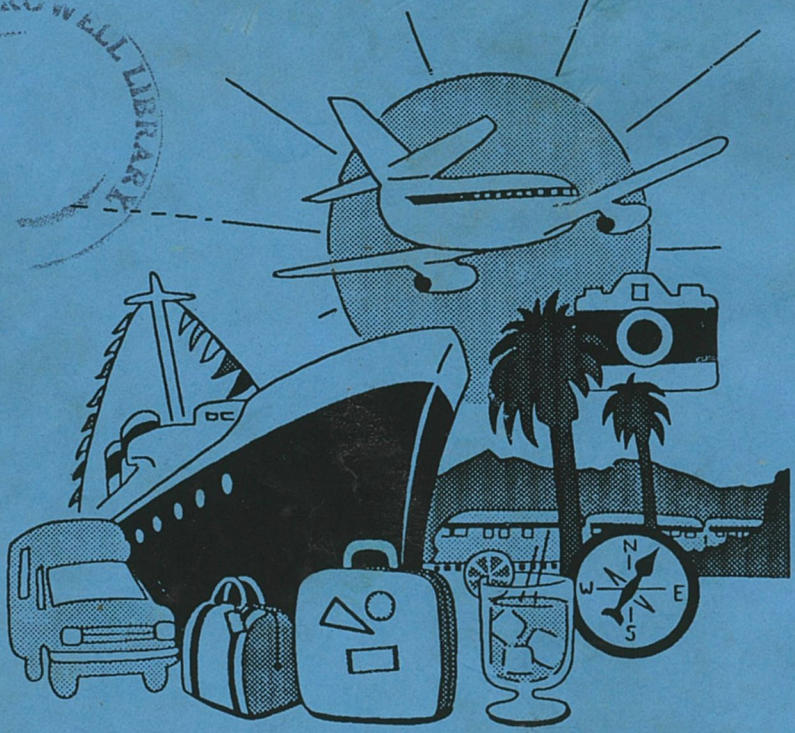
Connections: A Womyn's Monthly

Vol 1 #3; June, 1995 Halifax, N.S.

Women and Travel

NELL LANGFORD ROWELL LIBRARY



Calendher 3
Monthly/Weekly Meetings 6
Requests for Writing 7
Might you be Interested? 8
Women & Travel 14
Travelling Women get More Respect 18
Eco-Travellers Should Vanish Without a Trace 19
Reservations for One: Women's Guide to Safe Travel 20
Notes from Anita 24

Contacts

Kelly Dixon
22 Canaan Ave.
Kentville, N.S.
B4N 2A6
902-679-1051 (Call collect)

Debbie Mathers
5419 Roome St.
Halifax, N.S.
B3K 2L6
902-453-9475 (phone & fax)
E-Mail: ab218@ccn.cs.dal.ca
or: Debbie_E._Mathers@Dartmouth.MatthewsMicro.ns.ca

Note: We are looking for more contacts throughout the province, ideas for drop-off points, and always, always, always looking for input - critiques, articles, information, calendar events, comments, suggestions, questions, etc. Anyone interested in becoming involved in the oh-so-fun project of putting this newsletter together can most certainly call anytime, too.

Subscriptions

If you would like to receive this newsletter in the mail, subscriptions are ONLY $8.00 a year - to cover shipping costs. It's costing a small fortune to ship the bulk orders around the province too, so if you'd like to send a little extra, Kelly would not mind.

Advertising rates

back cover (4 3/4 x 7 1/2) — $75;
full page inside (4 1/2 x 7 1/2)— $60;
half page inside (4 1/2 x 3 1/2) — $30;
quarter page inside (4 1/2 x 1 3/4) — $15.

Advertising helps us pay photocopying costs, phone bills, travel and mailing expenses.

CALENDHER

If you know of events of interest to womyn to be included in next month's Calendher, please let us know. We believe this could be one of the most useful sections of Connections: A Womyn's Monthly, but it will only work if you send us stuff!

June

June 10 - 17: P-7 "Green Zone" The People's Summit

June 15-17: Every Damn Sunday - a Halifax Acoustic Groove Band will be performing as part of the G7 activities. They will be at the Khyber Cafe on Barrington each night as well as on Breakfast Television on Wednesday morning (14th). Admission to the performances is FREE.

June 16, 8:00 p.m.: (P-7 Event) Vandana Shiva McNally Main Auditorium, SMU. Vanadan Shiva, feminist, physicist, and philosopher of science. She has an international reputation as a consultant, writer, and speaker on sustainable economics, women's health and economic security, and biological diversity.

June 16-18: 11th Annual Multicultural Festival - Dartmouth Waterfront.

June 16-18: Bar Girls at Wormwoods' Cinema. Dir. Marita Giovanni, USA, 1994. 93 minutes. Marita Giovanni's first feature is an honest look at contemporary lesbian life in L.A. Based on a play by Laren Hoffman and starring the original cast, this subversive little comedy follows the amorous escapades of a group of women in their home-away-from-home, the Girl Bar. This has been described as a being-out, coming-out movie.

June 17, 2 p.m.: (P7 Event) "Who's Counting? Marilyn Waring on Sex, Lies and Global Economics" Wormwoods's Cinema - Gottingen. Film. Marilyn Waring is a former member of the New Zealand Parliament, a goat farmer, a university prof. and a world-renowned political economist. This documentary profiles Waring's ideas outlined in her book, "If Women Counted". With irony and intelligence, Waring exposes the absurdity of economic systems which discount the essential but unpaid work of millions of women. Organizer: Voice of Women. Admission is FREE

June 17, 6 p.m.: Concert on The Hill. Everybody's gonna be there!

June 18: Lesbian, Gay Business Expo. Astroarena, Houston Texas. Over 400 booths of businesses catering to our market. For tickets or info call 1-800-203-4597 or write Town Meeting, Inc. PO Box 66128 Houston, Tx 77266-6128.

June 19: 7 pm. An evening of Tea and Tarot at Little Mysteries, 1645 Barrington St, Halifax.

June 21: G8: Eight female comics including **Cathy Jones, Nancy White, Bette MacDonald, Sherry O'Brien. Rebecca Cohn, Halifax. 8 pm $19.50. For info call 492-2722.**

June 22-25: **Late Night Talk Show with Cathy Jones and different guests each night. 11 pm. Holiday Inn, Halifax. For info call 492-2722. Tickets $12.50.**

June 23-24: "Uncommon Women on Common Ground" in Long Beach, CA. Keynotes: Anita Hill, Anita Roddick. 2-day conference presented by Women Incorporated. For info call 1-800-930-3993.

Sat. June 24: Central Nova 2nd Annual Pride BBQ. 4:30 pm to be followed by a dance at 8pm at the Truro Lions Club. Phone 893-2579 for details.

Sat. June 24: Lesbian/Gay/Bi Rights Parade. Come one come all, Come out. The Homosexualist agenda in Central Nova is hosting a parade in New Glasgow. Parade begins at 1:30 pm at Carmichael Park in New Glasgow (near George St. Bridge). Call Griselda 485-8287, Jane/Katherine 351-2714 or Deborah 928-0279 for more details. Bring your noise makers and loud clothes.

Sun June 25: PFLAG (Parents, Friends of Lesbians & Gays) meeting in Halifax area. 2 pm. Phone Ron at 443-3747 for locations and additional information.

June 27-29: Channels for Change in Santa Clara, Calif. An event that will offer how-to panels and workshops on everything from using the internet for business to getting on boards of directors to lobbying politicians. There will be keynote speeches by Gloria Steinem and M.R.C. Greenwood, the White House associate director of science. The event is sponsored by WITI (International Network of Women in Technology). Registration is $375. For more info call 818-990-1987 or send e-mail to witi@crl.com

Women's Studies Courses:
July-August Summer School; Dalhousie University WOST4000.03A - Women & Social Change in 20th Century Latin America and the Caribbean, July 4-26, M-Th, 4:30-7:00 p.m.

Mount Saint Vincent U. WOM301/GED662 - Selected topics: Gender and Education, July 4 - August 18, Days and Times TBA.

WOM302/REL330 - Selected topics: Perspectives on Women in the Christian Tradition, July 4 - August 18, T & Th, 1:30 - 4:15 p.m.

Herstoric Calendher

On these days of the month, as you rush around trying to accomplish what may seem to some like menial tasks, take a moment to think about these events which have affected your life - in some way.

JUNE7th
Louise McKinney and Roberta MacAdam were the first women elected to a legislature in Alberta in 1917.

13th
Emily Murphy was the first woman appointed as police magistrate in Canada in 1916.

Celebrate Gay Pride!

Saturday, July 8, is Gay Pride Day in Halifax

Many events are planned, including a gay pride parade. For more information, a list of events, or to make a donation, please write to: Pride Week '95, Box 36018, Halifax, N.S., B3J 1H1

Monthly/Weekly Meetings

1st Sunday of each month. **Valley Lesbian Association**: Call Emily at 902-542-3556 for information.

2nd Sunday of each month. **Juka (N.S. Black Lesbian, Gay, and Bi Association)**. Call 429-7922 for details.

Every Sunday. **Safe Harbour MCC**. 7:30 pm in the Universalist Unitarian Church, 5500 Inglis St., Hfx. Call 454-2522.

Every Sunday. **Truro Lesbian Support Group**. 7 pm. 897-6722 for info.

Every Monday. **Halifax Gay AA**. 8:30 p.m. at St. Mary's Basilica. Spring Garden Rd., Hlfx. Call 461-1119 for details.

2nd and 4th Monday. **Humans Against Homophobia**. Meets from 5:30 - 7:00 in Rm #302 Dal Sub, University Ave, Hfx. All sexual/gender orientations welcome. Call 494-6662.

Women's Recovery Support Group meets Tuesdays 6-7:30 pm. 4th Floor Lord Nelson Bldg, Drug Dependency Office, 5675 Spring Garden Road. Hfx. Contact Kathleen Howell, 424-5920.

Outlet. Lesbians, gays, and bi's meet 1st and 3rd Tuesday in Wolfville. Charlene 542-2287 Ext. 140.

Women's Group for Young Lesbian and Bisexual Women (25 & under). First & third Tuesday of the month. Drop-in/social from 6-7 pm. Meeting at 7 pm at Planned Parenthood NS offices, 6156 Quinpool Rd., Hfx. Call Maura 492-0444 for info.

FLAG general meeting. 2nd Wednesday of each month. 7 pm, Rm F108 of the Science Library Concourse, UNB campus, Fredericton. Phone 457-2156 for details.

NGALE General Meeting. 2nd Wednesday. 7:30 pm at Newfoundland and Labrador AIDS Committee offices, 347 Duckworth St, 6th floor, St. John's. Bring a friend. 579-8656.

Last Wednesday. **Central Nova Lesbians and Gays Group** regular meeting. Call 893-2579 for details.

Every Friday. **Stepping Out Al-anon**. 7:30 pm, 6225 Willow St, Hfx.

GLAS (Gays and Lesbian Association for Support) every 1st and 3rd Sat. 7:30 pm in the Student Common Rm. Grenfell College, CornerBrook. 634-1066 for more info.

Requests for writing:

Wanted works from Black lesbians for anthology of coming out stories. Form can be journal entries, autobiographical fiction, poetry or whatever way the words came together to describe your coming out. Send submissions to: Lisa Moore, PO Box 861, Decateur, GA 30031. Deadline: June 30, 1995.

An anthology by lesbians about the men in our lives - brother, father, son, friend. We encourage a diverse mix of women to write about their (good or bad) relationships with the men in their lives. (5,000 wrds). Write Countering the Myths from within and outside. Women's Press #233-517 College St., Toronto, Ont. M6G 4A2 Deadline June 30, 1995.

Black Lesbian Magazine: Da Juice! is looking for essays, poetry, rap, recipes, slides, photos, etc. on the experience of Black dykes. Deadline July 15, 1995. contact P.O. Box 156 Station P, Toronto, ON., M5S 2S7 or call 416-423-8031.

Harvard Review: The Harvard Educational Review is publishing a special issue on the topic of lesbians, gays, bisexuals, and transgendered people in education. This call for papers is being encouraged by the editorial boards in response to the growing climate of homophobia. Deadline Sept. 1, 1995. 617-495-3432 or fax 617-496-3584
Anthology exploring fat oppression and experiences of fat lesbians. Stories, poetry, essays, cartoons, etc. Deadline October 15, 1995. Contact: Womyn at Large, 340 Howland Ave, Toronto, ON., M5R 3B9

Author of forthcoming book, "Secret Lives, Secret Loves", seeks submissions from couples or partners who are still in the closet. How has this affected your life and relationships with family and friends in particular? For more info or for a questionnaire, write Joanne at 10 Pondsview Dr., Willowdale, Ont. M2J 4B4 and confidentiality is assured.

Looking for Lesbians to complete questionnaire or interview for Master's thesis. Confidential/anonymous. (314) 846-9364 collect or call & leave message.

Recovering Feminists Wanted!!! Women & Recovery: Surviving, Thriving & Reclaiming Your Body, Mind & Spirit. 48 pg qtrly pub, encour-

ages, supports, & informs women who are confronting emotional, physical, or spiritual challenges. Want your stories, poems, photos. We pay $$. Sample issue $5. Sub $24/yr. SASE for guidelines, ad rates, wholesale/bulk prices. W & R, POB 151947-7, Cupertino, CA 95015-1947.

Might you be interested?!

Year-round work exchange at women's B&B (LOO, Hawaii). Rural area near Hilo & Volcano Nat'l Park. Housekeeping, yard work. Prefer healthy/happy/energetic/nature-loving women. Commitment of 1-3 months. Butterfly Inn, Box J, Kurtistown, HI 96760 or call (808) 966-7936.

Writers & Artists: This summer, work exchange half day for studio time and space and $60/week food contribution at the Women's Art Colony Tree Farm, Poughkeepsie, NY. Beautiful country setting, your own room, communal life with women artists. For info send SASE to Kate Millett, 295 Bowery, New York City, NY 10003.

Atlantic Women's Fishnet. Is a group which would like to form a network of women in the Atlantic provinces concerned about the fishery and the current crises in our coastal communities. Women's voices have been excluded from government, research and planning in regard to the fishery. We operate as a collective and would like to hear from groups and individuals who are interested in exchanging information and working together to help each coastal community weather the fisheries crisis. Contact: Brenda Morash. 40 Scott's Rd., McGrath's Cove, N.S. B0J 3L0

Book Drive: The N.S. NDP Youth Wing has organized a book drive to provide for the Alliance Girls High School in Kikuyu, Kenya. So far they have collected over 500 books for shipment to Africa. Currently, they are seeking sponsors to pay for shipping the books, and yes, still collecting more books if you have any of those you would like to give. The school has no books to speak of to fill the new library completed by the government, so any and all reading materials are needed and welcomed. Call Catherine at 423-0343 or Michael at 422-3079 for more info. or to give money or books.

Slow Pitch Baseball League is being formed in Halifax area with a planned start-up for June. Lists will be posted at Le Cruz, The Stonewall Tavern, The Red Herring Co-op Bookstore, and the AIDS Coalition of N.S. Office. It will be a non-competitive league and everyone is welcome. For more info call Bill at 422-0435.

Volunteers are needed to work shifts at the **Red Herring Co-op Bookstore**, 1578 Argyle St., Halifax. (902) 422-5087 or drop by.

Call for entries for this October's **St. John's International Women's Film and Video Festival.** To be eligible, the production must be womyn-authored either as writer, director, or producer. In the past this festival included much lesbian-specific and lesbian positive work. To receive a submission form write: St. John's Women's Film & Video Festival. PO Box 984, St. John's, NF. A1C 6C2. Fax 709-772-4808, Phone 709-772-0358. Deadline is July 15th.

Peggy's Festival Volunteers needed. Peggy's Festival of queer film and video is seeking new members and volunteers to work toward future Peggy's events. Contact Catherine at 429-7299 or Michael at 425-5486.

Groups & Organizations

Women & AIDS Project, The Lord Nelson Arcade, 5675 Spring Garden Rd., Suite 300, Halifax, N.S. B3J 1H1; 902-429-7922 FAX 902-422-6200

Dalhousie Women's Centre, 6143 South Street, Halifax, N.S. B3H 2J7 902-494-2432; resource library, referral service, meeting space, events, and more.

Chrysalis House, a safe place for women and children who are the victims of domestic violence. We provide a 24 hour crisis line and 24 hour staffing. Chrysalis House is a safe, comfortable living environment for women and children for up to six weeks. The staff also provides supportive counselling, help in understanding the legal and social services systems, group support, and a space to share experiences. Kentville. 24 Hour Crisis Line 679-1411. Business Office 679-6544.

The Red Door, a medical centre specifically designed for youth. Our goal is to provide education and information on topics ranging from relationships and emotional problems to birth control, pregnancy, and sexually transmitted diseases. The staff is non-judgemental and understanding and practices a policy of confidentiality. Located at 28 Webster Court - Behind the Cornwallis Inn. 679-1411 House hours are limited but you may call and leave a message any time.

Heart to Heart, Digby. Self-help group for women survivors of childhood sexual abuse. Confidentiality ensured and expected. For serious inquiries, contact Wanda at 245-2077 or Debby at 245-2750.

Metro Area Women With Disabilities (MAWWD), is a group of women challenged by physical and attitudinal barriers. We are networking to increase public awareness of our abilities and to improve the lives of all women with disabilities through fuller participation and integration into our communities. For information on upcoming meetings, please call 477-3297.

The National Women's Reference Group (NWRG) on Labour Market Issues was established in 1991 to act as an advisory body to the women's representative on the Canadian Labour Force Development Board (CLFDB) on women and training issues. Joan Jones is the newest NWRG member, appointed as interim representative from the National Visible Minority Council on Labour Force Development. Joan is a community worker with Metro Legal Aid in Halifax and writes a weekly column for the Halifax Daily Paper. She can be reached at 17 Catamaran Rd., Halifax, N.S. B3P 1Y2 or call 902-477-2019 (Home), 902-420-3452 (Work), or fax 902-420-2873.

Valley Health Shuttle: 825-4824. 29-33 Commercial St., Middleton, N.S. B0S 1P0 Hours: M-F 8-4 p.m. Free transportation to anyone who doesn't have their own available transportation to enable them to keep medical appointments in Halifax or Dartmouth. Bookings must be made as far in advance as possible. The shuttle is operated on a first-booked, first-served basis and priority is given to residents from and including Bridgetown to Aylesford. Others will be put on a waiting list. The shuttle operates from Monday to Friday year round and stops at the Valley Drug Mart in Middleton and Kingston and at Needs in Aylesford. Individuals on medication should ensure they carry a 24 hour supply in case of unexpected delays (e.g. bad weather).

Centre for Women in Business: "Realistic support, encouragement, and information" Starting or expanding a business? The centre provides opportunities to network, learn, and talk about business. Call 902-457-6449.

The Nova Scotia Advisory Council on the Status of Women Resource Centre houses a variety of information on topics by, for, and about women. The collection is split into three parts: Main Collection — books, reports, documents. audio and video cassettes; Clipping Binders — the most up-to-date newspaper clippings, periodical articles, broichures, news releases; Newsletters and Periodicals — about 50 different newsletters and periodicals from women's organizations across Canada. Open from 9 to 4 Tuesday to Friday. Contact Gillian Salmond at 424-4187 or 1-800-565-8662 (toll-free in NS).

Electronic Information Highway

Because the lists for the electronic information highway will be ever growing, each issue will only give updated listing, not everything on file. Once a year I will publish a complete listing, but I haven't figured out yet, which month that will be. Stayed tuned for more details!

PAR-L : A bilingual feminist Policy (P), action (A), and research (R) listing (L). to subscribe send the message Subscribe par-l *Your First Name Your Last Name* to listproc@cacsw.ca. It is important that you leave the subject line in the memo black. To post a message on the list, send it to par-l@cacsw.ca. If you want to communicate with a human instead of a machine, you can send messages to the moderators at mode@cacsw.ca.

Committee on homophobia, U of T. Send to jarvis@psych.toronto.edu

EGALE: equality for g & l everywhere. Send to 72450.750@compuserve.com

Log -in To The Free Net for FREE
Free Info Sessions: Wednesdays from April 5 - June 28 7:30 p.m. If you'd like to get started on the Chebucto Community but don't know how, register for a Community training session in the Main Library computer room, Halifax City Regional Library. Volunteers will take you through the simple steps needed to access and use the Community. If you do not already have an account you can register during these sessions. No computer is required for these 90-minute intro sessions. Advance registration is required — space is limited. Call Ken Burke at 421-7673.

seekers
IMPORTS
A place to visit, browse, seek, find
Birkenstocks • Clothing • Jewellery
Accessories • Local Folk Art
Box 677, 324 Main Street
Wolfville, NS B0P 1X0
Ph: 542-5055 Fax: 681-1579
Deb Harvey
Joanne Garby
Sherry Brown

Women's Resources

Canadian Congress for Learning Opportunities for Women (CCLOW)
A National Voice for Women's Education & Training in Canada
A voluntary feminist organization with networks of members in every province and territory. The networks provide the opportunity for CCLOW members to work on local issues around women's education and learning. Local networks also provide input to the policies developed by the Board, which is made up of elected Directors representing every region in Canada. Membership ranges from are available 47 Main St., Toronto, Ont. M4E 2V6. 416-699-1909 or fax 416-699-2145.

Women's Action Coalition of Nova Scotia (WAC)
Consisting of only groups. A member group will consist of five or more women. A provincial body with a unified voice therefore a stronger voice on issues in common to women.
WAC of N.S. PO Box 9436 Station A, Halifax, N.S. B3K 5S3

Pictou County Women's Centre
Sixth Floor, Maritime Building, Provost St., PO Box 964 New Glasgow, N.S. B2H 5K7 755-4647

National Action Committee on the Status of Women
Canada's largest feminist organization. With over 500 member groups, NAC represents a broad based, diverse coalition fighting for women's equality. For more info and to order a membership package call 1-800-665-5124 or fax 416-759-5370. Mail to Membership Coordinator, Andrea Ritchie, 57 Mobile Dr., Toronto, Ont. M4A 1H5

Canadian Research Institute for the Advancement of Women (CRIAW)
To promote the advancement of women through feminist research
To encourage and facilitate communication and information exchange among academic women, community workers, women's groups, and concerned individuals
To disseminate research results through publications such as the CRIAW Papers, Feminist Perspectives and conference proceedings.
To sponsor and assist research in areas of vital interest to Canadian Women. For more info, to obtain a publications list, or become a member: Write CRIAW/ICREF 408-151 Slater St., Ottawa, Ont. K1P 5H3 613-563-0681 or 613-563-0682

Digby-Annapolis Women's Network (D.A.W.N.)
POBox 1029, Digby, N.S. B0V 1A0

MATCH:
International Centre is a women's organization guided by a feminist vision of sustainable development which recognizes the diverse realities of women and respects their efforts at self-determination. For more info write MATCH International Centre 200 Elgin St., Suite 1102, Ottawa, Ont. K2P 1L5 Tel 613-238-1312 or fax 613-238-6867

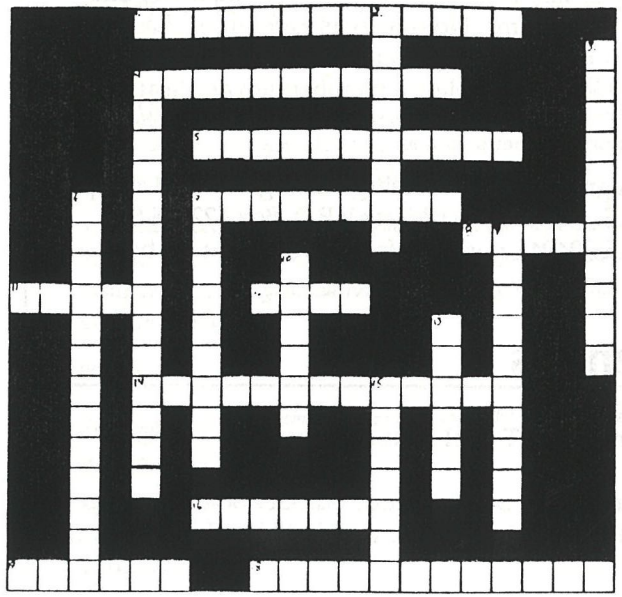
Antigonish Women's Association
222 Main St., Antigonish, N.S. B2G 2C2 902-863-6221

Institute for the Study of Women
Mount Saint Vincent University. 166 Bedford Highway, Halifax, N.S. B3M 2J6 902-443-4450 Ext. 348

N.S. Native Women's Association
PO Box 805, Truro, N.S. B2N 5E8 902-893-7402

Public Legal Education Society of N.S.
1127 Barrington St., Suite 103, Halifax, N.S. B3H 2P8 902-423-7154

Second Story Women's Centre
9 Dominion St., Bridgewater, N.S. B4V 2J6 902-543-1315



ACROSS
1. Author of Outrageous Acts & Everyday Rebellions
4. Women who fought for women's right to vote
5. Murdered gorilla scientist
7. The Queen Mother
8. Blue-haired Simpson on T.V.
11. Discovered Radium
12. Goddess
14. Author of The Well of Loniness
16. N.S. Women's Newletter (of late)
17. Milk secreting gland
18. The Womyn's Curse

DOWN
2. Female hormone
3. Matron of the ecosystem
4. "Ain't I A Woman?"
6. Drink named after famous young actor
7. Singer-"Bring Me Some Water"
9. Black lesbian poet/author
10. Two-sided axe
13. Female warior of legend
15. Lost womyn aviator

Women & Travel

Written Resources

She Travels: 3 issues a year for $15.00. Canadian magazine for women travelers. Box 6142, Whitehorse, Yukon. Y1A 5L7 403-399-4019

Journey Woman: A Networking Mag for Female Enthusiasts: a new magazine from Toronto of women writing about women-friendly places to go. Editor Evelyn Hannen. Tel 416-929-7654 or fax 416-929-1433. $22.50 yr for Subs.

Our World: International lesbian and gay travel magazine with exciting features, colour photography, in-depth departments, worldwide destinations, exclusive travel listings. 56 page, all glossy format. 12 issues $52. Sample copy $5. Send cheque or money order, VISA, MC.

Mi Casa Su Casa: Lesbian & Gay Home & Hospitality Exchange: a worldwide vacation network, exchange houses/apartments for an agreed period of time, anywhere from a weekend to a few weeks to a few months. While you stay in a member's home in their city and country, they stay in your home. No money is exchanged. Each party continues to pay their own mortgage/rent as usual. You must buy an annual membership fee and complete a membership application. P.O. Box 10327 Oakland, CA 94610 (510) 268-8534 Phone (510) 268-0299 Fax

Women's Traveller: A great book with a large listing of travel companies and tour groups. (U.S., Canada, Caribbean): P.O. Box 422458 San Francisco, CA 415-255-0404 or order it from your favourite bookstore.

Resource Centres

International Lesbian & Gay Travel Association: 1-800-448-8550

Avenues of Adventure Travel Service: Your Full-Service Travel Agency. 1-800-934-5245 or 818-576-0264 or write to 227 W. Las Tunas Drive, San Gabriel, CA 91776

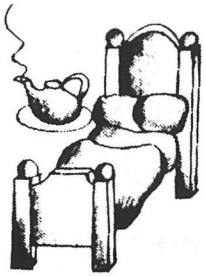
Our Family Abroad: We'll show you the best of Europe, Asia, Africa, South America and the U.S in a totally gay-sensitive, gay-friendly, yet uniquely discreet environment. For a free brochure or reservations call 1-800-999-5500.

Hostelling International: Explore Nova Scotia or around the world on a budget with Hostelling International. For reservations and information call 902-422-3863.

Travel CUTS: Students Travel Halifax 902-494-7027 St. Mary's University Student Union Building Halifax, N.S. B3H 3C3 or Dalhousie University 902-494-2054 Student Union Building B3H 4J2

Alternative Communities Across America - welcome visitors. Live in the country with womyn and men who value equality, ecology, and nonviolence. Free info: Federation of Egalitarian Communities - East Wind, Box B5, Tecumseh, MO 65760. 417-679-4682.

Fresh Start
bed & breakfast



OPEN ALL YEAR

A comfortable, century-old house with an informal atmosphere. The teapot is always on. Breakfast as you like it.

Situated directly across from Admiralty House Museum. Within walking distance of Citadel Hill, Fort Needham Park and the historic Halifax Waterfront. Leave your car with us and take Metro Transit to many other interesting places.

PLUS...

Special events and theme weekends during the winter months.

HOSTS:
Innis & Sheila MacDonald
2720 Gottingen St., Halifax, B3K 3C7
(902) 453-6616

No Smoking

ELLE LANGFORD ROWELL LIBRARY

Internet — Travel

Women's travel on the Internet, huh? Sounds simple. Go to a web searcher, type 'women travel,' and surf till your heart's content. Wrong!

Here's an unfortunately representative sample of my search results:

Address: http://www.slip.net/~wade/fantasy.htm

keys: women

excerpt: FANTASY ISLANDS: A Man's Guide to Exotic Women and International Travel. When I went overseas in 1984 my problems with women changed. I went from the problem of finding any woman, to deciding which woman. IF THIS IS THE KIND OF PROBLEM YOU'D LIKE TO HAVE, READ ON I know it can be frustrating looking for the right woman - I was frustrated for 15 years. Maybe I wasn't the best-looking, most athlet...

There is a little bit more for you if you're a queer woman on the 'net. Try this web site:
http://www.cyberzine.org/html/GLAIDS/Travel/travelpage.html

It's the CYBERQUEER LOUNGE TRAVEL

I followed a connection to:

CAMP SISTER - MISSISSIPPI * [5]2ND OVETT PRESS RELEASE FROM ROBIN TYLER Memorial Day weekend work support,

and read:

On January 17, 1995, consensus was reached regarding Memorial Day Weekend. (Friday, May 26 - Monday, May 30th). That weekend a thousand gays and lesbians from all across Americal will ride to the aid of a lesbian family and their besieged property outside Ovett. Camp Sister Spirit has been exposed to an ongoing, radical-right-inspired campaign of violence, harassment, intimidation and death threats.

If you would like to join this historic weekend, go to Camp Sister Spirit, to help clear the land and aid in building, you can call or write UFMCC, 5300 Santa Monica Blvd. Suite #304, Los Angeles, CA 90029 Attn. Project Camp Sister Spirit or call Frank Zerelli at (213) 464-5100, ext. 212.

Although participants will be helping work the land for the 4 days, they will also have the opportunity to participate in workshops, singalongs, swimming, services — in other words, not only four days of helping our sisters, but also four days of celebration and joy. "We have marched on Washington and celebrated 25 years of Stonewall in New York. America must know that this was not a 'phase of activism' — that we shall continue the struggle all over this country until civil rights are extended to everyone," said Tyler.

Sounds like a cool vacation to me!

A better suggestion than web surfing is to subscribe to electronic mailing lists of interest to you. That way you will get to know people with common interests from all over the world, who can help you when the time comes for you to travel. They may even offer you a place to stay! It's a great way to meet people.

To find out about mailing lists, you can read news.answers, a newsgroup on which someone regularly posts lists of mailing lists. Or, you can point your web browser at
ftp://rtfm.mit.edu/pub/usenet/news.answers/mail/mailing-lists
to get the huge long list of lists. The Queer Resources Directory also operates a smaller list of lists of interest to lesbians and gay men. It's at:
http://www.qrd.org/QRD/electronic/email/

Finally, if you want a travel agent, you can find one on the 'net. Just enter 'travel' as your search word in your web browser. I don't know if virtual agents' prices are better than 'real' travel agents'. That's for you to discover.

Greetings from the Net!

~~~
~~~

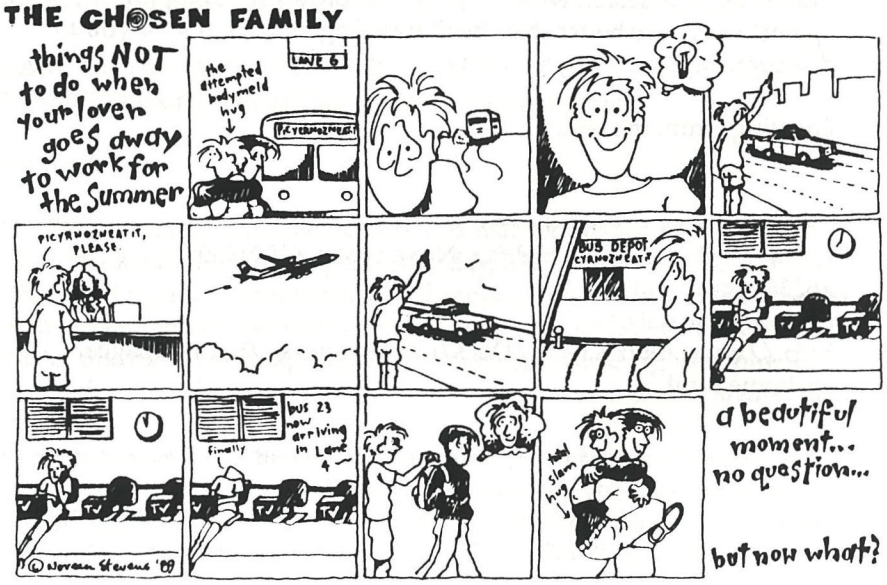
Travelling Women Get More Respect

Judy Rebick has travelled extensively across Canada while working for the Canadian Hearing Society and as president of the National Action Committee on the Status of Women. She says travelling is now an entirely different experience for women. "In 1976 they just didn't think that a woman travelled on business. You were getting hit on all the time. I've seen an enormous change, especially in how you're treated. You're treated with a lot more respect."

But travelling still isn't always easy for women. Mary Tibando, national marketing manager for TransCanada Freezers Corp. in Toronto, says she's had to become street wise, "because there are a lot of bad numbers out there, and some of them are dressed in suits." "I make it a point that the bellman knows me. I tip the staff at the front desk and in the lounge, because they usually seem to know who's in the hotel. If they see anyone following me, they certainly would send someone right away."

Ann Checkley, spokesperson for Canadian Pacific Hotels and Resorts, says it was initially assumed Gold Floors, as the chain calls its privilege floors, would attract top-level executives because of the higher cost. "As it turns out, female business travellers are willing to pay this premium in order to be comfortable."

— Excerpts from an article by The Canadian Press printed in the Chronicle Herald on Sat. Aug 8, 1992.



Eco-Travellers should vanish without a trace

With more and more travellers exploring environmentally sensitive areas of the world, it's becoming critical that "eco-travel" be based on sound environmental principles. Concerned consumers can identify eco-sensitive tour companies by asking some pertinent questions.

How much educational information is offered? Those expeditions truly concerned with preserving the environment are well informed about their destinations and seek to educate their travellers as well.

Ask about group size (groups of fewer than 12 participants are less disruptive and make travelling more pleasant) and the equipment used. Whale watching from a kayak or a sailboat, for example, is less disruptive than a motorboat tour. How does the tour organizer deal with such issues as campfires, waste and garbage while the tour is under way?

Preserving the human and cultural environment is important, too. Find out what the tour operator's relationship is to the local community. Are local guides being employed? Does the company use local products and locally operated facilities where possible? You might also ask for references from previous clients. Endorsements by an organization such as the World Wildlife Fund is another favourable indication. Conscientious travel companies will have a policy of philosophy stressing the importance of preservation and "no-trace" visits, and some participate actively in research and conservation.

— Susan Thorne
From Canadian Living magazine, January 1991. Pg 125.

Murray Manor
Bed & Breakfast
Yarmouth, N.S.

Joan Semple
902-742-9625

Reservation For One: A Women's Guide to Safe Travel

Sponsored by the Victoria Women's Sexual Assault Centre
Funded by Canada Employment and Immigration Suzanna Seto Reward Committee.

More and more women are travelling alone for business and pleasure. It is our right to enjoy all that our destinations offer by day and by night. Here are some tips on how to give yourself more confidence about your safety without giving up your right to live and travel freely.

Before Leaving Home

- Purchase portable door and windowlocks - they can be purchased at many hardware and travel accessory stores.
- Robbery often leads to sexual assault. Displaying expensive jewelry or large amounts of cash attracts thieves. Consider leaving irreplaceable jewelry at home. If you are taking more jewelry with you than you can wear at one time, use the hotel safe. Traveller's cheques and money belts protect you against total losses in case of theft. An empty purse may lead a robber to suspect you have money hidden elsewhere. Split cash reserves between your handbag and hidden money pouch. There are a variety of easy-to-wear styles, many less than $15.
- Advise a close friend, trustworthy neighbour or colleague of your proposed route and your departure/arrival times.
- Tell anyone taking your calls how much information you want given out regarding your absence and whereabouts. Ensure that the name of your hotel and room number are not casually disclosed. Instead, make arrangements to have messages passed along.
- Plan your route. Obtain maps in advance to familiarize yourself with street names and locations you will be visiting.
- Pack lightly so you can manage your luggage without help.
- Use luggage tags with flaps so a casual glance at your tag will not reveal your name, address or destination. Use your initials and your business address rather than your home address.
- If you are planning to arrive late, it is best to have a guaranteed hotel reservation, otherwise your room may be given to someone else. When making a reservation, inquire whether the hotel has shuttle bus service from your point of arrival.
- If you are planning to use a park-and-fly lot or valet parking, be sure that you can give the attendant a spare ignition key so that you do not hand over your entire key chain with your home and office keys.

Transportation
On Foot

- Check with hotel clerk, tourist information centre or police about the general reputation of the places you plan to visit.
- Plan your route in advance to include well-lit areas, busy with pedestrian traffic. If you need directions, ask a clerk in a store for assistance rather than someone lingering in the street.
- Walk confidently. Wear clothes and shoes that allow you to run if necessary. Be aware of your surroundings.
- If you think you are being followed, change directions or walk into a restaurant or store.
- If someone initiates an unwanted conversation on the street, you have the right to end it by firmly telling that person that you do not wish to talk.
- Don't be intimidated. Trust your instincts.

By Car

- Ensure that your car or rental car is in good mechanical order. Check lights, wipers, brakes and tires. Make sure that your gas tank is always at least half full.
- Keep your car doors locked at all times.
- Before entering the car, check the back seat to make sure no one is hiding there, even when your car was locked.
- If you open your window for ventilation, open it only part way.
- Don't hide spare keys under the hood or inside the bumper; experienced car thieves know where to look.
- Don't stop to help a stranded motorist. Rather, stop at the next service station and call for assistance.
- In case of car trouble, it is best to leave the car only to raise the hood. Stay in your locked car. If assistance is offered, open window slightly and ask that the police be notified. If you feel threatened by a stopping motorist, tell him police have been called and are on their way.
- Hitchhiking is extremely dangerous and is not recommended. If, however, you have no other option but to hitchhike, follow these precautions:
    - Don't feel embarrassed about refusing a ride if you feel uncomfortable about the driver.
    - Refuse to get in a car with more than one man. Check the back seat to see that no one is hiding.
    - Avoid getting into a camper or van. It is easy for other passengers to hide inside.
    - Refuse to get in the back seat of a two-door car.

- Before getting in the car, ask the driver where he is going and if he is vague or unclear, refuse the ride.
- Before you get in, check the interior of the car for any evidence of alcohol or drugs. Make sure the driver is sober and fully dressed.
- If you decide to accept a ride, know how to operate the door and seatbelt.

Taxi

- Taxis are a good way of getting around a busy city, even if you brought your car, since you will arrive at the door of your destination, avoiding the problems of parking and walking through dark areas.
- Sit in the back seat of a taxi. Don't assume all taxi drivers are 100% trustworthy. Be alert to the route taken. Make a note of the driver's identification card so that in case of a problem, a report can be made.

Public Transportation

- Sit near other women or the driver, if possible.
- If you are not sure of your stop, ask the driver to announce it.
- If someone is harassing you, stand up and loudly tell him to stop, then notify the driver.

Accommodation

- Register using your first initials or hand the clerk your business card so that your name is never spoken.
- Ask for a room on an upper floor, and near an elevator, where you will not have to walk down a long corridor. Attackers prefer rooms near stairwells because they provide an easy isolated escape route.
- Ask for all keys to your room to prevent someone from obtaining a key.
- Tell the front desk clerk and switchboard not to give out your room number under any circumstance, but to take a message for you.
- Avoid displaying room key if it bears the room number and hotel name.
- Ask the front desk clerk if security is available at night. If not, find out if the front desk stays open all night. Know how to contact security.
- Have a bellhop accompany you to your room to ensure that no one is in your room. You may do this when you are first checking in, as well as returning late at night.
- Do not enter your room if you are being followed or if there is someone suspicious lingering in the hallway near your room.
- If you enter your room and someone is there or you notice suspicious signs, leave the room immediately and contact hotel security. If you are already too far into the room to get out, don't block an intruder's escape.
- Don't get into an elevator if you feel suspicious about the occupant(s).
- When using the elevator, stand near the controls so that if you find yourself in an uncomfortable situation you can push the alarm button or the button for the next floor.
- Be wary of persons seeking access to your room claiming to be service people. Don't open your door until you have verified with the front desk that they are hotel employees.
- Keep your hotel room double-locked at all times even when leaving the room for a few minutes. Chains can not be relied on. They are easily broken. Use door viewers instead.
- Deadbolt locks with a 1-inch or 25-mm throw are most secure. Spring latches are easy to pry open.
- Check that sliding glass doors and windows have auxiliary locks or bars.
- Verify that all locks on windows and doors are working. If not, inform the front desk and insist on another room.
- Keep your windows and sliding glass doors locked. Draw the curtains when changing.

Recreation

- Always carry extra cash for unexpected phone calls or taxis.
- Dining alone should be an enjoyable experience. Sit with your back to the wall so that you have a full view of the restaurant and its patrons. Enjoy the restaurant's atmosphere.
- If you don't wish to be disturbed, let your waiter/bartender know. Sit at the bar or a table in view of the staff.
- You can refuse free drinks and notes passed to you through the bartender.
- Many large cities have nightclub tours. These offer the opportunity to visit several clubs with a group while providing all transportation.
- Use discretion in conversations with strangers. Don't advertise the fact that you are travelling alone or casually disclose your travel plans. Arrange to meet acquaintances in a lounge or another public place rather than in your room.
- When you arrange to meet a new acquaintance, note your destination and his/her name on paper and leave this in your hotel room. If possible, also tell a friend or colleague of your plans.

Notes from Anita (who's travelled a lot)

General

- Travel as light as possible
- If you are crossing a border, register any articles of value as they could be confiscated if an immigration officer thinks you purchased them during your trip. Articles can be registered at a customs office (if available) in your home town or when crossing the border the first time. Keep the certificate with you.
- Pockets and backpacks are great since they leave your hands free.
- It's useful to get contacts in the place you are travelling to.
    - Ask friends and relatives for names and addresses before you leave.
    - Check the women's travel books.
    - Check the Lesbian Connection magazine.
    - On arrival, call libraries, hot-lines, AA groups, help lines, gay lines, alternative bookstores, Internet connections to information.

New York

- Very hot and muggy in summer. Spring and Fall are great for travel. Best time is Canadian Thanksgiving.
- Bathrooms are hard to find unless you buy something.
- If you have money there are lots of things to do. For cheaper alternatives call the Y's, gayline, etc.

Southern California

- Lots of outdoor recreation, especially easy access to beaches
- Can get extremely hot
- Large alternative community
- Prices vary extremely
- Great American/Mexican food and salads

Vancouver

- Large alternative community, very active women's centre
- Weather varied but not extreme
- Second largest Chinatown in North America
- Rain common, carry an umbrella or rain gear

Colorado — Denver

- Large alternative community
- Very open in parts
- Beautiful mountain area

Nevada — Reno and Los Vegas

- Great outdoor terrain
- Weather up to 160° in summer, but dry and air conditioning everywhere
- Great interesting alternative community and large clubs
- Don't forget the nickel gambling machines — they last longer and so do you
- Food is extremely inexpensive in most places
- Lots of things for the whole family, free shows, etc

Georgia — Atlanta (New York of the South)

- Incredible weather with few rainy days "sprinkled" in
- Beautiful landscape
- Huge alternative community, open and free spirits pervade
- Life styles vary from richest to poorest
- Extremely interesting and happening place
- One of the largest international multicultural markets
- Attitudes free and easy, relatively inexpensive

New Mexico — Albuquerque

- Extremely dry climate
- Large alternative community, university life prevalent
- Lots of inexpensive functions and activities
- Huge flea markets on weekends at State Fair grounds
- Balloon fiesta for two weeks in the fall with approximately 1500 balloons
- Wild scenic view from the mountains any time, but especially at night
- Hot springs in mountains; ghost towns
- Rent a car or bike and enjoy
- Very little rain, large open skies and great sunsets

Recipe's For You (by Marj Lynn)

HUMMUS
(not the best thing to have before an important appointment!)

1 can Garbanzo beans (chick peas)
1/4 c. Sesame tahini
1 tbs. Real wine vinegar (to taste)
2 tbs. Lemon juice (to taste)
1/4 c. Olive oil.
1/4 tsp. Cumin
1/4 tsp. Coriander
(Red pepper to taste - optional!)
2 cloves Whole bulb of minced garlic (I looove garlic - but its up to you!)

Basically, all you do is throw the ingredients in your food processor and buzz it until it's a mushy mess! You can have it chunky style or smooth by adjusting the amount you process it and how much oil and lemon you add! Don't forget to drain & rinse the garbanzo beans! It helps towards a sweeter smelling environment!

Goes great with pita bread or crackers!!

Enjoy.

NEXT ISSUES

We are currently looking for information on the following topics for the next three months.

July: Magazines, Newspapers, Publishers, etc.

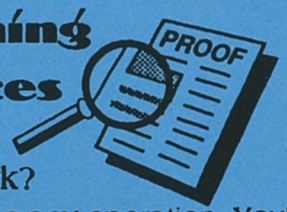
August: Womyn's Music and Videos.

September: Women In/And Education

If you have any information or know of any resources on any of these subjects, please contact us. We'd love to hear from you.

MacAmazing!

Desktop publishing and office services



Overwhelmed? Too much work?

A demanding workload can bog down any operation. You're getting behind. MacAmazing has the computer resources and the experience to help you when there's too much to do.

Special project? Presentation?

Give your important documents the attention they deserve. Stay on top of what you already have to do and use our resources to complete extra tasks.

Need print design or production?

Combining copy and graphics in a fashion that's visually appealing and easy to read is important if you are to make an impact. MacAmazing knows how to make your print look good.

Tight budget? Cost conscious?

MacAmazing can save you money *and* be flexible and responsive. It's a home-based business that passes its savings on to you.

MacAmazing can help you

- ad and page layout, business forms, book design
- conference & special event planning
- brochures, flyers, newsletters, newspaper supplements
- typing, proofreading, graphs& charts
- mailing lists, mail preparation & data entry
- writing services, office help, Mac tutor

Debbie Mathers

5419 Roome Street
Halifax, Nova Scotia, B3K 2L6

902-453-9475

The T-shirt. Its History & Growth!!!

Alternative Screenprinting

- During WWI, cotton t-shirts were worn by the military and Navy men under the wool tunics for comfort.
- A tremendous growth curve in T-shirt sales began slowly in the U.S. circa 1950. With movies like 'A Streetcar Named Desire' and 'A Revel Without a Cause' the appeal of the T-shirt was brought to the masses.
- The trend continued through to the 1960s when T-shirts emblazoned with California leisure messages, "hot car" prints and surf board designs became all the rage.
- By the mid-1960s, the T-shirts became a powerful voice for the disenchanted; slogans such as "Stop the War!", "Black Power!", and "Women's Rights Now!" allowed people to voice their demands and feel part of a collective group that they could identify with.
- By the late 1960s the T-shirts evolved into the de rigeur wardrobe of most popular (and even not so popular) rock stars. They strutted around on stage wearing decorated T-shirts. Eventually, their managers began marketing their designs in concert hall lobbies to fans.
- Soon this ignited the demand for all entertainment souvenirs including sports, theatres, and musics. Now the tourist demands a souvenir T-shirt wherever they travel. The big attraction of the T-shirt is that it is accessible by price to all incomes.

As well as being a medium for messages, the T-shirt has also become a great palette for artists.

Alternative Screenprinting For your group, organization, team, circle of close friends, family, etc. *Alternative Screenprinting* is *the* choice for your T-shirt, sweat-wear, uniforms, banners, jackets, crests, etc. In operation since February 1990, I try to offer high quality work with a quick completion time at competitive prices. I will do all I can to accommodate your needs, including pick-up and delivery. As a political activist screenprinter, I maintain a policy of refusing any artwork that promotes any form of hatred or bigotry or supports drug or alcohol use.

As well as doing bulk orders (12 or more shirts) I print my own or other artists' designs to sell at conferences, workshops, etc. I maintain a small inventory in my workshop and hope a catalogue will be out soon.

For inquiries, orders, or questions, call Kelly (collect) at 679-1051. Or stop by for a visit. Kentville is really not THAT far away!!!

Alternative Screenprinting 679-1051