

News Cetter

NOVEMBRE

Lette Circulaine



A NOTEZ

Les q réunions
qenerals des
membres prend
place le deuxième
et la dernière
mardi du mois.
Prochaine Reunion:
Mardi, le 10 Nov.

7:30 p.m.



NOTE

Membership
meetings are held
the second and
last Tuesday of
cach month. Your
input is needed!
Next meeting:
Tuesday, Nov. 10
7:30 p.m.

Don't Buy IRWIN TOYS

- * On June I7, I04 workers at IRWIN TOYS in Etobicike went on strike for a first contract.
- *The majority of workers are women and most make the minimum wage
- * After months of fruitless negotiations the company offered five cents above the minimum wage, no seniority rights, no benefits.
- * In other words, no union. Like Fleck, Radio Shack, Fotomat and Blue Cross, women are pitted against a multi-billion dollar employer for the right to a union.
- * An American strike breaking company has been hired to help bust the strike. They drive transports, truck scabs through the picket lines. Their security guards snap pictures of picketers and demand police escorts for scabs.

With the help on women s groups and trade unionists, we can win union rights. Without a union women have no rights at all Support your sisters at IRWIN TOYS.

RESOURCE CTTEE REPORT

We are now exchanging publication subscription with several magazines and newsletters: Women Healthsharing, Broadside, Grapevine: The newsletter of the Lesbian Mothers' Defence Fund, Hysteria, Voices: a survival manual for wirmin, Action Daycare Women in Trades (Sudbury). The North Bay Women's Centre, Spirale: A Woman's Art and Culture Quarterly.

These magazines are all down at the Women's Centre and subscription forms for each are available. Each month, we will talk about a different magazine.

Spirale: A Woman's Art and Culture Quarterly

Spirale comes to us from London, Ontario, and is published by Womans spirit Art Research & Resource Centre. Volume 1, Number 1, the Summer 1981 issue, contains an interview with feminist musician Heather Bishop, information about other women's cultural groups and magazines, an article on lobbying the federal government, articles on women and art and a resource list of studies available. Altogether a very interesting contribution to our knowledge of woment and art in Canada.

The new president of the Sudbury Women's Centre is Susan Ellis. Many of you may not know Susan because she just moved to Sudbury in June. Come to the next general meeting - Tuesday November 10, at 7:30 p.m. - and meet her:

JOB DESCRIPTION

Co-ordinator required for the Sudbury Women's Centre who can further the aims and purposes of the Women's Centre and liaison with social agencies in the community.

Apply in writing to Box 121 Stn. B. by October 31.

Att. Hiring Committee.

The Women and Multinationals Conference held October 16, 17, 18 in Sault Ste. Marie was great! Most of the weekend was spent developing strategies for organising. We met some wonderful women from other nothern communities. Sudbury women agreed to host(ess) the next conference in late April or early May.

Women Helping Women is hosting a social at the Women's Centre on Thursday, November 19, 7:30 p.m. The first two videotapes produced by Women Helping Women will be shown - "Alternatives to Hysteria", Parts 1 and 2. Coffee and cookies. Everybody is welcome.

WOMEN IN ACTION WORKSHOPS

for further info call Women's Centre 673-1916

- Nov.6 7:30 Fertility Awareness
 Helen Daily, counsellor in Natural Family Planning in
 Kitchener will be the speaker.
- Nov.18 7:30 <u>Maternity in the Workplace</u>
 Ann Morrison, community legal worker from Sudbury will be the speaker
- Nov.21 All Day Group Skills
 Diane Marino of the Participatory Research Group in
 Toronto will conduct the workshop. If daycare is
 required please preregister by Thursday Nov. 19, and
 bring a lunch for the Kids.
- Dec 5 All day Reproductive Rights

 Michelle Dore and Carolyne Egan from the Birth Control

 V.D. Centre in Toronto will present a film and conduct
 the workshop. Please preregister for daycare by Thursdy Dec . 3

YOGA FOR WOMEN

6 wk. course, MONDAYS - 7 to 9 p.m. at the Women's Centre

Beginning: Monday, November 2

Cost : \$12.00

Instructor: Donja Jarrett (information 674-6027)

This course is designed specifically for women, with concentration on benefits for the female anatomy. Basically the purpose of Hatha Yoga is to completely tone, relax and revitalize the entire system and to help you control and relax the mind. You will learn a series of poses, breathing practices and relaxation techniques. Wear loose-fitting clothing or leotard and bring a blanket, towel or mat to the first class.

Are you interested in finding out more about addiction to tranquilizers and alcool? There will be an information session and presentation of a Health and Welfare Resource Kit called "It's Just Your Nerves" at the Women's Centre at 7:30 p.m. Wednesday, Nov. 4.

The next meeting of Women in Trades is Monday, November 30, 7:30 p.m. at the Steel Hall. For further information, call Janna Carlson, 560-0479.

CLC Demonstration

The Canadian Labour Congress (CLC) has called for a massive demonstration in Ottawa on November 21 to protest the everrising interest rates and the state of Canada's economy.

The CLC is stressing the fact that any organization or individual who agrees with the protest is welcome to join the labour movement in the demonstration.

This is an opportunity for all of us to show the federal government that we are tired of high interest rates, inflation rates AND high unemployment rates (to name a few items). Anyone interested in going on the trip should contact the Labour Council at 674-1223 for information.



RAPE CRISIS CENTRE

Meeting: Nov 3, 1981

7:30 p.m.

Place : Sudbury Women's Centre

38 Beech St.

(behing Odeon Theatre)

Purpose: We received a grant to enable us to sponsor,

organize a public forum on sexual assault.

Tentatively planned for January 1982.

Volunteers needed! Please come.

The eighth annual Christmas Gift and Craft Sale of the Y.W.C.A. will be held Thursday, November 12 at the President Hotel (Mayfair Ballroom) from 12 noon to 9:00 p.m.

On sale will be, knitting, crocheting, weaving, woodworking, jewellry etc. made by local artists. There will be a bake table and refreshments will be served.

Admission is \$1.00 and all proceeds go to the Y.W.C.A. residence program. Hope to see you all at the sale.

News letter committee - Marylou Marray, Kathleen Howes, Francine Arseneault, Arjalane, Linda George, Donja Jarrett, Sue Byron, Laurie McGauley.

BOOK REVIEW --

Daddy's Girl by Charlotte Vale Allen

This book, largely autobiographical, is the story of a daughter who, from the age of 7 until 17, was sexually victimized by her father. During these years the girl told no one of her "Secret", and it was not until she grew up and moved away from her father's home that she was able to tell of her experience. In the foreword to this book, the author tells us that she has tried to write the book many times, over the years, but that it was not until some 20 years after the events that she was able to tell the whole story.

The author grew up in Toronto with her two older brothers, her mother and father. She describes the homelife as being a constant war between all the family members. When the father began to victimize his daughter, the house was more peaceful; and, the little girl felt that she had to continue to have sex with her father or else the battles would start again—and be her fault. And at first the girl liked her physical relationship with her father because she desperately wanted the warmth and affection which was so otherwise lacking in the home. When she realized that contrary to her father s assurances, not "all daddies and little girls do this", her father continued to hold power over her first by bribing her with money and favours, and then by telling her that if they were discovered they would both be jailed. All of these psychological pressures kept Charlotte quiet and acquiescent for many years.

Charlotte speaks clearly of her self-hatred during those years. She was convinced that she was fat and ugly and stupid. She was insecure and wanted desperately to be normal. As a girl, she had an over-whelming compunction to please, to be liked. And when she began to date men, she was sexually passive and pliable. She thought every man capable of sexual attack, and says, "Any one of them could have done it and in perfect safety because I wouldn't have dared to tell. I believed that men could do just about anything to women and we'd simply bear it".

Charlotte Vale Allen sees herself as fiercely independent, selfsufficient and solely responsible for her survival as a victim of
incest. Indeed, she is a strong person and should be admired for
her fight. However, it is precisely because of this defiant
individualism and inability to identify with other women that this
book does not rise above its status as a "confession" novel. She
gives no advice to women who are struggling to resolve a similar
part. She doesn't tell us how to recognize signs of sexual abuse
in other children. Amazingly, when her father goes to live with
her brother and young children, the author doesn't even warn her
brother, and the result is that her young niece is sexually abused.
This seems like a sort of perverse "Queen Bee Syndrome" where the
author says, "I made it on my own, so should you."

Katheleen Howes

FIGHT for the DIRECT GRANT

and MORE SPACES NOW!!

- -THERE ARE SIMPLY NOT ENOUGH DAY CARE SPACES!
- -DAY CARE WORKERS' WAGES ARE APPALLINGLY LOW!
- -FEES FOR PARENTS OF DAY CARE CHILDREN ARE MUCH TOO HIGH:

Join us & DEMAND:

- -DIRECT GRANTS TO NON-PROFIT DAY CARE CENTRES FOR EVERY CHILD ENROLLED!
- -10.000 NEW SUBSIDIZED SPACES IN ONTARIO BEFORE JANUARY 1982!
- -PROVISION OF STARL-UP GRANTS OF \$100 PER CHILD TO ASSIST IN ESTABLISHING NEW CENTRES!

The Campaign for Desparately Needed Changes is Just Beginning! here are some ways to help

- * COME TO THE NEXT ACTION DAY CARE MEETING ON THURSDAY November 26 AT 8 P.M. at 19 Carr Street in Toronto. (Corner of Carr St. and Dennison St., entrance at Dennison) There we will plan how we can continue the fight.
- * PHONE OR WRITE FRANK DREA (965-2341, or c/o Queens Park) AND YOUR OWN M.P.P.
- * ORGANIZE A MEETING AT YOUR DAY CARE CENTRE, WORK-PLACE OR NEIGHBOURHOOD CENTRE. ACTION DAY CARE CAN PROVIDE A SPEAKER FOR THE MEETING.
- * JOIN ACTION DAY CARE AND SUBSCRIBE TO OUR NEWSLETTER.
- * CALL US AT 362-1033 to FIND OUT WHAT YOU CAN DO TO HELP IN THE FIGHT FOR BETTER DAY CARE.
- * ENDORSE THE CAMPAIGN BY COMPLETING AND RETURNING TO ACTION DAY CARE THE FORM BELOW.

I/WE	endorse the
Direct Grant Campaign. You are/You are not	welcome to use my/our
name on literature pertaining to this campaign. I/WE would li	ike to join Action Day Care
and receive current publications.	
Address	Phone

7.	NOVEMBRE	8	+ (vi.c.)		NOVEM	
DIMANCHE/SUNDAY	M REGNOW / IGNNT	Mard: /Tuesday Me Sexual Assoult	Mereredi/Wednesdy Se	Sendi / Thursday	Hendredi / Friday Samedi / Saturday Fertility Awareness Work shop	Samedi/Saturdey
8	9er 1:	qeneral membership meeting 7:30 10		Yw.ca Christmas craft sake 12 noon	12:30 Workshop Committee	7 4
-	16	Mater Work Work 1:30	place chop	Women helping Women Social 7:30	20	Group SKills Workshop
22	penen meet 7:30	meeting 7:30 24		26	27	28
	Women In Trades 7:30 'Spel Hall'					
29	30	6-E-C-S				

Un Poste est Ouvert au Centre

Une co-ordinatrice est besoin au Centre des Femmes pour travailler selon les buts et desseins du Centre et faire des liaisons avec agences locales de notre communauté. Postulez, pour cette position en écrivant à Box 121 Stn. B. par Octobre 31. Att. Hiring Committee.

Report du comité de bibliotèque ressource

Nous sommes maintenant en train d'échanger notre lettre circulaire avec d'autre publications de magazines et lettres circulaires: Women Health-sharing, Broadsible, Grape-vine la lettre circulaire du Lesbian Mother's Defense Fund, Hysteria, Voices: a survival manual for winnin, Action Daycare, Women in Trades (Sudbury) The North Bay Women's Centre, Spirale: A woman's Art and Culture Quarterly. Ces magazines sont tous au Centre des Femmes et des formes de souscription sont disponibles. Chaque mois nous discuterons une publication différente.

SPIRALE: A Woman's Art and Culture Quarterly. Spirale nous viens de London, Ontario et est publié par Woman-spirit Art Research and Resource Centre. Volume 1 Numéro 1. l'issue d'été 1981, contien une intervue avec musicienne féministe Heather Bishop, de l'information sur d'autre groupes culturelles féministes, des articles sur les femmes et les arts et une liste de ressources des études disponibles sur les femmes et la culture. Entierement une contribution très interessante à notre connaissance des et l'art au Canada.

YOGA POUR FEMMES

: un cours de six semaines, les lundi, 7à 9 p.m. Temps

commençant Lundi, Nov. 2.

: Centre des Femmes Où

Prix \$12.00

Instructrice: Donja Jarvett (information 674-6027)

Ce cours est désigné spécifiquement pour les femmes, avec concentration sur l'anatomie femelle. Le but de Hortha-Yoga est de donner du ton à relacher et revitaliser tout le système, ainsi de controller et relacher l'esprit. Vous apprendrez des poses, des exercises de respirations et des techniques de relachement. Habillez-vous en vêtements lâches et apportez une couverture, une serviette ou un mat à la première classe.

La huitième vente annuelle de cadeaux pour Noel du Y.W.C.A. sera Jeudi, Novembre 12 à l'hotel Président (Mayfair Ball-room) de 12:00 p.m. à 9:00 p.m.

Tricotage, crochetage, tissage, bijoux etc. sera en vente, tous faites par des artistes locales. Il y aura une table de cuisson, aussi des collations. L'admission est de \$1.00 et tout profit va à la résidence du Y.W.C.A.

La prochaine réunion de Women In Trades aura lieu au Steel Workers Hall, le 30 Novembre, 7:30 p.m. Informations: Janna Carlson 560-0479.

CENTRE DE CRISE DE VIOLE

Réunion: le 3 Novembre, 1981

7:30

Endroit: le Centre des Femmes

38 Beech St.

But : Nous avons reçu de l'argent pour organizer un atelier

publique sur l'agression sexuelle, peut-être pour Janvier 1982. Nous avons besoin d'aide!

Women Helping Women vont avoir une soirée sociale au Centre des Femmes, Jeudi, le 19 Novembre à 7:30 p.m. Les filmes "Alternates to Hysteria" 1 et 2 seront présentés. Café et biscuits seront servis. Tout le monde est bienvenue.

Etes-vous interessé à découvrir plus d'information sur l'addiction de l'alcool et les drogues? Il y aura une session d'information et une présentation du Département de santé et Bien-Etre Sociale appellé "It's Just Your Nerves" au Centre des Femmes Mercredi, le 4 Novembre à 7:30 p.m.

La Conférence - "Women and Multinationals" qui s'est passé au Sault Ste. Marie le 16, 17, 18 Octobre a été un grand succès. La plupart du fin de semaine a été consacré à développer des stratégies pour organiser. Nous avons rencontré beaucoup de femmes merveilleuses des communautés du Nord. Les femmes de Sudbury ont consentis d'hôtir la prochaine conférence en Avril ou Mai.

La nouvelle présidente du Centre des Femmes est Susan Ellis. Susan est une résidente de Sudbury depuis Juin. Venez au réunion générale - Mardi Novembre 10, 7:30 pour la rencontrer.



38 Beech St. W. Sudbury, Ontario P3C 123

673-1916

