

## CAAW+S SUGGESTED EDUCATIONAL RESOURCE MATERIALS

*The materials listed below offer a starting point to examine many of the issues and questions concerning women, sport, fitness and physical activity. For easy reference, the materials are listed alphabetically by title with the author and publisher in parentheses.*

*About Face: Towards a Positive Image of Women and Sport*  
(Abby Hoffman, Ontario Status of Women Council, 1976.)

*Canadian Directory of Women in Sport Leadership 1981-1982,*  
(Government of Canada, Fitness and Amateur Sport)

*Canadian Womens' Studies,*  
(Special Edition on Sport Volume 4 Number 3, 1983.)

*Canadian Youth and Physical Activity Survey*  
(Canada Fitness Survey, 1983.)

*Challenging the Men*  
(Kenneth Dyer, University Of Queensland Press, 1982)

*The Changing Participation of Men and Women in Canadian Interuniversity Athletic Union (1978-1982).*  
(Joan N. Vickers and Barbra J. Gosling, The Women's Representative Committee of the CIAU.)

*Changing Times: Women and Physical Activity*  
(Canadian Fitness Survey, Government of Canada, Fitness and Amateur Sport October 1984.)

*Everywomen's Almanac 1987: Women, Physical Fitness and Sports*  
(Everyday Collective, The Women's Press, 1987.)

*Fair Ball - Towards Sex Equality in Canadian Sport.*  
(M. Ann Hall and Dorothy Richardson, The Canadian Advisory Council on the Status of Women, Ministry of Supplies and Services, Ottawa, 1983.)

*Female Participation in Sport: the Issue of Integration versus Separate-but-Equal*  
(Helen Lenskyj, Canadian Association for the Advancement for Women and Sport and Fitness and Amateur Sport, Ottawa, 1985)

*Franc-Jeu - Vers L'egalite des Sexes dans les Sports au Canada*  
(M. Ann Hall and Dorothy Richardson, the Canadian Advisory Council on the Status of Women, Ministry of Supplies and Services, Ottawa, 1983.)

*Girls' Sport: A Century Progress.*  
(Helen Gurney, Ontario Federation of School Athletic Associations, Don Mills, 1979.)

*The Handbook of Non-Sexist Writing for Writers, Editors and Speakers*  
(Casey Miller and Kate Swift, The Women's Press, London, 1980)

*The New Ourbodies, Ourselves*  
(Boston Women's Health Book Collective, Simon and Schuster, 1984)



*Out of Bounds: Women, Sport and Sexuality.*  
(Helen Lenskyj, The Women's Press, 1986)

*Out of the Bleachers - Writings on Women and Sport*  
(Stephanie Twin, The Feminist Press, 1979)

*Repertoire Canadien des Femmes dans le Leadership sportif 1981-1982.*  
(Gouvernement du Canada, Condition physique et Sport amateur.)

*Sport Canada Policy on Women in Sport.*  
(Fitness and Amateur Sport, Ottawa, 1986.)

*The Sporting Women*  
(Mary Boutilier and Lucinda San Giovanni, Human Kinetics Publishers, 1983.)

*Women and Sports*  
(Janice Kaplan, Avon Books, 1979)

*Women and Sport: From Myth to Reality*  
(Carole Oglesby, Leas and Febiger, 1978)

*Women's Health Care: A Guide to Alternatives*  
(Kay Weiss(ed.) Prentice-Hall Ltd., 1984)

*Women, Sport and Performance: A Physiological Perspective*  
(Christine Wells, Human Kinetics Inc., 1985)

*Women, Sport and Physical Activity: Research and Bibliography*  
(Helen Lenskyj, Fitness and Amateur Sport, 1986.)