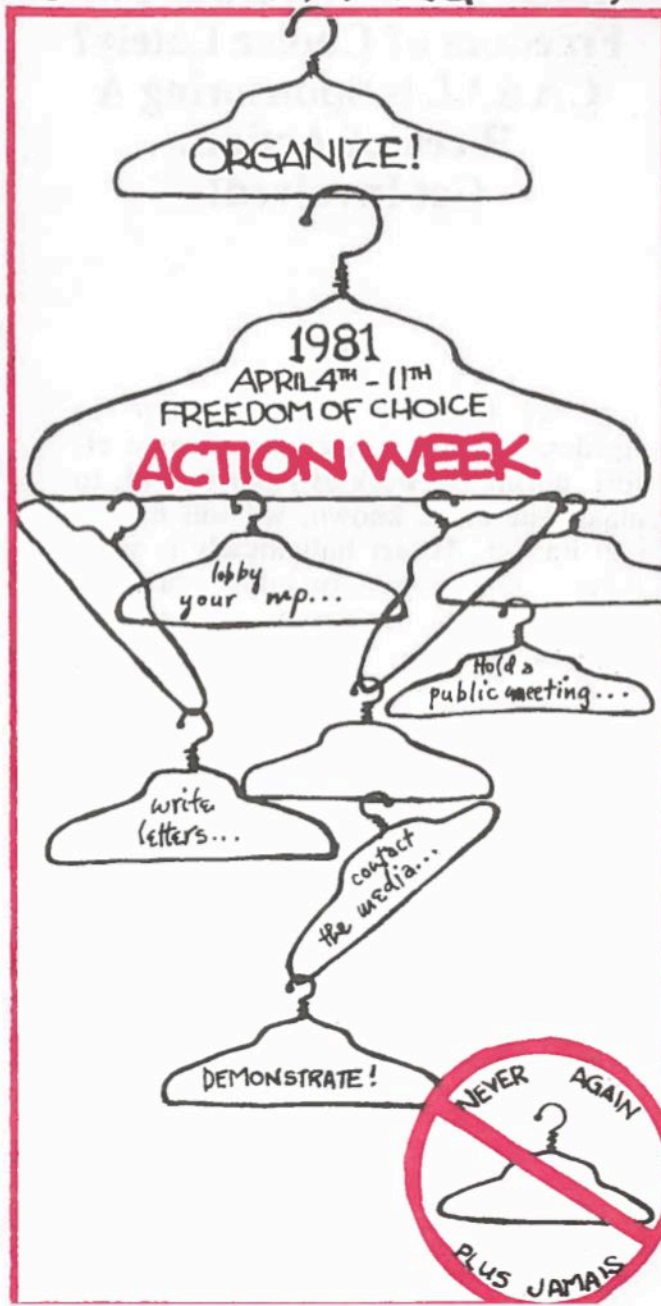
CARAL/NFLD
P.O. Box 5484
St. John's Nfld.,
A1C 5H4

CUARAL
c/o Carleton University
Women's Centre,
Colonel By Dr.,
Ottawa, Ont.

CARAL/UWO
c/o 502-1231 Richmond St.,
London, Ont.,
N6A 3C9

HALT!

COMPULSORY PREGNANCY



What Have You Done For Freedom of Choice Lately? CARAL is Sponsoring A Week of Action. Get Involved!

If we Canadians who believe in freedom of choice make a concerted effort, during the week of April 4 to 11, to make our views known, we will have a real impact. To act individually is satisfying — to act when you know you act in community with many others is exhilarating!

The following activities are just some of the things you can do. We all have our strengths — do what you're good at and do it more than once if you can.

1. Visit your MP in your riding. Go with a friend. Take CARAL literature (write us and we'll send you some). Then write us and inform us of his or her position; we need this information.
2. If you can't visit personally, call and speak to him or her.
3. If you can't speak to him or her, write a letter. You can also write to the federal Minister of Health (the Hon. M. Bégin), the federal Minister of Justice (the Hon. J. Chrétien), the Prime Minister (the Rt. Hon. P.E. Trudeau), your provincial premier, your provincial Minister of Health, your local Member of Provincial Parliament.
4. Write a letter to the editor of your local newspaper.
5. If you belong to a group, hold a meeting to discuss the issue and write letters.
6. Contact the local CARAL chapter for help and ideas (see back).

Did you know that:

1. Anti-choice represents 5% of the population (Gallup Poll of March, 1979).
2. Only 1/5 of Canadian hospitals have Therapeutic Abortion Committees (*Report of the Committee on the Operation of the Abortion Law, 1977*).
3. Politicians count their letters. Politicians tell us that they don't hear from us enough.
4. Abortion foes have tried to take over the following hospital boards to eliminate therapeutic abortion committees: Scarborough Centenary and St. Thomas-Elgin in Ontario, and Surrey Memorial, Victoria General, Lyon's Gate, and Vancouver General in British Columbia.
5. Abortion foes are trying to get provincial governments to eliminate medicare funding for abortion.
6. The federal government has cut the family planning budget in half.